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# Island Sun

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SANIBEL & CAPTIVA ISLANDS, FLORIDA

FEBRUARY 26, 2016

FEBRUARY/MARCH SUNRISE/SUNSET: 26 6:56 • 6:27 27 6:55 • 6:28 28 6:54 • 6:28 29 6:54 • 6:28 1 6:52 • 6:29 2 6:51 • 6:30 3 6:50 • 6:31

## Craft Beer Fest Tickets On Sale

Discounted early bird tickets are now on sale for Sanibel-Captiva Conservation Foundation's 5th annual Beer in the Bushes. Early bird ticket pricing is \$50 through March 13. They can be purchased online at [scfbeer.eventbrite.com](http://scfbeer.eventbrite.com) or by calling 472-2329. After March 13, ticket prices rise to \$60 in advance and \$70 day of and at the door.

This popular craft beer tasting with live music, dancing and a few surprises is set for Saturday, April 9 from 6 to 10 p.m. on the grounds of SCCF's Nature Center.

"Beer in the Bushes has become the unofficial end-of-season party," said SCCF's Jeff Siwicke, creator of the event. "Whether you're looking for new craft beer tastings, great food, world-class music or just a chance to catch up with fellow islanders at the end of a very busy tourist season, Beer in the Bushes is the place to be."

The headliner this year will be Kermit Ruffins and The BBQ Swingers. The New Orleans natives are award-winning favorites of Jazz Fest and HBO's hit show *Treme*. Kermit Ruffins is an unabashed entertainer who plays trumpet with a bright, silvery tone, sings with off-the-cuff charm and knows how to get the party going.

continued on page 16



Kermit Ruffins



Locally-made shell crafts are offered for sale throughout the three-day exhibit

## Sanibel Shell Festival Returns For 79th Annual Showcase

Shell enthusiasts from around the United States, Canada and abroad will head to Sanibel Island for the 79th annual Sanibel Shell Festival being held on March 3, 4 and 5.

The Community House grounds are continually a bustle of activity such as the ongoing shell crafting demonstrations in the Creations Tent. Visitors can make their own shell flowers or shell animals. This tent also showcases the artists who create award-winning floral arrangements and other shell art. They are happy to talk about their craft with anyone.

The Sanibel-Captiva Shell Club-sponsored show is an integral part of the festival and provides visitors an opportunity to view shells from around the world, as well as breathtaking artistic creations made entirely from shells and sea life. This judged shell show is the longest running and most prestigious in North America. The competition is open to all shell collectors and artisans, and award winners have come from as far away as New Zealand, India, Japan and the Caribbean. The shell show is held inside The Community House.

Shell artist Bill Jordan will be giving presentations on the stage throughout the day about the history of Sailor's Valentines, beautiful works of art that are as popular today as they were in the 1800s.

Recent northwesterly winds have stranded thousands of live shells on Sanibel's beaches. Learn more about them by watching two documentaries that were filmed on island beaches.

continued on page 6

## BIG ARTS Concert Band

The Sanibel BIG ARTS Concert Band will present its Spring Pops Concert at Schein Hall on Friday, March 4 at 7 p.m.

The 50-piece concert band is under the baton of Musical Director/Conductor Mike Lamade, a graduate of Syracuse University School of Music and a former high school band director in New Jersey and Pennsylvania. Under his direction, the BIG ARTS band has grown from 25 members two years ago to over 50 at the present time.

Lamade recently stated, "We have a great group of musicians representing 15 states and Canada that get together every week to do what they love best, and that is makin' music."

The band will present a pops concert, featuring many numbers from the silver screen, including *The Magnificent Seven*, *The Great Escape*, *Pirates of the Caribbean*, along with traditional marches and overtures.

The band, noted for its variety of programming, will also feature vocal solos, a euphonium soloist playing the world famous *Napoli*, an alto sax soloist playing *Harlem Nocturne* and a piano soloist playing *Theme from the Apartment*. All solos are accompanied by the full band.

Tickets, \$7 for adults and free for students/children, are available at 395-0900, at the BIG ARTS box office, 900 Dunlap Road, or at the door on March 4.✱



Mike Lamade

## Open House March 5 For New Captiva Fire Station

On Saturday, March 5, Captiva Island Fire Control District's new headquarters – located at 14981 Captiva Drive – will be open to the public from noon to 2 p.m.

Admission is free and all are welcome to attend.

Captiva's new 6,110-square-foot facility includes three bays for fire trucks and emergency vehicles (the previous station had two bays), an administration building with living quarters, offices, reception area, treatment rooms, a training room and break rooms.

During the open house, tours of the facility will be given in addition to displays of firefighting tools and equipment, family activities and a cookout, with complimentary food, a barbecue lunch and refreshments.

Parking for the public will be offered at the South Seas Island Resort entrance and free shuttle service will be provided.✱





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## Bins And Cuthbert House



The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. This week's image is Bins and Cuthbert House, built in 1946 from two prefabs with porch added on by Max Hayford. Melba Ryan is standing in front. Anne Morrow Lindbergh rented this house sometime during the period she was writing *Gift From The Sea*.

photo archives of the Captiva Island Historical Society

## Captiva Community Panel Metting

The Captiva Community Panel will hold its regular monthly meeting on Tuesday, March 8 beginning at 9 a.m. in the Auger Room in Chadwick's Square at South Seas Island Resort. This meeting is open to all interested islanders and the public.

Among the agenda items:

- Proposed bylaws revision on allocation and selection of panel seats.
- Discussion of recent meetings on sewers and wastewater treatment
- Update on priority committees
- A Captiva Erosion Prevention District update.
- A Captiva Fire District update.
- A Hurricane Preparedness and Response Committee update.
- Other business as necessary.

Public participation is invited and encouraged. The next Captiva Community Panel meeting will tentatively be held on April 12. Information and background documents are available online at [www.captivacommunitypanel.com](http://www.captivacommunitypanel.com).

### CEPD Meets March 9

The Captiva Erosion Prevention District will hold its monthly meeting on Wednesday, March 9 at 1 p.m. at Tween Waters Inn. Call the district at 472-2472 or visit <http://mycepd.com> for further information.

### Hurricane Re-Entry Passes Now Available

The City of Sanibel is now issuing 2016 series hurricane passes. All residents, property owners and businesses need to apply for a new 2016 series pass. Applications for the new passes are available in the Police Department/Emergency Management section of the Sanibel website – [www.mysanibel.com](http://www.mysanibel.com) – and at the Sanibel Police Department offices at 800 Dunlop Road. Passes issued at the Police Department are done Monday through Friday from 8 a.m. to 4 p.m.

On the new residential pass, the first two digits of the serial number is the property zone number. The new commercial pass identifies the business type.

Important information about the hurricane re-entry passes:

Purpose: The pass aids security, speeds re-entry, and provides traffic control at a time when we must keep traffic to a minimum. The pass allows persons in a vehicle to return to perform property damage assessment.

Pass Limits: To meet the purposes of security, re-entry and traffic control:

- Residential: A strict limit of two passes per address.
- Commercial: Businesses will be issued only enough commercial passes to facilitate the damage assessment process, ordinarily one pass.

Passholders Responsibility: Due to the security aspects of the pass, all persons issued a pass are responsible to ensure their pass does not fall into the wrong or irresponsible hands.

Lost/Destroyed Passes: In the unusual event we have to evacuate, people without

continued on page 4

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### COUNTDOWN TO AN ESTATE PLAN

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David F. Port, J.D., *The Naples Trust Company*

Memory loss can jeopardize the strength of an estate plan.

Learn the warning signs and why it is vital to make trust and estate planning decisions promptly if memory health is in question.

Tuesday, April 5, 2016

### DON'T GET CAUGHT IN THE DARK

F. Hood Craddock, CPA, *Director of Family Office Services,*

*The Tampa Bay Trust Company*

Losing a spouse is overwhelming. Find out how to put an action plan together before and even after a spouse's passing that will bring structure for you or your future beneficiaries.

9:30 – 11:30 AM

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# Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

**Page Turners with Ann Rodman** – If you are not on the Page Turners list, and wish to be, email annrodman@aol.com or contact the Center 4 Life.

The featured book for Wednesday, March 9 at 2:30 p.m. is *The Lake House* by Kate Morton.

**20th Anniversary Caloosahatchee Oxbow & Riverlore Cruises** – Saturday, March 5. Cost is \$30 for members, \$45 for non-members. This 2.5-hour tour is guided by Rae Ann Wessell,

river researcher, long-time river advocate, historian and SCCF natural resource policy director. The vessel is the 47-passenger *Manatee Rover* pontoon boat. All seats have a great view for photographs and bird watching. Registration deadline is Tuesday, March 1.

**AARP Driver Safety Course** – Thursdays, March 10 and 17, 1 to 4 p.m. Course fee is \$20 and AARP members receive a \$5 discount. Interactive six-hour class for drivers 50 and older to learn proven safety strategies, rules of the road and how to deal with aggressive drivers. You will be eligible for a discount on your auto insurance. Register by contacting Ed VanderHey at 292-4012. You need not be a member of the Island Seniors to attend but you must attend both classes in order to receive course certificate.

**Games** – Cost for all games is \$2.50 for members and \$5 for non-members. Prizes are awarded.

**Bridge** – Monday and Wednesday at 1 p.m.

**Mahjongg** – Thursday at 1 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

**Hand & Foot** – Thursday at 1 p.m. **Tuesday Kayaking** – March 1 and 3 (weather permitting) at 8:30 a.m.

There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel,

hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

## Fitness Classes

Classes are available and all ages are welcome. Island Seniors, Inc. members pay \$4 per class or visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

**Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 a.m. and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience

levels. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** – Tuesday and Thursday at 11 a.m. Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.\*

From page 3

## Community Panel Metting

a pass can return with proper credentials. Access via credentialing is slower, so it's recommended every household get a pass and take care of it.

**Pass Expiration:** The city makes an independent decision each year whether to re-use passes or issue new ones. There will be press releases and emails when the decision is made. Keep your pass until you know it is no longer valid.

For questions about hurricane passes or preparedness, please refer to the Emergency Management section of the city's website or call the Sanibel Police Department at 472-3111. \*

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To fill an empty seat at the historical village's USO Canteen Dinner & Dance on March 16, call Emilie Alfino at 472-4648

## Historical Village Preparing For USO Canteen Dinner & Dance

The Sanibel Historical Village will host a Let's Get Historical! USO Canteen Dinner & Dance at 6 p.m. March 16 on the village grounds. The benefit will support the ongoing needs of the historical village.

"Our needs range from everything from painting to roof repair," said museum manager Emilie Alfino. "We need to air condition some of the buildings where possible, fix holes in some of the walls, install lighting and replace worn out signs. This is just a sample of the long list of projects we need to address."

The event will include music by Kelly & Shelly, a husband-and-wife duo with an extremely versatile style. According to their website, their special knack is including their audience in their performance. Performing together for more than 25 years, the Kelly & Shelly duo comes highly recommended.

One of Kelly & Shelly's specialties is dance music, and the evening will have dancing, as well as a sit-down dinner by Sanibel Catering Company by Bailey's. Known for excellence throughout the island, Sanibel Catering will be offering three dinner choices: herb-crusted prime rib, Florida citrus grilled chicken breast, and pesto-crusted Atlantic salmon.

## Sanibel Historical Village To Host Twilight Talk

The Sanibel Historical Village will host a discussion on the Sanibel Plan led by Porter and Chauncey Goss at a Twilight Talk at 7 p.m. on Tuesday, April 5. The event will take place at BIG ARTS' Phillips Gallery.

The discussion will focus on how and why the Sanibel Plan came about, what has been accomplished, and how Sanibel's future will continue to be shaped by the plan, according to village board president Karl Rodman.

"This gathering represents the first step in the historical museum's intention to make this story an important part of our presentation," Rodman explained. "We intend to demonstrate that pioneering farmers helped make the island what it became – and visionary planners helped to preserve what those pioneers created."

Tickets are \$10 each and must be



Porter and Chauncey Goss will lead a discussion on the Sanibel Plan at the Sanibel Historical Village's Twilight Talk on April 5

paid in advance.

"We advise people to reserve their spot as soon as possible, as the event is expected to sell out quickly," said museum manager Emilie Alfino. To make your reservation, call Alfino at 472-4648. Checks and credit cards are accepted.

For more information, visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org).

Tickets are \$150 each, with sponsor levels available at the \$1,000, \$500 and \$300 levels. To purchase tickets or for more information, contact Emilie Alfino at 472-4648 or [info@sanibelmuseum.org](mailto:info@sanibelmuseum.org).



Melissa Talmage

## Sanibel Uncorked Features Two Island Chefs

Sanibel-Captiva Optimist Club will present Chef Melissa Talmage and Chef Karl Hamme at Sanibel Uncorked on Sunday, March 6 from 1 to 5 p.m.

Talmage, the executive chef of Sweet



Karl Hamme

Melissa's Café, opened the restaurant on February 14, 2009. She will demonstrate the preparation of one of her dishes.

She trained at the French Culinary Institute.

Hamme is the chef at Sanibel Catering Company at Bailey's. He is planning a demonstration of one of his favorite dishes.

Sanibel Uncorked will take place at Lily & Co. jewelry store on Tarpon Bay Road, Sanibel.\*

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Restore the Heart of the Island Campaign

### What's Happening At The House In 2016

**300 people x \$5000 ea.= GOAL**

#### Events

**Rat Pack Tribute Show**  
Sat., Feb 20  
\$25 each

**Historic Documentary Film**  
Sunday, Feb. 21 2 pm & 4 pm  
The Community House-  
Birthplace of a City,  
Heartbeat of its People

**Cooking With The Island Stars**  
Wed., Feb 24 6 pm \$100

**Nutrition**  
"Healthful Snacking"  
Thur., Feb. 25 1 pm  
Sponsored by  
Sanibel Captiva Trust Company

**Shell Festival**  
March 3-5 9am-5pm

#### Programs

**Bridge Lessons and Sanctioned**  
Duplicate Bridge Tues/Thurs

**Shell Crafting**  
Lesson Mondays 10 a.m.  
Crafts on Sale until 3 pm

**iPad/iPhone**  
Thursday, Mar. 10  
\$40 Members/\$45 Guests

**Silk Painting**  
Monday, Mar. 7

**Sissi's Colorful Sips**  
Wed., Mar. 16 7pm

**Yoga**  
Mon., Thurs 8:30 am

\*other dates/times available see website

### The Community House

SANIBEL COMMUNITY ASSOCIATION

Telephone: (239) 472-2155  
[info@sanibelcommunityhouse.net](mailto:info@sanibelcommunityhouse.net)  
[www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net)  
2173 Periwinkle Way, Sanibel, FL 33957

"To enrich community spirit through educational, cultural and social gatherings in our historic Community House."  
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From page 1

## Sanibel Shell Festival

These films will also be shown on the stage. In the same hall, books, jewelry and shells are for sale.

The Author's Table features local authors who will be on hand throughout the festival for book signings and to talk about their books with visitors.

Throughout the winter, volunteers meet at The Community House to sort donated seashells. If you love shells but you don't have the time to look for them on the beach or clean them, head for the Shell Tent. Literally thousands of shells are for sale and prices start at 25 cents. Large, impressive shells and fossils are also for sale.

Next door to the Shell Tent, the Sanibel Shell Crafters can be found selling shell jewelry, mirrors, flower arrangements and "shell critters." The crafters meet every Monday at The Community House throughout the year to make the objects to sell at the festival.

The Live Tank area is where The Sanibel School's sixth graders shine. For two months prior to the festival, they study shells and mollusks. If they pass the course test, they have the opportunity to share their knowledge with visitors as they view multiple aquariums containing live mollusks.

A \$5 (or three for \$10) donation to the Sanibel Community Association may win:

- A sailors Valentine created by award winning artist Pamela Boynton
- A week's stay at a Sanibel-Captiva beach resort
- A Sea Life jewelry creation from Congress Jewelers
- A blue ribbon-winning floral arrangement by shellcrafter Lucy Read
- A Day on Sanibel – Beach walk with a Bailey-Matthews National Shell Museum marine biologist, admission to the museum, and lunch at the Island Cow
- A sand dollar Shellograph canvas by Pam Rambo

While there is no entrance fee to the festival grounds, a \$5 donation is requested to attend the indoor show. Anyone who gives the requested donation will also be granted free admission to The Bailey-Matthews National Shell Museum during the Shell Festival, an \$11 value.

All the funds raised by the Sanibel-Captiva Shell Club are given in the form of grants to several local marine education and conservation organizations and for scholarships at the University of South Florida and Florida Gulf Coast University departments of marine and ecological science. All the funds raised by the outdoor activities go to the maintenance of The Community House.

The Community House is at 2173 Periwinkle Way. Hours for the festival grounds are 9 a.m. to 5 p.m. on the Thursday and Friday and 9 a.m. to 4 p.m. on Saturday. For more information, call 472-2155 or go to <https://sites.google.com/site/sanibelshellfestival/>.



A snake made out of shells drew a lot of attention in 2015



Children attending the Sanibel Shell Festival have fun matching the shells to the shell drawings in the Scientific Division room



The Artistic Division competition always provides a multitude of photo opportunities

Email your editorial copy to:  
[press@islandsunnews.com](mailto:press@islandsunnews.com)





Harriet Pattison, left, and Joan Klutch demonstrating the art of floral design

## Shell Club Valentine's Day Meeting

The Shell Islands Garden Club was bedecked in color for the annual Valentine's Day meeting and luncheon on February 9.

Garden Club members and floral designers Joan Klutch and Harriet Pattison created four unique floral arrangements with an array of colorful blooms, unusual green leaves, key limes and thistle. While demonstrating the art of floral design, they highlighted the importance of color, repetition, unity, and visual movement when executing a floral arrangement. The four uniquely crafted arrangements were raffled off to club members.✽



Joan Klutch and Harriet Pattison

## Happy 12th Anniversary Anne



**February 29, 2016**  
**48 years of our Shellabration!**  
*I love you, David*

## Discount Movie Tickets For Recreation Center Members

The Island Cinema is offering Sanibel Recreation Center Member Movie Rates –movie tickets at a discounted rate– for all City of Sanibel Recreation Center members.

Admission for participating adult, senior members will be \$6 including tax (40 percent of regular ticket price), with a valid discount movie voucher from the Sanibel Recreation Center. Movie vouchers are available to current recreation center members and can be picked up at the recreation center front desk.

These feature films are offered through a partnership between the City of Sanibel Recreation Center and Island Cinema.

Brooklyn is rated PG-13. The discount movie ticket offer is good for all showings at the Island Cinema of Sanibel from Monday, February 22 through Thursday, February 25.

Watch the City of Sanibel's website for future movie dates.

Due to limited capacity in the theatre, recreation center members wishing to utilize this discount are strongly urged to purchase tickets at the cinema at 535 Tarpon Bay Road, in advance. For more information, contact the Sanibel Recreation Center at 472-0345 or visit website [www.mysanibel.com](http://www.mysanibel.com).✽



A background image for an antique jewelry advertisement featuring various pieces of jewelry: a diamond ring, a large diamond necklace, a diamond brooch, a diamond bracelet, and a diamond earring. The jewelry is set against a dark, textured background.

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# The Community House



Michael Kelly and Tom Sharbaugh

## Help Double A \$100,000 Donation By Month's End

“Since 1927 The Community House has been the gathering place of many of our social, civic, cultural and educational events. It was the birthplace of our city and it deserves our recognition and financial support. If you haven't seen the historical documentary *Birthplace of a City, Heartbeat of its People*, I encourage you to do so. It shows the historical impact of this house on our island community,” said Michael Kelly.

Kelly, a long- time supporter of The Community House and other non- prof- its, has issued a challenge to all island- ers to match his \$100,000 donation.

“We travel to visit historical places all over the world, yet this aging jewel, which serves so many, is being neglect- ed in our own back yard,” said Teresa Riska-Hall, executive director.



### SUPPORT OUR COMMUNITY HOUSE

<http://sanibelcommunityhouse.net/renovation-campaign/>

- Multiple Generations are often seen at The Community House
- Over 50,000 people enter the house each year

“The Island has tried numerous times to create a Civic core, but for me the Civic core already exists and it is The Community House. From my first time walking in with kids to play putt-putt golf, and not doing it well, I have always run into or met new people who I wouldn't have met if it had not been for The House. This is the reason I always look forward to dropping by The House because you never know what is going on and who you may bump into! That is what a civic core is.”

*John Talmage*

## Silk Painting

Art instructor Jenny M. Licht will hold a silk pillow cover painting class on Monday, March 7 from 6 to 9 p.m. All materials are provided. Choose your design when you register and Licht will have it drawn on your pillow cover and ready for you to paint. She will take the pillow covers to her home for heat setting and washing and return them to The Community House (or to the student for an additional shipping fee). Class size is limited.

Cost for members is \$70, \$80 for guests for one pillow cover. Two pillow covers can be made for an additional \$65 for members, \$75 for guests.

Pre-payment and registration are required. Call 472-2155. Cancellation fees may apply. Minimum number of students required.

## Free Energy Workshops

Karen L. Semmelman, director of Semmelman Energy Center, will host a series of workshops on Optimizing Your Health, based on Eden Energy Medicine. Six monthly two-hour workshops are on the agenda on the following Wednesdays:

- March 9, 4 to 6 p.m. Use Energy Medicine tools to create movement and looseness for joints troubled by arthritis, stiffness and replacements;
- April 6, 6 to 8 p.m. Body, mind or spirit in overdrive? Unleash the innate ease with Energy Medicine.

Semmelman, a matrimonial lawyer for 30-plus years, is an advanced Eden Energy practitioner, teacher and

inspirational speaker.

For more information, email [ksemmelmanenergy@gmail.com](mailto:ksemmelmanenergy@gmail.com).

## Coffee And Conversation

Residents are invited for coffee and conversation at The Community House on Wednesday, March 9 at 10 a.m. This informal get-together will give newcomers an overview of the island's non-profits, clubs and civic opportunities plus other information that will help them become part of the community. If you have a new neighbor who has recently arrived, pass the word.

## Colorful Sips



Watchful Owls is the March 9 painting



Living in Paradise is the March 16 painting

Evening art and wine parties with local artist Sissi Janku are designed to encourage the artist within to complete a masterpiece. Member price is \$45, non-members, \$55. Classes will be held on the following Wednesdays from 7 to 9 p.m.: March 9, March 16, April 6 and April 20. No experience is necessary. All materials are provided. Bring your favorite wine and a snack for sharing.

## Nutrition For Your Health

Instructor is Pamela B. Sullivan, RDN. Cost per session is \$10 for members, \$15 for guests.

Sullivan is a graduate of Cornell University with a degree in food and nutrition.

She will speak about Anti-Inflammatory Foods on Thursday, March 10 from 1 to 2 p.m. Discover

foods with anti-inflammatory properties, their nutrition and health benefits, and how to include them in your meals.

## Love Your iPhone/iPad

The course is for the beginner wanting the master the basics. Cost is \$40 for members and \$45 for non-members.

The class is on Thursday, March 10 from 9:30 to 11 a.m. with an hour open for questions.

## Shell Crafters

If you are interested in learning a new craft, join the Sanibel Shell Crafters. No experience is necessary. Lessons are free, all materials are provided but donations of shells are appreciated.

The group meets every Monday from 10 a.m. to noon (no classes in March). Dessert and coffee are provided, but bring a brown-bag lunch if you choose, as the regulars meet until 3 p.m.

All shell crafts made by volunteers are sold at the Sanibel Shell Festival in March to raise funds for operations.

## Duplicate Bridge

Tuesday, February 16, there were ten tables in play at The Sanibel Community Association. The winners were:

- North/South**
1. Joe Fiveash and George Willoughby
  2. Mary and Elton Heaton
  3. Dave McClemens and Marvin Wachs
  4. Kenneth Appel and Al Simon
- East/West**
1. Myra Fisher and Ann Levinsohn
  2. Marlyn and James Stewart
  3. Helen and Jim McCartney
  4. Shirley Skaugstad and Bob Ogden

Thursday, February 18, there were nine tables in play at The Sanibel Community Association. The winners were:

- North/South**
1. Yvonne Dressel and George Willoughby
  2. Kenneth Appel and Al Simon
  3. Elizabeth and David Hagen
  4. Carole and Parker Stiles
- East/West**
1. Dorothy Farley and Carolyn Karch
  2. Karen and Geoffrey Moss
  3. Alice Jane and Joe Fiveash
  4. Phyllis and Ken Hoover

There are two ACBL-sanctioned games per week, Tuesdays and Thursdays, 1 to 4:30 p.m. The Tuesday game runs from the beginning of January through the end of April; the Thursday game runs from the beginning of January through the end of March.

For further information, contact Susan Willoughby at 281-3258.

The Community House is located at 2173 Periwinkle Way. For more information and reservations, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.✽



## San-Cap Republicans Schedule Trump, Rubio Campaign Discussions

The San-Cap Republican Caucus has scheduled the second and third of a planned sequence of discussions of Republican Presidential candidates prior to the March 15 Florida primary election.

The Rubio discussion will be held on February 27 and will feature Missi Lastra, of the Lee Republican Women Federated, who will discuss the background and policy positions of Senator Marco Rubio, who placed a close third in the February 1 Iowa Caucus, and fifth in the February 9 New Hampshire Primary.

Lastra is the Lee County campaign chair for Marco Rubio for President. The public is invited to attend and there will be opportunity for questions and discussion.

On March 5, Roz Lesser, treasurer of the Lee Republican Women Federated, will discuss the background and policy positions of Donald Trump, who placed second in the February 1 Iowa Caucus, and was first in the February 9 New Hampshire Primary. Lesser is the Lee County campaign chair for DJ Trump for President. She holds an MBA from Suffolk University and has been active in Lee County politics for 32 years.

The discussions are being held in the Sanibel Library on Saturdays at 10 a.m. and refreshments will be served. Republicans and Independents are encouraged to attend. Call Rick Shewring at 579-0792 if further information is required.\*

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# Variances Granted On Victoria Way, Woodring Road

by Jeff Lysiak

Sanibel Planning Commission on Tuesday granted variances that will allow a dormer to be installed on the roof of a single-family residence on Victoria Way as well as the construction of a new single-family dwelling that will exceed the primary angle-of-light height limitation on Woodring Road.

Gerald and Diana Day – owners of the property at 970 Victoria Way – were seeking permission to modify the roofline of the structure by constructing a second dormer of a size similar to the one added in 2005 to house an elevator. The new dormer is proposed to facilitate the addition of usable floor area on the second living level above the base flood elevation and will not extend past the existing roof eaves.

City planner Benjamin Pople explained that the proposed new dormer on the north side of the residence would create a combined total of approximately 28 linear feet of dormer features on the roof plane, or approximately 37.5 percent of the roof plane length. Up to 35 percent is allowed under the Land Development code as an exception to the angle of light height limits. He added that the structure posed an “extremely unique condition” which required a variance.

With no comment from either the applicant or public attending the hearing, and with no objections to any of the five recommended conditions proposed by planning department staff, commissioners voted 7 to 0 to approve the application.

In the second variance hearing, senior city planner Roy Gibson introduced the application submitted by property owners Martin and Crystal Mulder, who proposed removing a pair of single story residences and an accessory building – located at 1824 Woodring Road – before replacing them with a new 3,635-square-foot home with a swimming pool.

“The applicant is requesting variances to allow the new residence and pool to cover 3,252 square feet with impermeable surfaces and to make use of 4,044 square feet of the parcel as developed area,” Gibson read from the staff report. “The applicant is also requesting a variance to allow two sections of roof overhang on the second floor of the new residence to extend above the primary angle-of-light height limit.”

During the lengthy discussion on the variance requests, city staff strenuously objected to the two points where the roof would project above the plane of the primary angle of light. “In staff’s opinion, the second floor of the house can be redesigned to comply with the angle of light height limit without need for a variance,” Gibson explained.

Steven C. Hartsell, the attorney representing the Mulders, called the city’s land development code restrictions “quite, quite limiting.” Amy Nowacki, the architect who designed the proposed residence, defended the proposed plans for the second story of the building.

“I know it sounds nit-picky, but you know, it’s the rule,” said commissioner Tom Krekel in response to Nowacki’s objection. “At some point, we have to draw the line.”

Another sticking point came in the 10th recommended conditions for approval proposed by staff. Gibson offered that the Mulders be required to remove one of the two boat docks existing on the property – as only one would be allowed under current LDC requirements – along with restoring a portion of the site to “natural conditions,” since the property is located within the mangrove forest ecological zone.

Following extensive questioning by members of the commission to Gibson, Hartsell, Nowacki and the applicants, commission chair Dr. Phillip Marks called for a brief intermission. When the meeting reconvened, a significant amount of progress had been made.

Hartsell proposed that the Mulders would agree to stop trimming/mowing the property bordering the mangrove forest, remove exotic vegetation from the site and remove the second boat dock on the Ladyfinger Lake side of the property. In addition, no permanent storage facility would be added to the site and only temporary parking by the Mulders would be allowed. Both the applicant and city staff agreed to revise the recommended condition to reflect the proposed changes.

Nowacki also agreed to “step back the roof line” on one of the two roof points.

Hartsell further proposed that the Mulders not be required to obtain a wastewater disposal system permit for a septic system at the property, since the city is already in the process of extending the sewer system along Woodring Road. However, since no date has been established for the sewer system to be operational, he requested that the Mulders’ development permit be extended up to 24 months – instead of the standard 12 months – to allow the system to be completed. Both City Attorney Ken Cuyler and Planning Director Jim Jordan agreed to the extension.

Commissioner Chuck Kettman made a motion to accept the amended application and condition revisions, which was seconded by Holly Smith. Commissioners voted 5 to 0 to approve the variances, with Vice Chair Chris Heidrick and commissioner Jason Maughan abstaining.✱

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# Faith Journey Shared At Sanibel Congregational

Every Sunday through March 20 at 10:10 a.m., congregants of Sanibel Congregational United Church of Christ will share an account of their faith journey. The programs, entitled This Is My Story, will include a time for Q&A and conversation.

In addition to the first of these presentations, on February 21 by artist and church trustee Barbara Cecala, the following parishoners will tell their stories of faith:

- February 28 – Peg Hulit, Deacon and longtime church member
- March 6 – Roger Triftshauser, retired orthodontist and Rear Admiral, USN
- March 13 – Linda Convertine, the church’s Parish Nurse
- March 20 – Nina Klaudt, a very long-time member and pastor’s wife

The programs will be in Heron Hall, on the church’s lower level, and are free and open to the public. The church is located at 2050 Periwinkle Way on Sanibel. For more information, call the church office at 472-0497.✽

## Churches/Temples

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### BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. For information call President Martin Pokedoff at 239-395-2544.

### CAPTIVA CHAPEL BY THE SEA

The Reverend George E. Morris Services every Sunday 11 a.m. through April 24, 2016. 11580 Chapin Lane on Captiva. 472-1646.

### FIRST CHURCH OF CHRIST, SCIENTIST

2950 West Gulf Dr., Sunday 10:30 a.m.; Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 472-8684.

### SANIBEL FELLOWSHIP, sbc

Join us for worship Sunday 10 to noon Meeting now at George & Wendy’s Sanibel Seafood Grille, 2499 Periwinkle Way, Park and enter side door please Pastor Mark Hutchinson 239-284-6709

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1740 Periwinkle Way, Sanibel, 472-2684 Dr. Daryl Donovan, Senior Pastor Sunday Worship: 8 a.m. Traditional in

historic Chapel, 9 a.m. Contemporary and 11 a.m. Traditional in main Sanctuary, 10:15 a.m. Courtyard Fellowship, 9 and 11 a.m. Bible classes. Childcare available at all services.

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2050 Periwinkle Way 472-0497 The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m Chapel Service, 9 and 11 a.m. Full Service with Sunday school and nursery care provided. Elevator access.

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### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

5 p.m. Saturday Eucharist, 8 and 10:30 a.m Sunday Eucharist, 10:30 a.m. Sunday School, 9 a.m. Tuesday Morning Prayer, 9 a.m. Wednesday Healing Eucharist, 6 p.m. First Wednesdays Prayer and Potluck. 6 p.m. Third Wednesdays Taizé Service. 472-2173, [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org)

### UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member’s home on the third Sunday of each month. email [ryi39@aol.com](mailto:ryi39@aol.com) or 433-4901.✽

## OBITUARY



### ELIZABETH BETSY BELPEDIO

A celebration of life was held on February 17 at St. Michael’s Episcopal Church on Sanibel to honor the late Elizabeth “Betsy” Belpedio, who passed peacefully in her home on January 29, at age 74.

Betsy was a highly skilled real estate broker/salesperson with over 30 years experience in the real estate industry both listing and selling properties on the islands of Sanibel and Captiva, as well as in the South Fort Myers area. Betsy

was a Certified Residential Specialist and a graduate of the Realtor Institute. In addition to her experience with listings and sales, she specialized in tax deferred trades of real estate as well as exchanges of real estate and other assets.

After attending the University of Delaware in the late 1950s, Betsy went on to operate her own businesses including a restaurant in northern New Jersey and, later, a gift shop in the historic district of Naples. As a realtor, Betsy successfully completed hundreds of real estate transactions and over 150 tax-deferred trades (one of her specialty areas).

Betsy continued to follow up with her customers even after the transaction was complete. She built lasting friendships with all of her customers and was respected by her peers.

Betsy was one of the most ethical and experienced realtors at Punta Rassa and on Sanibel. She will continue to be loved and missed by all those who had the opportunity to know her. Her kindness and philanthropy was appreciated by charities and non-profits throughout Southwest Florida. She was a mentor and true friend to so many. God bless you, Betsy, and thank you for being a part of all our lives.

She rests at the Memorial Gardens at St. Michael’s Episcopal Church on Sanibel. Additionally, a memory stone will be placed in her honor at Punta Rassa.

In lieu of flowers, contributions are being accepted on Betsy’s behalf at Horizon Funeral Home, 1605 Colonial Boulevard, Fort Myers, FL 33907.✽

## OBITUARY



### JAMES COOPER BIRD

James Cooper Bird died peacefully at home on Monday, February 15, 2016 surrounded by his family and loved ones. He was 74.

Born in Little Rock, Arkansas, Jim was a graduate of the Friends School in Baltimore, Maryland before attending Amherst College in Amherst, Massachusetts, when he met his beloved wife Jan Jones Bird (Jandy) of 49 years, who died in 2014.

After college, Jim served in the United States Navy before embarking on a career in the insurance industry, working for Prudential and US Life. Jim’s interest and abilities with personal computers led

to a second career in technology, and mid-life he started up his own computer software company.

Jim was a devoted Episcopalian, active in St. George’s-by-the-River Episcopal Church in Rumson, New Jersey, where he resided for 37 years. After retiring together with Jandy in 2003, they moved to Sanibel, where he served St. Michael and All Angels Episcopal Church in many capacities. Jim also believed strongly in community service, and served on numerous boards and associations in various capacities throughout his life. Always an athlete, Jim was inducted into the Friends School Athletic Hall of Fame in May 2014 for lettering in varsity lacrosse, football and wrestling, and he was an avid tennis player all his life.

Jim was a prolific watercolor artist and had served on the board of the Sanibel-Captiva Art League. He painted many commissioned works including portraits, homes and places of interest in and around the island. Jim also spent many hours playing the guitar, practicing arrangements he wrote himself and delighting his children and grandchildren with his love of music.

Jim is survived by his two daughters, Marley Bird Maiers and her husband, John, of Hilton Head Island, and Laurie Bird Bratone and her husband, Paul, and three grandchildren, James, Julia and Sophia of Fair Haven, New Jersey.

As Jim was a lover of the arts and prolific watercolor artist himself, donations in his memory may be made to the Sanibel-Captiva Art League, P.O. Box 1192, Sanibel, FL 33957.✽

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Marit Foster, Une Jankauskas and Olivia Celestin lovingly pet the baby goat at LOGOS Down on the Farm night.

## LOGOS Down On The Farm

The LOGOS kids at Sanibel Community Church had an exuberant night observing Down on the Farm on Wednesday, February

17. Dinner was pigs in the blanket, tater tots, applesauce and cupcakes. Stomping around is part of farm life, so the kids participated in the annual cup stomp. Vincas Jankauskas had the biggest cup pop of the night and received the title of LOGOS Cup Stomp Champion 2016. Then it was over to



Vincas Jankauskas received the Champion Cup Stomp 2016 title for the loudest cup pop.

the pen to pet the baby goats and piglet. This family program is for kids ages 3 through 5th grade.✱

## Church To Hold Book Sale

The popular Recycled Book Sale at the Sanibel Congregational United Church of Christ will be open to the public on Sunday, February 28, from 1 to 3 p.m. Included in the sale will be gently used books, CDs, DVDs and small gift items. Most of the books are priced from 50 cents to \$1, except for newer editions.

Proceeds from the sale will be donated to local non-profit agencies offering support for children, women and families. The church is located at 2050 Periwinkle Way, across the street from Periwinkle Place Shopping Center. For more information, call the church office at 472-0497.✱

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## 2016 Sanibel Scenes Calendars

feature photos of local scenery and wildlife taken in and around Sanibel, so they are close to home.



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This is the third consecutive year for these popular calendars, and they are available at these island favorite stores:

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**Tuttle's Seahorse Shop**

I ♥ Sanibel bumper stickers are also available at these favorite island stores.

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# Rotary Happenings

submitted by Shirley Jewell

The Sanibel-Captiva Rotary Club often welcomes Rotarians from around the world at our Friday morning meetings. Some visit Sanibel or Captiva for a week or two and some stay the whole season, making it a point to attend our weekly meetings. A few are house guests of one of our Sanibel-Captiva Rotarians and upon occasion are asked to speak to the club about service projects they have participated in using their professional skills. So when club Rotarian Rene Lohser knew that his friend Reto Weder from Switzerland was scheduled to visit with him last week, he asked Weder to speak to our club about his experiences volunteering in Haiti.

Weder retired and sold his highly successful orthopedic and prosthetic practice in Rheintal, Switzerland in 2008 but had the realization that he was not really ready to give up his professional involvement and retire fully.

On January 12, 2010, the country of Haiti was hit by a devastating earthquake centered in the highly populated city of Port Au Prince. Most of the buildings in Port Au Prince were constructed of cement block and other concrete building materials. When the earthquake struck, the collapse of these buildings and falling



Rotarians Reto Weder and Rene Lohser

construction materials severely crushed thousands of people. Falling buildings severed limbs and thousands of survivors had to have emergency amputations.

Two months after this earthquake, Weder was asked if he might be interested in going to Haiti and using his prosthetic lab skills to fit and construct prosthetics for amputees in Deschapelles, Haiti, a city located north of Port Au Prince. It didn't take long and Weder soon found himself on a plane to Haiti. Landing at the partially destroyed airport in Port Au Prince, he made his way through the crowded airport to transport to Deschapelles. The seven-hour adventure began in the dark of night, traveling over mountainous roads lit only by the light of roadside fires, arriving in Deschapelles at 5:45 a.m. He took a shower and went right to work see-



A young Haitian boy with his leg prosthesis

ing patients at 7 a.m. that same day. Reto saw seven patients that first day. Prosthetics had to be measured for, built and fitted within a short period of time. There were no real accommodations available at the medical facility for patients. Weder soon realized he could not use long-drying material to make prosthetic casts in this lab, so he improvised by using quick-dry casting bandages for this purpose. No prosthetic fitting tools were available in the lab either, so Weder pulled out his trusty Swiss-Army knife and went to work. The exhaustion of his trip was soon forgotten. His work in Haiti had just begun.

Around 25 amputees were waiting for him the next day. So went his days in Deschapelles, seeing about 20 patients a day that arrived at the lab between 5 and 9:30 a.m. each day. After being fitted with their prosthetics, patients spent time with a physical therapist learning how to use and properly take care of their new artificial limbs. Patients had to adapt quickly because the facilities had limited accommodations and most left for home within a short period of time. A few patients stayed on and helped to motivate



Prosthetic limbs

new patients acclimate to their prosthesis.

Weder has definitely bonded with the people of Haiti, forming strong relationships with the team working in the prosthesis lab. He has returned twice more after that initial visit in 2010. Summing up his experiences in Haiti, Weder told us, "My experience in Haiti is the highlight of my career; it amazed me, and inspired me."

Weder's home Rotary Club of Rheintal, Switzerland has supported this work in Haiti and received \$140,000 matching funds from Rotary Club's across America.

Weder's video slideshow presentation told the whole story: beautiful broad smiles on the faces of those wearing their new prosthetics... they realized true joy in every step and every movement they could make on their own again.

One of the quotes Weder likes, "Go to the people, live among them, learn from them, love them, serve them, plan with them, start with what they know, and build on what they have." – Dr. Y.C. Yen

*The Sanibel-Captiva Rotary Club meets at 7 a.m. on Fridays at The Dunes Golf & Tennis Club. Guests are always welcome.\**

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## Island Writers Plan March Read

On Thursday, March 10 at 7:30 p.m., members of five Island Writers groups will showcase their best work as they read in BIG ARTS Phillips Gallery.

The public is invited to share desserts, coffee and wine with the writers on the veranda at 7 p.m.

The Writers' Coordinating Committee includes Mary LaVelle, Wally Kain, Lorraine Walker Williams, Jean Ann Jensen and Joe Pacheco.

For more information, call Mary LaVelle at 472-2186 or Joe Pacheco at 472-1280.\*

## ANNIVERSARY



Brian and Gina Boyd, pictured with their dogs Albert and Plum Pie, recently celebrated their wedding anniversary on the same stretch of beach where they were married on Sanibel



# Rabbi To Lead Text Study



Rabbi Myra Soifer

The Unitarian Universalist of the Islands congregation is pleased to announce that Rabbi Myra Soifer of Temple Bat Yam will lead a participatory text study at the Unitarian service

on Sunday March 6 at 5 p.m. The service will be in Fellowship Hall at the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. The public is welcome to attend.

In leading the discussion, Rabbi Soifer will consider the Biblical chapters Numbers 27:1-11 & 36:1-12 and ask questions of the text and then come to what may be a surprising insight about sacred canon's ability to be self-critical.

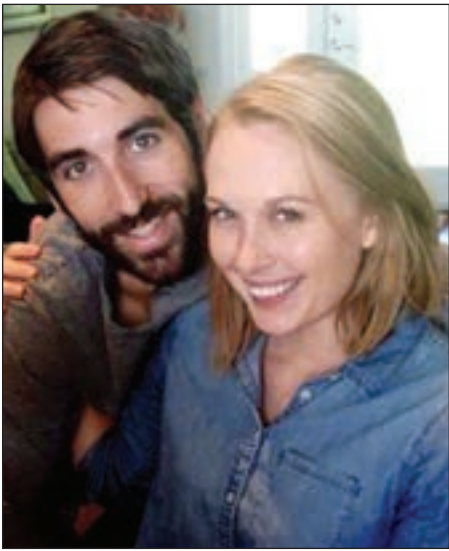
Rabbi Soifer assumed the leadership of the Bat Yam congregation in January 2014. She was one of the first 10 women ordained a rabbi after Reform Judaism ordained its first woman in 1972. Rabbi Soifer attended Lawrence University in Appleton, Wisconsin. She completed her Master of Arts degree in Hebrew Letters at the Hebrew Union College-Jewish Institute of Religion in Cincinnati in 1977 and was ordained there in 1978.

Upon ordination, Rabbi Soifer became the Assistant Rabbi at Temple Sinai in New Orleans. In 1984, she became the solo Rabbi of Temple Sinai in Reno, Nevada, where she served for 26 years before retiring.

On Sanibel, Rabbi Soifer continues her career-long interest in interfaith work. She loves teaching and traveling – particularly to very far-away places – and is a passionate dancer (ballroom, swing, Latin and country).

All are welcome. Lively discussion, fellowship and refreshments follow the service.✧

## ENGAGEMENT



Dr. Rolando Gonzalez and Heather Cook

Mr. Douglas and Mrs. Robin L. Cook of Sanibel are pleased to announce the engagement of their daughter, Heather Cook, to Dr. Rolando Gonzalez, son of Dr. Rolando and Mrs. Joy Gonzalez of North Carolina. Cook, a graduate of Fort Myers High School, earned her BA in art history at Florida State University and her MA in art history and museum studies at Case Western Reserve. She is the head of education and visitor experience at The Wolfsonian Museum-FIU in Miami.

Dr. Gonzalez earned his BS in biology at Florida State University and achieved his MD at North East Ohio Medical University. He is now a child psychiatry fellow at UM Hospitals Miami.

A November wedding on Sanibel is planned.✧

## American Legion Post 123

On Sunday, February 28, American Legion Post 123 will serve barbecued ribs and chicken from 1 to 8 p.m.

On Mondays, the 8-Ball Pool League plays at 5 p.m.

Every Tuesday, tacos are served all day and on Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

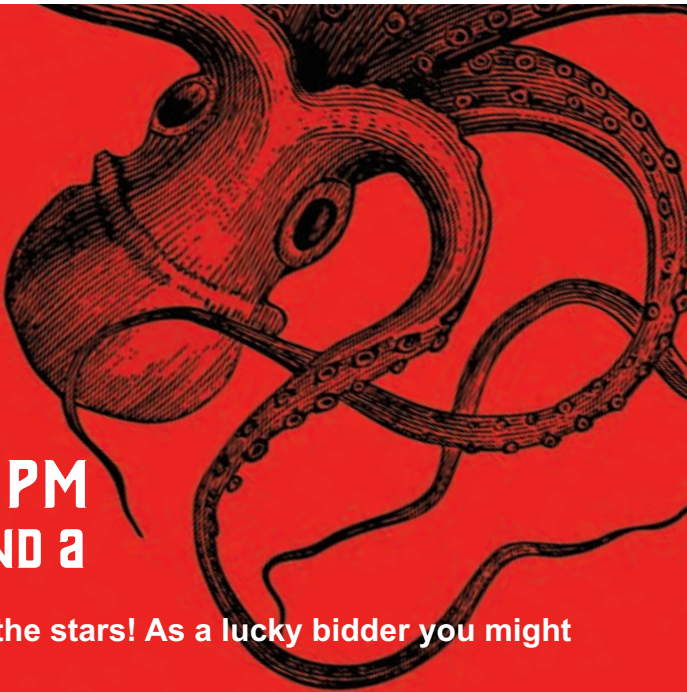
The Ladies Auxiliary will meet at 6 p.m. on Tuesday, March 1. The auxiliary has cookbooks available for a donation of \$15.

If you have an American flag that needs to be retired, drop it off at your convenience.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.✧

# OCTIFEST ON THE BEACH

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All proceeds support Sanibel Sea School - exploring the shorelines of Southwest Florida with school groups, families, adults, kids, homeschoolers, non-profits. Sanibel Sea School provides scholarships to anyone in need.

Visit [www.octifest.org](http://www.octifest.org) or call (239) 472-8585 to purchase tickets.

sanibel<sup>®</sup>  
sea school

Sanibel Sea School is a 501(c)3 nonprofit foundation whose mission is to improve the ocean's future, one person at a time.





From page 1

## Craft Beer Fest

Come and vote for your favorite beer as eight local craft breweries compete for the SCCF People's Choice Award: Point Ybel Brewing Company (the defending champs of 2015), Ft. Myers Brewing Company, Momentum Brewhouse, Old Soul Brewing, Naples Beach Brewery and Palm City Brewing, Bury Me Brewing, and Cape Coral Brewing Company.

Four local food trucks will keep everyone happy and full. All tickets include \$10 in TruxBux redeemable for dinner choices from any of the trucks.

"Thanks to our Presenting Sponsor - The Sanibel Captiva Trust Company - as well as the Host Committee and other corporate sponsors, we're able to keep ticket pricing down," said SCCF Executive Director Erick Lindblad. "We

couldn't make Beer in the Bushes the good time it is without their generous support."

Guests will help support SCCF's mission of conserving coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed.

The Sanibel-Captiva Nature Center is located at 3333 Sanibel-Captiva Road on Sanibel.✪

Send your  
editorial copy to:  
[press@islandsunnews.com](mailto:press@islandsunnews.com)

## Sanibel Island Fishing Club Meeting



Capt. Jimmy Burnsed Jr. with a 10-pound gag grouper

On Tuesday, March 8, the Sanibel Island Fishing Club will hold its monthly meeting at 6:30 p.m. in the north room of The Community House, 2173 Periwinkle Way. This month's featured speaker will begin his presentation at 7 p.m. There is no

admission charge and the angling public is welcome. Pizza and refreshments are available at a nominal charge.

This month's presentation is titled The Guide and the Geek: Fishing Perspectives from an Angler and a Scientist. It will be led by the husband and wife team of Capt. Jimmy Burnsed and marine biologist Sarah Walters Burnsed. Sarah will focus her research on favorite offshore target species - grouper and snapper - while Capt. Burnsed will focus on how to target and catch grouper, snapper, snook and redfish.

Capt. Jimmy Burnsed Jr., a Sanibel native, has been fishing the waters of Sanibel and Captiva as a guide since joining the family fishing business, Santiva Saltwater Fishing Team, in 1996. He specializes in inshore and nearshore fishing and runs charters out of Tween Waters Marina on Captiva. Sarah has been working for the Florida Fish and Wildlife Research Institute (based in St. Petersburg) since 2001. Her research focuses on marine fish reproduction and spawning using acoustic telemetry to track movement patterns of key Florida species.

The Sanibel Island Fishing Club meets monthly through season and sponsors several group outings as well as lending support for various fishing related charities and organizations such as START, Lee Reefs and the Sanibel Sea School. For more information, contact Warren Tiegen at 579-0354. Visit [www.sanibelislandfishingclub.com](http://www.sanibelislandfishingclub.com).✪

## Passport Week March 14 To 19

Do you have travel plans? Planning a summer vacation? Need a passport?

Apply for a passport during this special Passport Week. There is no need to miss school or work and no appointment is required.

During Passport Week, Lee County Clerk of Court's Recording Office hours will be extended two hours each day and offer four hours on Saturday:

Monday to Friday, March 14 to 18  
7 a.m. to 6 p.m.

Saturday, March 19  
10 a.m. to 2 p.m.

Residents can always apply for passports during regular office hours: Monday through Friday, 8 a.m. to 5 p.m. (must arrive to the office no later than 4:30 p.m.).

You are encouraged to review passport information before coming to the office for fees, required documents and information at [www.leeclerk.org](http://www.leeclerk.org) and select the Passports link or call 533-5007 before arriving at office.

Recording Office is located downtown Fort Myers in the Administration Building, 2115 Second Street, 2nd Floor, Fort Myers, FL 33901.✪

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explore imagine laugh learn play create inspire

**Mar**  
**2016**

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**FREE** 9:30 am on Mar 1,  
8, 9, 15, 16, 22 & 29 &  
1:30 pm: Mar 2, 23 & 30

Learn about Shell Point's signature Lifestyle with Lifecare, followed by a narrated bus tour that will showcase the community's resort-style retirement options and amenities. **Admission is free.** Call (239) 228-4080 to reserve your place.



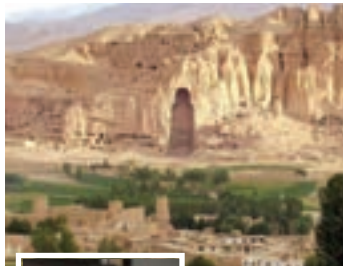
### Mar 1 Barbary Coast Dixieland Band



at 7:30pm. The versatile Barbary Coast Dixieland Band will have you tapping your feet to every

note, and will even swap instruments right before your eyes – without missing a single note. **Tickets are \$15.** Visit [www.shellpoint.org/concerts](http://www.shellpoint.org/concerts), or call (239) 454-2067.

### Mar 3, 10 & 17 The Story of Pakistan & Afghanistan: 3 Parts



from 4:15pm to 5:45pm. Dive into the colorful history and culture of Pakistan and Afghanistan with Professor Adrian Kerr. While these two countries are currently too

dangerous to visit, Professor Kerr will share an overview of their back stories, which include the growth of multiple world religions as well as the rise of the famous Silk Road.

**Tickets are \$10 per session.**

Call (239) 489-8472 to reserve your place.\*



### Mar 7 Chicago Brass Quintet



at 7:30pm.

Don't miss the rich sounds of the Chicago Brass Quintet, hailed as one of the premier ensembles of our time. The group promotes appreciation and enjoyment of brass chamber music through its performances, educational workshops, broadcast recordings, and commissioned works. **Tickets are \$35.** Visit [www.shellpoint.org/concerts](http://www.shellpoint.org/concerts), or call (239) 454-2067.

*\*If you are unable to attend a class that includes a fee, kindly give 24 hours notice to receive a refund.*

### Mar 9 Season of Praise: Indiana Wesleyan University Chorale

at 7:15pm. Indiana Wesleyan University Chorale, directed by Dr. Todd Guy, brings the energy and zeal of youth to their performance at The Village Church. The chorale's concerts consist of a diverse repertoire of music, including sacred classics, hymns, spirituals, and contemporary compositions. **Tickets are \$10.** Visit [www.shellpoint.org/seasonofpraise](http://www.shellpoint.org/seasonofpraise), or call (239) 454-2147.



### Mar 13, 14 & 15 **FREE** The Easter Jesus and the Good Friday Church: 3 Sessions



Gregory Athnos, professor emeritus at North Park University in Chicago, explores the Easter themes of deliverance, salvation, life, and resurrection. The series examines the art of the Roman Catacombs, how the resurrection

changed the disciples' expectations of the Messiah, and the biblical development of the centrality of the resurrection through the Book of Acts and in the epistles of Paul. **Admission is free.**

Call (239) 489-8472 to reserve your place.\*

<b>Mar 13</b>	<b>Mar 14</b>	<b>Mar 15</b>
<b>Introduction</b>	<b>Session 1</b>	<b>Session 2</b>
6:15 p.m.	10:15 a.m.	10:00 a.m.

**SHELL POINT**  
Retirement Community

Shell Point is a non-profit ministry of The Christian and Missionary Alliance Foundation

**Visit [www.shellpoint.org/events](http://www.shellpoint.org/events)  
for full listings of this month's events!**

Shell Point is located in Fort Myers, 2 miles before the Sanibel Causeway.

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## City Of Sanibel Vegetation Committee

## Pruning And Trimming

Nature doesn't usually require pruning, we do it to keep our yard attractive and healthy. Also, preventive pruning keeps our homes and property borders from serious damage during severe wind and heavy rainfall.

These are the several goals of pruning:

1. Ornamental maintenance of your landscape
2. Health requirements of the plant: tree, shrub or flower
3. Local utility requirements at site borders near paths or beneath power lines
4. Preventive damage pruning, around personal structures, roofs, pool cages and the like, in event of bad weather and storms.

Did you know?

Each year, Sanibel allows a 25 percent "hair-cut" for all property vegetation (except endangered or threatened species) without permit requirement. Any trimming of native vegetation in excess of 25 percent of the leaf surface annually requires a permit from Sanibel Planning Department. Removal and trimming of non-native vegetation is allowable anytime. As a homeowner, you may obtain a permit yourself or you may authorize your contractor to do so on your behalf. Either way, read the permit carefully and be sure you fully understand what is permitted and any special conditions or mitigation requirements that may apply.

Your Sanibel landscapers are required to be licensed by the city after passing an extensive vegetation course and are an excellent source for: what to prune, when to prune, where to prune and how. Ask your landscaper to show you their Sanibel license before they begin work. If they don't have one, they can not work legally on Sanibel.

If you intend to do most of the upkeep yourself, there are a few things you should be aware of. This is a four-season



Unpruned cabbage palm

photo courtesy of City of Sanibel

climate with heavy rainfall from mid April through September. In El Niño years, rainfall increases in frequency during the winter months, which is typically the dry season. This climate is described as sub-tropical.

Generally, one should prune just before a season changes; hot, cold, wet or dry. Additionally, pruning is acceptable at the end of a flowering cycle or before dormancy of your plant or tree (think red maple or gumbo limbo). Pruning should not be performed during dormancy unless removing "deadwood" (think palm fronds). Deadwood removal can be done anytime of year on Sanibel without worry to the health of the plant.

Some prefer the look of palms when the previous cycle's fronds and/or berries are trimmed and removed. The fronds, including the stem, should be fully yellow, indicating that their carbohydrates have already been used up by the tree. It is important to keep in mind that the berries of palms are a source of food for many critters such as raccoons and birds, so



Harsh pruning

photo courtesy of City of Sanibel

removing them eliminates a food source.

The "hurricane cut" that is often recommended by landscapers is harmful or deadly to palm health. It is detrimental to your tree's stability because the layered frond structure of the head has been compromised and will no longer be able to absorb the shock of strong winds. When left intact, these trees have the ability to protect your home and other external structures from the elements by deflecting and disturbing strong gusts around straight structures like the walls of your house. Therefore, remove only dead or fully yellowed fronds. Ask your landscaper to show you his license and just say "no" to the "hurricane cut" if it is recommended. The correct professional cut is a "10 o'clock and 2 o'clock" (or, even better, 9-3) trimming of fronds on the canopy.

Remember, Sanibel is a "sanctuary island" meaning that it is a sanctuary for wildlife. It is imperative that if you plan any pruning and trimming, you should be cognizant of the plant's flowering, seed



Proper cut

photo courtesy of manateebeautiful.com

and berry production timing as that is critical for providing food and nectar for wildlife and will not impair that symbiotic relationship of plants and animals.

Trimming is not the same as pruning. Trimming is plant maintenance; to produce a particular shape or form, maintain a certain height, or create a compact and dense plant. Pruning entails the selective removal of plant parts, such as branches, buds or roots, to improve plant health or prevent potential property damage from encroachment.

#### Helpful tips for pruning:

1. Knowledge of seasonal weather cycles as well as individual plant growth and flowering cycles will help you determine appropriate pruning time frames. Remember, this climate is described as sub-tropical, so there is a period of dormancy. It is generally suggested to not prune or trim after October. These activities can stimulate new growth that may potentially stress plants during temperature extremes, i.e. heavy rainfall in the normally dry winter season or extreme cold.

2. Knowledge of your plant species, and its individual needs is imperative. Pruning at the wrong time may result in the cutting off of buds, loss of desired height increases or undue stress to the plant in the next growing cycle. Again, after October, pruning may not be beneficial.

3. Cleaning your tools is also important whether you are trimming or pruning. This practice is beneficial to plant health by preventing the spread of disease from one plant to another within a yard or to another yard, when your neighbor borrows your clippers and saws.

The Natural Resources Department section of the city's website, [www.mysanibel.com](http://www.mysanibel.com), offers information and photos of native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. The vegetation committee also offers free native plant tours of the grounds at city hall at 10 a.m. on the second Wednesday and fourth Saturday of the month from November to April. For more information, contact the Sanibel Natural Resources Department at 472-3700. ☆



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City Of Sanibel Vegetation Committee

## Native Vegetation Guided Tours

Mimosa (*Mimosa strigillosa*)

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants. The next tours of city hall grounds are on Saturday, February 27; Wednesday, March 9; Saturday, March 26; Wednesday, April 13; and Saturday, April 23. Tours begin at 10 a.m.

Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will provide information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer and no supplemental irrigation.

Registration is not required. Attendees meet at the main entrance to Sanibel City Hall, 800 Dunlop Road in front of the main staircase. For more information, call 472-3700.

The Natural Resources Department section of the city's website, [www.mysanibel.com](http://www.mysanibel.com), offers information and photos of native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. The vegetation committee also offers free native plant tours of the grounds at city hall at 10 a.m. on the second Wednesday and fourth Saturday of the month from November to April. For more information, contact the Sanibel Natural Resources Department at 472-3700.\*

## 'Ding' Documentary Looks At Plastic

The documentary film *Plastic Paradise: The Great Pacific Garbage Patch* continues the 4th annual "Ding" Darling Wednesday Film Series on March 2 at 2:30 p.m. in the "Ding" Darling Visitor & Education Center auditorium.

Midway Atoll – located in the middle of the Pacific Ocean, thousands of miles away from civilization – has become a paradise for plastic known as the Great Pacific Garbage Patch. This 57-minute documentary, which Al Gore called a "thoughtful new film" on Twitter, divulges the mysterious phenomenon and the insidious, long-term effects of our rabid plastic consumption on wildlife and our planet.

"Ding" Darling Wildlife Society-Friends of the Refuge hosts the free eight-film, biweekly series with sponsorship from Sanibel-Captiva Beach Resorts. Seating is free, but limited and on a first-come basis.

Below are the season's remaining scheduled films; all showings begin at 2:30 p.m. For full descriptions of the films, visit [dingdarlingsociety.org/films](http://dingdarlingsociety.org/films).

March 16: *Crash: The Tale of Two Species*

March 30: *The End of the Line: Where Have All the Fish Gone?*

April 13: *Bag It: Is Your Life Too Plastic?* \*



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## Winter Fishing Means Sheephead



by Capt. Matt Mitchell

**B**etter weather all week long made being out on the water a pleasure and catching lots of fish came relatively easily. Water clarity in the middle to northern sound is starting to

look a lot better than it had although water in the southern sound and mouth of the river is still that nasty brown. During the incoming tide much needed clearer gulf water can be seen working its way in though the passes. With water temperatures still on the cold side, hanging only in the mid to upper 60s, it's forcing anglers to continue to fish a winter time pattern using shrimp for bait.

On most of my trips this week we targeted sheephead both around the

passes and in the mangrove creek systems. Some of the biggest ones all week came in and around the passes. The best big sheephead bite was consistently on a high outgoing tide with almost every fish caught being of legal size plus. Mangrove creeks also produced a few keepers on the low water but it involved catching lots of shorts to get any decent ones. Many of these mangrove creeks shorelines are now just overrun with little bait-stealing mangrove snapper that make it just about impossible for a sheephead to get to your bait before they do.

Docks throughout the sound were also a good choice to catch sheephead. Roosevelt Channel and Safety Harbor areas were a few places where I did very well this week, although finding which docks the sheephead were holding on took a little time and moving around. It seemed if you caught a few small ones on a dock, it was worth spending a little more time on it as odds were there are some larger ones there too. Fish deeper docks with strong tide movement and pilings that are in five feet or more of water as these seem to be the ones that are holding the larger fish.

Trout fishing did get a little bit better this week. Areas from Chino Island north



Nick Little from Ohio with one of many sheephead he caught while fishing with Capt. Matt Mitchell

held lots of trout and at times this bite was a fish on nearly every cast. Although this is great non-stop action, I was unable to consistently catch any big trout so

getting a few keepers was a matter of catching lots and lots of just under the 15-inch minimum size fish until you got that 16- to 18-inch model. Ladyfish and a few Spanish mackerel were also caught while trout fishing.

Just when things were starting to warm up and hopefully get back to normal, we have another cold front in the forecast. If you're a sheephead fisherman this is good news; if you're a snook fisherman it's not. Usually by mid-March we should be done with strong cold fronts but after such a unusually cold winter it's hard to tell when all this cold weather will finally be done.

Bring on Spring!

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).✱

## Send Us Your Fish Tales

**T**he *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to [press@islandsunnews.com](mailto:press@islandsunnews.com); or call 395-1213.

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## CROW Case Of The Week:

## Turkey Vultures Are Grossly Underappreciated



by Patricia Molloy

**V**ultures get a bad rap. While some people believe that vultures are gross, others would argue that are grossly underappreciated.

Vultures may not be the cutest and most cuddly of creatures, but their presence is essential to a healthy ecosystem. By feeding on carrion, they help prevent the spread of diseases. And despite the fact there are some pretty gruesome items in their diets, vultures are surprisingly sanitary. For example, the lack of feathers on their heads allows them to remain cleaner and relatively free of the potentially dangerous bacteria that is often found in their food sources.

While it is quite rare for any wild animal to be calm and relaxed during its stay at CROW, as a species, vultures tend to be particularly high-stress patients. To complicate matters for the hospital's staff, when approached for medical treatments, vultures often deploy their signature method of scaring off predators: regurgitation. "This is how they scare people away, and this is why people say they don't like vultures," explained Dr. Allison Daugherty. But after one gets over the initial yuck factor, one begins to appreciate the pure genius of this unique defensive move. "We think it's awesome! It's really a fascinating defence mechanism."

On February 9, a turkey vulture (*Cathartes aura*) was admitted to CROW after being found down. With little in the way of history, the examining veterinarian surmised that the juvenile male, patient #16-360, was likely hit by a car. Fortunately, no broken bones were detected in the bird's wings, however, several fracture sites were palpated in its right leg.

"He has a broken tibiotarsus," explained Melissa Fox, CVT, veterinary assistant. "In birds, the tibiotarsus, it's kind of like their ankle, and it is his tibiotarsal joint that is broken. Dr. Heather put pins in there to stabilize the break and two external fixators, meaning that there is a bar on each side of the leg. Technically, after surgery, he should be able to stand on his broken leg because it's stabilized by the two rods on the outside. He also has a fractured tarsometatarsus (lower leg above the toes) and that was stabilized with a splint."

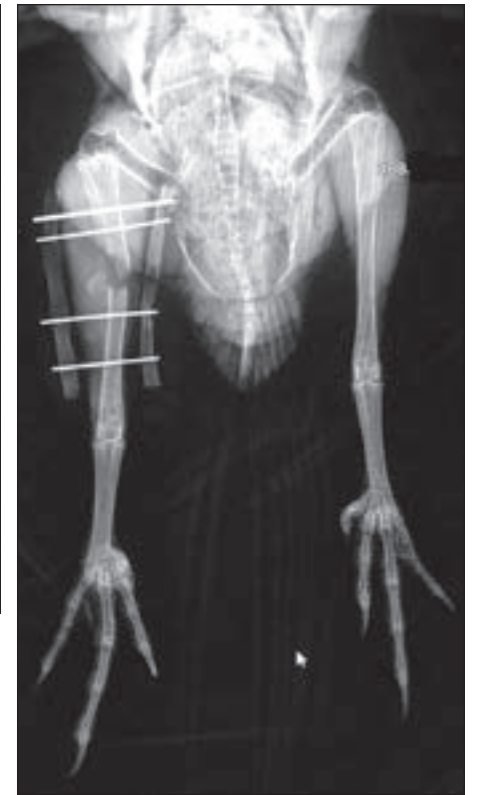
Nearly two weeks after surgery, the vulture's condition was steadily improving. "It



**Black vultures have grayish heads while turkey vultures have red heads. The patient had to be anesthetized for radiographs and received oxygen through a tube**

looks really good. Between the bruising and the swelling, it looks a lot better," said Dr. Allison. "Luckily, vultures don't need to grasp their prey like a hawk, so it's less vital that it (tibiotarsus) be perfect, but he still has to be able to perch and to be comfortable."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: [www.crowclinic.org](http://www.crowclinic.org).✱



**A radiograph image shows the four metal pins and two external rods that were surgically inserted to stabilize its fractured leg**





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Linda and Kevin Sunderland



Florida Everglades

## Mollusks Matinee Presents The Everglades Ecosystem

Kevin and Linda Sunderland of the Broward Shell Club will give an illustrated presentation of the Everglades Ecosystem on March 2. The talk is part of the Mollusk Matinee Speaker Species each Wednesday at 1:30 p.m.

The Sunderlands are well-known shell collectors from the East Coast of Florida. They own a very large collection of Western Atlantic shells and have made many contributions that helped better the knowledge of mollusks, in particular those from Florida and the Florida Keys. Kevin grew up in the Keys and, from a very young age and through countless hours of driving, became interested in not only seashells but the ecology and wildlife also. Many hours of his free time were spent working for the National Audubon Society banding, tracking and photographing wading birds of Florida Bay. As Kevin often says: “how can you not want to protect and preserve the habitats and ecosystems of the shells that you so enjoy collecting?”

## Attention Sanibel-Captiva Gardeners

The 78th Master Gardeners Lecture will be held on Thursday, March 3 at 10 a.m. at the Sanibel Public Library. The speaker will be Jenny Evans, manager of the Sanibel-Captiva Conservation Foundation (SCCF) Native Nursery.

The SCCF Native Nursery was established over 38 years ago and was the first native plant nursery founded in the U.S. The nursery has established a wide range of sources for plants native to Southwest Florida, which are replenished continuously. Evans and her staff also propagate many plants onsite and will take special orders for plants not in their inventory. As a member of SCCF, you are entitled to a free evaluation of your property and a standing 10 percent discount on all your plant material. Delivery of large specimens or large orders of mulch is available.

Evans is an articulate and knowledgeable professional who combines a strong post graduate scientific background with a wealth of practical knowledge of Sanibel’s climate and ecology. Questions are welcome from the audience. The lecture is free and open to the public.

## Audubon Bailey Tract Bird Walk

The next Sanibel-Captiva Audubon bird walk will be held on Saturday, February 27 at the Bailey Tract. Participants should take Island Inn Road (across from Bailey’s) and meet at the back entrance to the Bailey Tract at 8 a.m. Free parking will be available in the field.

These bird walks are open to the public and all levels of experience. A \$2 donation is appreciated. Call Hugh Verry at 395-3798 for more details.



Kestrel

photo by France Paulsen

## Dr. Leal Will Ask, ‘What Shell Is That?’ At Mollusk Matinee

In his Wednesday Mollusk Matinee talk, Dr. Jose Leal will be presenting images of shell details taken under high magnification, then challenging members of the audience to guess, based on the detail photo, what shell species it is.

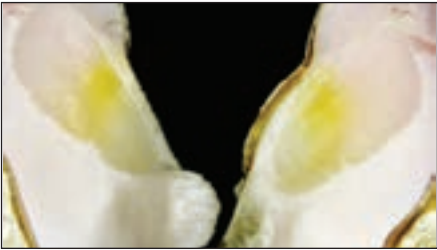
The weekly matinee takes place on Wednesday, March 9 at 1:30 p.m. at the Bailey-Matthews National Shell Museum on Sanibel.

Dr. Leal is the science director and curator for the museum. He received his Ph.D. in marine biology and fisheries from the University of Miami. His love for shells and sea life goes back to his childhood years in Rio de Janeiro, Brazil.

He was a visiting professor at the Muséum National d’Histoire Naturelle in Paris and postdoctoral fellow at the Smithsonian Institution’s National Museum of Natural History. Dr. Leal holds honorary faculty positions at the University of Miami and Florida Gulf Coast University, where he is an affiliate member of the Coastal Watershed Institute. He is also president of Conchologists of America, a past president of the American Malacological Society, a past board member of the Florida Association of Museums, an accreditation peer reviewer for the American Alliance of Museums, and editor of *The Nautilus*. Under his leadership, in March 2010 the museum was awarded its first accreditation from the American Alliance of Museums.



Dr. Jose H. Leal



One of the shells the audience will be asked to name

## Shell Found



Sylvia and Lynn Board

Sylvia and Lynn Board of Cape Coral found a Scotch bonnet on the beach on Captiva.

## Shell Found



Erich Schroeder



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While visiting his parents-in-law Pete and Judy Pedersen at South Seas Island Resort on Friday, February 19, Erich Schroeder of Plymouth, Minnesota found this nearly perfect, very large lightning whelk.



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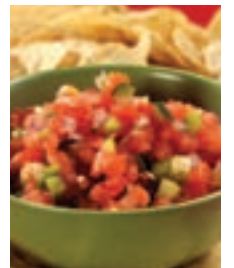
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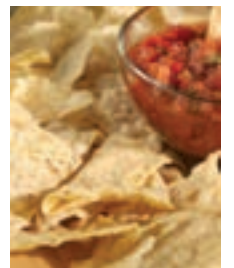
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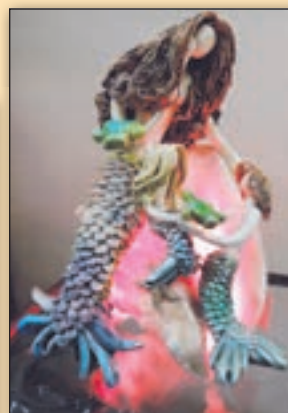
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## CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at [rrainbolt@crowclinic.org](mailto:rrainbolt@crowclinic.org) or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

### Special Presentation

**Tuesday, March 1, 4:15 to 5:15 p.m.**, adults \$7, teens \$5, 12 and under no charge, advance registration required – Speaker Series: Sea Turtles: Totem Medicine of Conservation, guest speaker, Dr. Heather Barron, hospital director.

CROW operates as the only sea turtle hospital facility between Sarasota and the Florida Keys. Dr. Barron will provide an interactive discussion of the work that CROW is doing to preserve sea turtles, including innovative wound management, minimally invasive diagnostic advances (such as endoscopy), cutting edge medical care, collaborative research and conservation efforts.

**Friday, February 26, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Why Animals Come to CROW, presented by a CROW volunteer.

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

**Friday, February 26, 2 to 3:30 p.m.**, \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Saturday, February 27, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Baby Care at CROW, presented by a CROW volunteer.

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found “abandoned” might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

**Saturday, February 27, 2 p.m.**, adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospi-

tal, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. Live animal encounter following the presentation.

**Monday, February 29, 9 to 10 a.m.**, adults \$7, teens \$5, 12 and under no charge, advance registration required – Ambassador Monday.

A presentation by one of CROW's staff members in the visitor center with one of the education residents. Animal ambassadors have received an injury preventing their release back into the wild. The program includes the species' natural biology, guest appearance and a continental breakfast. Photography opportunity with an animal ambassador and CROW staff.

**Tuesday, March 1, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

**Tuesday, March 1, 2 to 3:30 p.m.**, \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Wednesday, March 2, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101, presented by a CROW volunteer.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Live animal encounter following the presentation.

**Wednesday, March 2, 2 to 3:30 p.m.**, \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity available following the tour with an animal ambassador.

**Thursday, March 3, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a “keystone species.” Find out why they are admitted and how the medical staff treats this species.

**Thursday, March 3, 2 p.m.**, adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101 presented by a CROW volunteer. Live animal encounter following the presentation.✱



## Shell Of The Week

## Pristis Egg Cockle



by José H. Leal,  
PhD, The Bailey-  
Matthews National  
Shell Museum  
Science Director &  
Curator

The pristis  
egg cockle,  
*Laevicardium*  
*pristis* (Bory de  
Saint Vincent,  
1827), is closely

related to last week's featured shell, the common egg cockle. Egg cockles are so called because of their smooth, egg shell-like shells. Reaching almost 3 inches in size, the pristis egg cockle differs from the common egg cockle by having a more inflated ("fatter") shell, and a much more conspicuous, stronger set of hinge teeth. The shell in the image was collected on the east end of Sanibel by Museum volunteer curatorial assistant Harold (Smoky) Payson. Only recently was the identity of this local species determined, thanks to the efforts of Jan Johan Ter Poorten of the Field Museum of Natural History in Chicago. Learn more about local shells in the Shell Museum online identification guide at <http://shellmuseum.org/shells/southwest-florida-shells>.

**Shell Museum Events**

Daily Island Inn Morning Beach Walks (Advance booking required): Join our

**Pristis egg cockle, *Laevicardium pristis***

Marine Biologist for a beach walk near Island Inn on Sanibel Island. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island Inn is free for beach walk participants. Space is limited so book online at [shellmuseum.org/events](http://shellmuseum.org/events) or call 395-2233 to make a reservation. All beach walk guests receive half-off Shell Museum admission. (Current Island Inn guests please book through the Inn).

Mollusk movies and scavenger hunts continuously throughout each day.  
Tank Talks continuously throughout

each day: Gain great insights into the fascinating world of local mollusks.

Monday at 1:30 p.m.: Carolyn's Collection – A fun and engaging look at quality shells of a private collector. (Please check [shellmuseum.org](http://shellmuseum.org) to note any schedule changes.)

Tuesday at 1:30 p.m.: Shell BINGO

Wednesday at 1:30: Mollusk Matinees – A series of nature-related lectures presented by local experts. (Please check [shellmuseum.org](http://shellmuseum.org) for weekly topics.)

Thursday at 1:30 p.m.: Cool Shells – See some great shell treasures not on

exhibit.

Friday at 1:30 p.m.: Arts and Crafts – Create marine-themed art and take it home with you!

Saturday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell BINGO.

The Bailey-Matthews National Shell Museum is at 3075 Sanibel-Captiva Road. Phone 239-395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).\*



Photos by José H. Leal

photos by José H. Leal

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### ***The Forgotten Coast: Return to Wild Florida — March 8***

Join SCCF for a special screening of this documentary about three explorers who traveled 1,000 miles in 70 days on foot, kayak and bike from the Everglades headwaters to the Alabama border. Participant Mallory Lykes Dimmit will be present to talk about her experiences. *March 8, 7 p.m. Free. Community House, 2137 Periwinkle.*



### ***Caloosahatchee Oxbow & Riverlore Cruise — Feb. 28***

Come with us to experience the historic meanders of the upriver Caloosahatchee on this 2.5-hour cruise guided by Rae Ann Wessel. Departs at 1 p.m. from the W.P. Franklin Lock & Dam Park off SR 80 in Olga. *Advance reservations and payment required. \$45 per person. Call 472-2329. February 28, March 13, April 10 and May 8*

### ***The City That Almost Wasn't & the Sanibel Plan — Mar. 2***

The City of Sanibel was the first in the country to adopt a comprehensive land use plan based on the island's natural systems. Learn about the City's creation and the shaping of its future through the Sanibel Report. *Wednesday, March 2 at 1 p.m. \$5 adults.*

### ***Otter Tales — March 2***

Come and learn about this large, aquatically adapted member of the weasel family. river otters are strong and graceful swimmers that capture the hearts of all who see them. Otter sightings have increased recently on SCCF trails. *Wednesday, March 2 at 10 a.m. \$5 adults*

### ***Snowy Plovers — March 3***

Have you ever wondered about the staked nests on the beach or the families of birds with tiny chicks running around? Join us to learn more about the Snowy Plover and the ongoing SCCF research and conservation efforts on Sanibel and around Florida. *Thursday, March 3 at 1 p.m. \$5 adults.*

### ***Weeds, Seeds & Birds at the Preserves — February 29***

Meet on the Nature Center Porch. You may need parking money. Please bring hat, water, sun-block and wear closed-toe shoes.

*Monday, February 29 at 9 a.m.*

### ***Explore Our Nature Center, Trails and Observation Tower***

***Butterfly House*** – Guided tour Tuesdays 10 a.m.; also self-guided.

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***Guided Trail Walks*** – Tues-Fri, 11 a.m. 4 miles of trails to explore \$5 adults

***The Shipley Trail*** – Located on the Bailey Homestead Preserve, it connects the City of Sanibel's Pond Apple Park Trail (beginning at the Chamber) to Roadside City Park on Periwinkle. *Please note that the Bailey Homestead is still undergoing site work and will open to the public soon.*

### ***SCCF's Native Landscapes & Garden Center***

Come visit our Native Landscapes & Garden Center at their new location at the Bailey Homestead Preserve, 1300 Periwinkle Way. The larger space now offers demonstration gardens of different island habitats. Hours: 8:30 a.m. - 5 p.m. Mon.-Fri. and 10 a.m. - 3 p.m. on Sat.

*The old Nursery at the Nature Center is closed.*

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***Nature Center:*** Open Monday-Friday 8:30 a.m. - 4 p.m.

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SCCF: (239) 472-2329 Garden Center: 472-1932 [www.sccf.org](http://www.sccf.org)



Big Cypress National Preserve photo taken by Clyde Butcher



Clyde and Niki Butcher

## **Clyde Butcher Exhibit To Open At Big Cypress Gallery**

Renowned American landscape photographer Clyde Butcher ([www.ClydeButcher.com](http://www.ClydeButcher.com)), known for his large-format film photography of the Everglades and natural sites throughout the world, and his wife, Niki, present their newest collection, *The Natural World Along Tamiami Trail*, during an open house at the Big Cypress Gallery in Ochopee. The event is free and open to the public on Saturday, March 5 and Sunday, March 6 from 10 a.m. - 5 p.m.

With this stunning history-in-the-making collection, the husband-and-wife team encourages viewers to embrace the natural beauty that exists along the Tamiami Trail through Clyde's powerful black-and-white images. Niki's different perspective captures images with wayside attractions and old Florida architecture.

The down-to-earth and candid Butcher will speak to guests and sign books at the open house.

The Butchers have lived in the Big Cypress National Preserve for 20 years. The inspiration behind this collection dates back to their drives back and forth along the Tamiami Trail - always with cameras in hand to capture moments and record history. The images in this exhibit were photographed using a large-format 8-inch by 10-inch view camera. The quality of the photo negatives persuades the viewer's eye to look closer at the intricate detail of the natural world.

The Clyde Butcher Big Cypress Gallery is located at Highway 41 Tamiami Trail (mile marker 54.5) in Ochopee, Fla. For more information on the upcoming fundraiser, visit [www.ClydeButcher.com](http://www.ClydeButcher.com) or call 239-695-2428.\*

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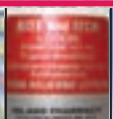
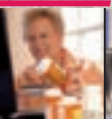
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## by Gerri Reaves

Autograph tree (*Clusia rosea*) was once found in the wild in southernmost Florida, including the Keys, but wild populations might be extinct and it might exist only as a cultivated plant.

In addition, its native status is in question among plant scientists.

One theory is that the tree found in the Florida Keys in the mid-1800s were introduced from Cuba or the Bahamas.

Like the native strangler fig (*Ficus aurea*), it sometimes begins as an airplant, lodging a seed in the crown or boots of a cabbage palm and sending down aerial roots.

This long-lived evergreen grows up to 30 feet high. The dense foliage and the spreading rounded canopy make it a good shade tree.

However, this plant can be pruned into a shrub and used as a hedge, screen or buffer.

It can even be espaliered, but be prepared to deal with the latex it exudes.

The opposite oval leaves are leathery, smooth, and thick, with a prominent mid-vein and paler undersides. Stiff and smooth-edged, they measure up to eight inches long.

It is called the autograph tree because people sometimes write on the leaves, which permanently retain the inscriptions.

An alternate common name, pitch apple, derives from the fruit's resinous material that has been used as ship caulking.

Other common names include clusia, Caribbean monkey apple, and Scotch attorney.



The woody round fruit is about three inches long with a large whorl of sepals, or modified leaves, at the stem end. Upon ripening from green to brown, it splits open to reveal black seeds in a red fleshy interior. Birds and other wildlife eat the seeds, but the fruit is poisonous for people.

The six-petaled camellia-like flowers measure about three to four inches across. White and pink-tinged with yellow stamens at the center, they bloom during the warmer months, appearing on the branch ends.

This highly drought-, salt- and wind-tolerant species is a good choice for coastal landscapes, but makes a good low-maintenance tree for a variety of yards. Just watch out for the aggressive roots, another characteristic it shares with the strangler fig.

The tree prefers sun to partial shade and moist conditions. It will not tolerate frost.

Propagate it with seeds and cuttings

The close-grained hard heavy wood has many uses, including furniture-making, and the plant parts have many traditional medicinal uses.

Sources: *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan; *Florida, My Eden* by Frederic B. Stresau; *Native Florida Plants* by Robert G. Haehle and Joan Brookwell; *Pity the Pitch Apple – Treat It As A Spreading Tree* by Julia F. Morton; *The Shrubs and Woody Vines of Florida* by Gil Nelson; *Waterwise: South Florida Landscapes* by the South Florida Water Management District; [edis.ifas.ufl.edu](http://edis.ifas.ufl.edu); and [fnps.org](http://fnps.org).

Plant Smart explores the diverse flora of South Florida. ☆

**Autograph tree is a wildlife-friendly low-maintenance species with large attractive leaves on which people sometimes inscribe names or initials**

photo by Gerri Reaves

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Deputy Refuge Manager Joyce Palmer, left, and Supervisory Refuge Ranger Toni Westland congratulate Frank Fallert on his 30-year award.

## 'Ding' Honors Volunteers

“Ding” Darling Refuge and “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS) held their annual Volunteer Awards Luncheon at The Community House on February 19.

“Your help makes ‘Ding’ Darling National Wildlife Refuge successful and helps us earn the reputation for outstanding volunteerism and customer service nationwide,” Refuge Manager Paul Tritaik told the gathered volunteers. “Your dedication has made all the difference in our meeting our mission.”

Refuge staff reports that in fiscal year 2015, 280 volunteers worked 49,990 hours at the refuge, representing a labor savings of \$945,639 or almost 20 full-time staff members.

“Refuge staff has been slashed by more than 50 percent in recent years,” said Birgie Miller, DDWS executive director. “We would be facing cuts in visitor services and maintenance if not for our wonderful volunteers.”

DDWS formed in 1982 specifically to support a volunteer corps after the opening of the refuge’s first visitor center that year. More than 11,000 people visited in the first month after the center opened, overwhelming a staff unaccustomed to dealing with the inquisitive public.

“Volunteers stepped in then to fill in the gaps left by inadequate federal funding, and they continue to do so even more today,” said DDWS president and active volunteer Doris Hardy.

Below is a list of volunteers who won awards for reaching hour and year achievement levels.

### YEARS AWARDS

30 years: Frank Fallert  
20 years: Is Cloak, Ken Poulson  
10 years: Doug Albert, Paul Albert, Barbara Broadhurst, Susan Cassell, Gary

Dutton, Millicent Heeney, Toom Mehalic, Latham Morris, Bill Porter, Edith Rood, Ed Sessa, Elaine Swank, Bill Zack

### HOURS AWARDS

8,000 hours: Marilyn Kloosterman  
6,500 hours: Frank Fallert  
6,000 hours: James Sprankle  
5,500 hours: Judy Davis  
5,000 hours: Doris Hardy, Ann Wollschlager

4,500 hours: Ed Combs  
4,000 hours: Terry Baldwin  
3,500 hours: Latham Morris, Jack Wettstein, Patty Wettstein  
3,000 hours: Betsy Doonan, Miriam Hursey, Jack Wettstein, Patty Wettstein  
2,500 hours: Susan Harpham, John McCabe, Ken Poulson, Richard Willis  
2,000 hours: Patsy Dicken, Robert Dicken, Ben Klause, Mary Klause, Alan Parker, Linda Parker, Jeanne Tyrer  
1,500 hours: Charles Dunham, Lynda Dunham, Glen Gresham, Phyllis Gresham, Ken Kopperl, Ginny Kopperl  
1,000 hours: Doug Albert, Paula Albert, Sally Barsley, Carol Herr, John Herr, Peggy Hupfeldt, Marge Keller, Ken Kopperl, Ginny Kopperl, Fred Monick, Jim Newes, Arland Oleson, France Paulsen, Bill Porter  
500 hours: Pat Appino, Joyce

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280 volunteers keep the refuge open seven days a week in spite of government budget shortfalls.

Barney, Kathy Boyd, Frances Holmes, Randy Holmes, Jim Jackson, Irene Raber, JoAnn Reece, Sally Stranahan, Carol Strange, Roger Tosch

250 hours: Mike Baldwin, Judy Barberi, Jim Bennight, Jan Cohen, Marion Evans, Michael Galloway, Frances Holmes, Randy Holmes, Barb Kennedy, Janet Lucre, Ilona Menzel, Nancy Riley, Nancy Sebree, Gerri Sylliaasen, Amanda Wilkinson

150 hours: Jim Bennight, Stan Bunsick, Carole Ecker, Mike Ecker, Michael Galloway, Louise Guertin, Tom

Guertin, Frances Holmes, Randy Holmes, Krizan Zdenko, Alice Lavimoniere, Gary Lavimoniere, Janet Lucre, Kim Milling, Linda Naylor, Michael Rice, Marvin Richards, Gus Santos, Orlene Shimberg, Anne Suss, Cathy Swerdlick, Pat Taylor, Ray Vazquez, Tom Ware Wanda Werner, Amanda Wilkinson, David Wright

To support DDWS and the refuge with a tax-deductible gift, visit [www.dingdarlingsociety.org](http://www.dingdarlingsociety.org) or contact Birgie Miller at 239-292-0566 or [director@dingdarlingsociety.org](mailto:director@dingdarlingsociety.org).

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# 'Ding' Darling Announces High School Photo Contest Winners

At a special ceremony on February 6, the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) announced winners and finalists in the third annual "Ding" Darling-Theodore Cross High School Photography Contest at the J.N. "Ding" Darling National Wildlife Refuge on Sanibel Island.

Sponsored by the Theodore Cross Family Charitable Foundation, the competition invited high school students from Lee, Collier, Charlotte, Glades and Hendry counties to compete for prizes that included a Canon digital SLR camera package, chartered class trips to the refuge, Tarpon Bay Explorers excursions and copies of *Waterbirds: Portraits and Anecdotes from Birding Adventures* by contest name-sake, the late Theodore Cross.

Cross, who lived part-time on Sanibel Island and has family still living here, marched with Dr. Martin Luther King, Jr.; advised the Johnson and Nixon administrations on anti-poverty programs; wrote the influential book *Black Capitalism*, among others; played a prominent role in President Obama's election; and created Birders United, a birding website that ranked legislators according to their record of bird protection support.



First-place winner Adrian Dougherty with contest sponsor Amanda Cross



Carolyn Linehan placed third with Sssssss

Late in life, Cross decided to indulge his love for birds and photography and traveled the world to collect stunning portraits and stories to chronicle his adventures. He photographed often at "Ding" Darling, and a number of the images in his book reflect his love for the refuge. Cross published *Waterbirds* in 2009 at age 85; he passed away shortly after that in February 2010.

NPR's *All Things Considered* called Cross' collection of 179 images and countless anecdotes "spectacular." The New York Times described it as "part visual encyclopedia, part memoir."

World-renowned New York photographer and friend of the Cross family, Arne Svenson, judged the contest, along with DDWS board member Sarah Ashton and Sanibel resident Pam Weiner. First place went to a picture of a staked turtle nest on the beach by Adrian Dougherty, a 12th grader at Fort Myers High School.

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Adrian Dougherty took first place with her photo of a staked sea turtle nest

"What I liked about the winning photo was the mysterious narrative implied by the empty enclosure surrounded by 'danger-tape,'" wrote Svenson. "Is it to protect something hidden within? Or is to contain an invisible danger? It speaks to me of nature in the 21st century -- at risk and needing to be protected."

In second place, 12th grader Dahlia Lilleslatten from Cypress Lake High captured a flock of shorebirds taking flight in *Clamour of Wings*. Carolyn Linehan, another 12th-grader from Fort Myers High, took third place with her portrait of a Florida brown water snake, titled *Sssssss*. Honorable mention winners and other finalists are listed below.

"Theodore Cross' family made this contest possible, and it has become a quick success story," said Birgie Miller, DDWS executive director. "We couldn't be more thrilled that the family wanted its donation used in this way -- to reach an age group that often falls through the cracks of conservation education. Kudos to our associate director Sarah Lathrop and our interns for a fabulous job of running the contest."

"We were surprised and delighted that we had more than 500 amazing photo entries from 12 different schools," said Lathrop. "Teachers, advisors and volunteers worked hard at helping to encour-

age students to enter."

"We are so happy to be supporting a contest in my father's name, a contest that will get our youth involved with nature by looking at it -- as my father so loved doing -- through a camera lens," said daughter Amanda Cross.

Students were able to submit up to two photographs. Winning and honorable mention images are on display at the "Ding" Darling Education & Visitor Center and will be available to view by Facebook album on DDWS' page [www.facebook.com/dingdarling](http://www.facebook.com/dingdarling).

#### Winners

1st Place: Adrian Dougherty, Fort Myers High

2nd Place: Dahlia Lilleslatten, Cypress Lake High

3rd Place Carolyn Linehan, Fort Myers High

**Honorable Mentions** (in alphabetical order)

Christopher Blakely, Fort Myers High  
Jacqueline Brodskaya, Fort Myers High

Elizabeth Garcia, Lehigh Senior High  
Danielle Gorddard, Cypress Lake High  
Brianna Grant, Estero High

Elizabeth Rodriguez, Lehigh Senior High

Nicholas Drake Santana, Cape Coral High



Dahlia Lilleslatten came in second with her *A Clamour of Wings*

Julia Sereda, North Fort Myers High  
Tyler Swanson, Golden Gate High  
Luciana Villarroel, Fort Myers High  
Jessica Yawn, Lehigh Senior High  
Corinne Zepeda, Golden Gate High  
**Finalists** (in alphabetical order)  
Alayna Bradley, Fort Myers High  
Rebecca Brownlie, N. Fort Myers High  
Juliana Buno, Lehigh Senior High  
Ezequiel Cuevas, Lehigh Senior High  
Emily Hendry, Fort Myers High  
Citlalli Hinojosa, Lehigh Senior High  
Kathy Lemes, Lehigh Senior High

Carolyn Linehan, Fort Myers High  
Angely Lopez, Lehigh Senior High  
Sharon Machuca, Lehigh Senior High  
Jared Mercado, Lehigh Senior High  
Heather Peterson, Cape Coral High  
Grace Speas, Fort Myers High  
Shane Sukhnuth, Lehigh Senior High  
Andrea Wilson, Golden Gate High

To support DDWS and the refuge with a tax-deductible gift, visit [www.dingdarlingsociety.org](http://www.dingdarlingsociety.org) or contact Birgie Miller at 239-292-0566 or [director@dingdarlingsociety.org](mailto:director@dingdarlingsociety.org).

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 Fridays, 12:15 to 2:45 p.m., March 4 through 25  
**Constructing the Human Figure in Simple Forms**  
 Mondays, 1 to 3:30 p.m., March 7 through March 28  
**Instructed Life Drawing**  
 Mondays, 9:30 a.m. to 12 p.m., March 7 through March 28

**Zentangle, A Beginners Workshop**  
 Tuesdays, 9 to 11:30 a.m., March 8 through March 22

**FINE CRAFTS**  
**Glass Fusing**  
 Wednesdays, 9:30 a.m. to 12:30 p.m., March 2 through March 23  
 Thursdays, 9:30 a.m. to 12:30 p.m., March 3 through March 24

**LANGUAGE**  
**Spanish I and II**  
 Saturdays, 9 to 10:30 a.m., February 27 through April 2  
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**LIFESTYLE**  
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 Thursdays, 9 a.m. to 12 p.m., March 3 through March 24

**TECHNOLOGY**  
**Cloud Computing and the iCloud Drive**

1 Day – Tuesday, 2 to 5 p.m., March 1

**Watch & Learn: The Apple Watch**  
 1 Day – Tuesday, 9 a.m. to 12 p.m., March 1

**iCreate Lesson 1: Acquiring Images**  
 1 Day – Thursday, 2 to 5 p.m., March 3

**iPhone Lesson 1: Basics**  
 1 Day – Wednesday, 9 a.m. to 12 p.m., March 2

**iPad Lesson 1: Basics**  
 1 Day – Thursday, 9 a.m. to 12 p.m., March 3

**Mac Basics: OS10.11 El Capitan**  
 1 Day – Wednesday, 2 to 5 p.m., March 2

**iMovie for iPhone & iPad: Lesson 1**  
 1 Day – Friday, 9 a.m. to 12 p.m., March 4

**iCreate Lesson 2: The Digital Darkroom**  
 1 Day – Thursday, 2 to 5 p.m., March 10

**Searching with Google**  
 1 Day – Tuesday, 9 a.m. to 12 p.m., March 8

**iPhone Lesson 2: Intermediate**  
 1 Day – Wednesday, 9 a.m. to 12 p.m., March 9

**iPad Lesson 2: Intermediate**  
 1 Day – Thursday, 9 a.m. to 12 p.m., March 10

**MacPower User Tips and Tricks**  
 1 Day – Wednesday, 2 to 5 p.m., March 9

**iTunes: Master Your Music**  
 1 Day – Tuesday, 2 to 5 p.m., March 8

**iMovie for iPhone & iPad : Lesson 2**  
 1 Day – Friday, 9 a.m. to 12 p.m., March 11

**WRITING**  
**Writing Mysteries and Thrillers**  
 Tuesdays, 10 a.m. to 12 p.m., March 1 through March 22

**Creative Writing: Fiction/Memoir**  
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# The Cross Florida Barge Canal Project Subject Of 'Ding' Lecture

For centuries, men dreamed of cutting a canal across the Florida peninsula. *Ditch of Dreams: The Cross Florida Barge Canal and the Struggle for Florida's Future*, written by Steven Noll and David Tegeder, examines the politics and preservation movements behind the long-running controversy. As part of the free "Ding" Darling Friday Lecture Series, Noll will present two programs about the book beginning at 10 a.m. and 1 p.m. on Friday, March 4 in the free "Ding" Darling Visitor & Education Center on Sanibel Island.

Heedless of environmental concerns, water transportation advocates consistently lobbied the federal government to connect the Atlantic Ocean to the Gulf of Mexico, a project intended to place Florida at the center of American commerce and prosperity. *Ditch of Dreams* reveals much about the clashing visions of progress, economic growth, and environmental preservation in the fragile ecosystem of Florida, while exploring the tangled web of politics, influence, and power in the Sunshine State.

Following his presentations, Noll will sign copies of his book, which is available for purchase in the Refuge Nature Store, all proceeds of which benefit refuge wildlife and conservation and education programs.

Admission is free to the lectures, which are sponsored by HighTower Advisors Fort Myers along with Mike and Terry Baldwin, with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

Funding for this program was also provided through a grant from the Florida Humanities Council with funds from the National Endowment for the Humanities. Any views, findings, conclusions, or recommendations expressed do not necessarily represent those of the Florida Humanities Council or the National Endowment for the Humanities.

The season's complete schedule is listed below. Book signings follow all of the starred (\*) lectures.

Seating for the lectures is limited and available on a first-come basis. Arrive one hour early to assure seating. Early arrivals can save one seat each and then may explore the Visitor & Education Center or Indigo Trail before the lecture starts. Saved seats must be filled 15 minutes before lecture time or risk reassignment.

As usual, Wildlife Drive is closed on Friday, but visitors are welcome to enjoy the free "Ding" Darling Visitor & Education Center, Indigo Trail, and recreational opportunities at Tarpon Bay Explorers, the refuge's official concessionaire located at its Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff, and board of directors.

For more information, call 472-1100 ext. 241 or log on to [dingdarlingsociety.org/lectures](http://dingdarlingsociety.org/lectures). For the schedule of the 2016 DDWS Film Series, visit [dingdarlingsociety.org/films](http://dingdarlingsociety.org/films).

\*March 11 – Leslie Kemp Poole – *Saving Florida: Women's Fight for the Environment in the 20th Century*

March 18 – Emily Stokes from Reef.org – *Invasion of the Lionfish*

March 25 – Ian Bartoszek – *Pythons in Paradise: Collaborative Burmese Python Research in Southwest Florida*

April 1 – Joe Wiegand - *Teddy: The Conservation President Reprisal*

\*April 8 – John H. Hartig, *Bringing Conservation to Cities: Lessons from Building the Detroit River International Wildlife Refuge*

\*April 15 - Sandra Friend and John Keatley, *The Florida Trail Guide*

\*starred lectures indicate a book-signing to follow ☆



Authors Steve Noll and David Tegeder



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Bank of the Islands, 1699 Periwinkle Way or  
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# The Sanibel Public Library Programs



Scene from the film *Weapons of the Spirit*

Sanibel Public Library will be hosting a variety of programs. No registration is required to attend.

At 3 p.m. on Friday, February 26, Nelly Trocmé Hewett will present a 35-minute version of Pierre Sauvage’s film, *Weapons of the Spirit*. The film documents the successful efforts of the people of 12 villages in Haute Loire, France to save those who were persecuted by the Germans and the Vichy government during WWII. Hewett’s parents, André and Magda Trocmé, were very involved in this effort. It is estimated that the people of Le Chambon-sur-Lignon and its surrounding villages saved or helped over 3,500 people fleeing the Nazi regime. Hewett will answer questions and discuss the film.

There will be a book signing and lecture at 2 p.m. on March 1 with James Usavage, author of *Footsteps in the Attic*. Usavage has led a life as interesting as the characters in his books. On his way to a career in medicine, he realized the life of



*Footsteps in the Attic*



Derek Fell in Van Gogh’s garden

a doctor was not meant for him, and this understanding set him out on a journey of exploration across the U.S. *Footsteps in the Attic* is about the search for a fortune-teller who suddenly vanished.

Author and Sanibel resident Derek Fell will be doing a book talk and signing of his book *Van Gogh’s Women: His Love Affairs and Journey Into Madness* at 2 p.m. on Wednesday, March 2. The book focuses on Van Gogh’s letters to family members to examine his interior life and poignantly documents his emotional decline. Fell worked with the Van Gogh Foundation and visited all the sites where Vincent lived in pursuit of artistic recognition. Fell’s talk will be illustrated with a slide presentation showing the symbolism seen in his last paintings as well as locations associated with the artist, including the home and garden of his doctor, Paul Gachet where Vincent spent his last

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days.

Lee Memorial Bloodmobile, hosted by the City of Sanibel, will be in the parking area at the library to receive donations from 8:30 a.m. to 2:30 p.m. on Thursday, March 3.

March 4 at 2 p.m. is another First Fridays: Stories for Grownups with host Sid Simon, and special guest, musician storyteller John Porcino. Called a combination of Robin Williams, Pete Seeger and Captain Kangaroo, Porcino weaves a playful touch of audience participation together with a message of caring for our planet and each other, while adding songs played with musical instruments from around the world.

Damaris Peters-Pike returns to Sanibel Library as Mary Ellin Barrett, Irving Berlin's oldest daughter. She tells the story of Berlin's life which included scores of Broadway shows, movies and more than a thousand songs including *White Christmas*, *God Bless America* and *Blue Skies*. Irving Berlin-A Daughter Remembers will be presented at 2 p.m. on March 7.

Library programming is supported by a grant from Sanibel Public Library Foundation. The public is invited to these library programs. There is no registration required and no additional cost to participate. A complete list of programs are listed on the library's website. Residents as well as non-residents are invited.

The Sanibel Public Library is located at 770 Dunlop Road, Sanibel. For more information about the Library, call 472-2483 or visit online at [www.sanlib.org](http://www.sanlib.org).



**Musician-storyteller John Porcino**



**Lily Lockard and author Drew Daywalt**

## Sanibel School Student Places in Writing Contest

Lily Lockard, 3rd grader at The Sanibel School, captured second place amongst third graders within

three counties in the Just Read, Florida! writing contest.

Lily attended the Just Read Florida, Barbara Bush Foundation breakfast Friday, February 5 at the Hyatt Regency Resort and Spa in Bonita Springs with her mom, Shelly Lockard; her teacher, Robin Lear; and her principal, Barbara VonHarten. The breakfast honored the 12 first-, second- and third-place winners of the annual writing contest from Collier, Lee and Charlotte counties. More than 1,000 essays were submitted by kindergarteners, 1st, 2nd and 3rd graders. The essays were written based on Drew Daywalt's book, *The Day the Crayons Quit*.

Lily won a \$200 voucher for a flight on Southwest Airlines, two personalized and autographed books by Drew Daywalt, and a large inflated crayon. Lily's essay was written from the perspective of character Duncan in Daywalt's book. The author gave an inspiring message to the students on using personification in the writing process. Lear and VonHarten offered Lily a big congratulations and thank you for giving her best in representing The Sanibel School in her written essay. ✨

### Book Review

## Sunrise At San Attarium

by Di Saggau

It's pretty easy to tell from the title *Sunrise at San Attarium*, that readers of this book are in for a comic journey. Rhys Llewellyn, has a fascinating sense of humor. You may remember, as I do, some of his readings at the Writers' Read on Sanibel, when he was a member of one of the writers' groups. In his latest fictional novel, you will meet a plethora of interesting characters beginning with Bob, a husband who is afflicted with a serious daydreaming issue. When his wife confronts him about his episodes, Bob admits that they are becoming more frequent. What he does not tell her is that he rather enjoys them. The fantasies are vastly more exciting than his actual life.

A friend gives Bob a business card of a woman he thinks can help. Miss Julianna Lafitte is a practitioner of hypnotherapy, massage therapy and aromatherapy. He visits her and she tells him that while daydreaming is a relatively common phenomenon for most people, his dreams are much more intense, causing him difficulty in differentiating between what is real and what he imagines. However she does not offer much help.

Bob's daydreaming occurs more frequently, adding a great deal of stress at work. As we read about his daydreams, it's easy to figure out that Bob needs help. We all have daydreams but most likely not like Bob's. Finally a psychiatrist recommends that Bob and his wife move from Vermont to an island off the coast



of Venezuela in order to live out one of his fantasies in the hopes of curing his affliction. Bob inquires and finds out that the only property available is on an island called San Attarium. He and Harriet take off to inspect the island paradise. The eccentric characters they encounter along the way cast doubt as to whether this form of therapy will help his condition, or take him deeper into his inner world.

The book is a humorous fictional novel, the first of a proposed trilogy whose main character is comparable to Thurber's Walter Mitty on steroids. Llewellyn is scheduled to be at the Authors' Table at the Sanibel Shell Show on Saturday March 5. Be sure to stop by and say hello. He will have copies of his book. You can also reach him at [gatorbytes1@aol.com](mailto:gatorbytes1@aol.com) to purchase a copy. ✨

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## Library Programs

## March Programs At Captiva Memorial Library

The Captiva Memorial Library is offering the following free programs for all ages in March:

**Adults**

Retro Art of Myra Roberts

4 p.m. Wednesday, March 9

Myra Roberts's retro postcard-pop paintings capture the whimsy of old Florida tourism and vintage imagery. Her oil paintings have sold internationally as well as locally.

**Children**

Rainbows

3 p.m. Saturday, March 5

Hear fun facts about rainbows, perform science experiments with light and make a rainbow.

Kids Read Down Fines

2:30 to 4:30 p.m. Friday, March 11

Children and teens earn a \$2 coupon or credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and under only and applies only to charges on over-

due materials.

Saturday Afternoon Movie Time

2 p.m. Saturday, March 12

Rated G, 95 minutes

A brilliant young inventor sets off on a time-traveling quest to save the future and find the family he never knew. Light refreshments will be served. Children under 8 must be accompanied by an adult.

Kamishibai Story Theater: *Little Crab*

3 p.m. Saturday, March 26

A Japanese theater called Kamishibai will be used to present the folktale, *Little Crab*. After, make a crab out of a cupcake liner.

**Teens**

Kids Read Down Fines

2:30 to 4:30 p.m. Friday, March 11

Children and teens earn a \$2 coupon or credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and under only and applies only to charges on overdue materials.

The Captiva Memorial Library is located at 11560 Chapin Lane on Captiva. For more information about a program or to register, call the library at 533-4890. A sign language interpreter is available with five business days notice to library staff.

Check the Lee County Library System's website at [www.leelibrary.net](http://www.leelibrary.net) to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a specific program.✱

## Critically Acclaimed Documentary Series

## The Salt Of The Earth

by Di Saggau

On Wednesday, March 2, at 12:30 p.m. the Island Cinema will show the first in this year's BIG ARTS Critically Acclaimed Documentary Series. *The Salt Of The Earth* is an ode to photographer Sebastiao Salgado, who for the last 40 years has been traveling through the continents in the footsteps of an ever-changing humanity.



He has witnessed some of the major events of history: international conflicts, starvation and exodus. He is now embarking on the discovery of pristine territories, of wild fauna and flora and of grandiose landscapes as part of a huge photographic project, which is a tribute to the planet's beauty. His artistry lies in the way he combines beauty with sensitivity to the inner strength and dignity of even his most wretched subjects. It's a powerful film of deep humanity and drama.

The film begins with images from the Serra Pelada gold mine in Brazil. They are haunting, akin to frieze reliefs in the way they combine an architectural precision with tensed muscles and energetic forms. It's fascinating to hear Sebastiao discuss their genesis and the emotions he felt while shooting in this vast, inferno-like expanse. The film runs 110 minutes.

Tickets are \$5 for members of BIG ARTS and \$6 for non-members. Tickets are available at BIG ARTS and the day of the film at the cinema, located in Bailey's Shopping Center. Following the film, a discussion will take place at Island Cinema. Upcoming documentaries in the series are *Liv and Ingmar* on March 9, *Magician: The Astonishing Life and Work of Orson Welles* on March 16, and *Finding Vivian Maier* on March 23.✱

## BIG ARTS Monday Night Film Series

## Court



by Di Saggau

The BIG ARTS Monday Night Movie for February 29 is *Court*, a documentary drama from

India. Filmmaker Chaitanya Tahane's first feature has been called a masterpiece, one of the best films of the year. *Court* deals with social activist Narayan Kamble, who lives in Mumbai and uses folk music to spread his message. He is arrested on a bizarre accusation. The state alleges that a song he performed drove a sewage worker to commit suicide, and that he is therefore responsible for the man's death.

A well-educated and well-off lawyer, Vinay Vora, picks up Narayan's fight. He's up against a public prosecutor who couldn't be bothered with the plight of Narayan or the logic of the case. Together they are in front of a judge who doesn't care for anything except upholding his archaic morals and interpretation of the law. In the funniest scene in this surprisingly funny film, the judge refuses to hear a case because the plaintiff, a woman, is wearing a sleeveless top. There are times when it feels as though the real accused in *Court* are India's judicial system and society.

Lawyers from both sides of the aisle, and the rote ideologies they represent, are scrutinized as the trial plays out. *Variety*



says, "The film works so well thanks to an intelligent, superbly understated script and a feel for naturalism that extends beyond mere performance." Where the trial scenes use the legal system's ponderous rules to hang itself, sequences show the attorneys outside working hours. Vora shops for fine Western cheeses and wines in an upscale market and goes drinking at a chic bar where an Indian singer performs English and Brazilian ballads. In contrast the prosecutor, when she leaves work, picks her son up from school, then goes home to make dinner, which is consumed by the family in front of the TV. If they go out, it's not to a fancy restaurant but a greasy spoon.

Worth singling out in the list of char-

acters is Usha Bane as the dead sewer worker's widow, in a role not far removed from her own story. *Court* ends up being a great courtroom drama: it treats the audience as both witness and jury and lays out a sprawling argument for them to ponder over. It's hard to shake this one off long after the credits have rolled. The film runs 116 minutes.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein

Performance Hall. Each film is followed by a complimentary reception and discussion. Film Patrons: June Rosner and Russ Bilgore. Film Sponsors: Bank of the Islands, Stan and Visnja Gembicki, John R. Wood Properties, Penny Wilkinson, Hyde Tucker. Film Supporters: Sanibel Taxi, Jerry's Foods of Sanibel. BIG ARTS is located at 900 Dunlop Road. Tickets are available at the door or by calling 395-0900.✱

## FGCU Presents Virtuoso Violin

The Bower School of Music & the Arts at Florida Gulf Coast University presents Virtuoso Violin, featuring award-winning violinist Kinga Augustyn and pianist Michael Baron, as the 10th concert of the 2015-2016 Faculty & Guest Artist Series at U.Tobe Recital Hall in the Music Building 7:30 p.m. Thursday, March 3.

Augustyn, an award-winning Polish-born and New York City-based concert violinist, maintains a busy concert schedule as a recitalist and chamber musician. As a teacher, Augustyn has served as a Violin Faculty for The Alexander & Buono Festival of Music. She has also conducted various violin, piano and chamber music masterclasses and workshops in the United States and Poland. Augustyn has been described as a "violinist for whom nothing seems too difficult" (Polish Daily News).

Tickets for this event are \$10 for the general public and \$7 for students and are available for purchase online at [www.fgcu.edu/CAS/Music](http://www.fgcu.edu/CAS/Music), or at the door.



Kinga Augustyn photo courtesy of FGCU

For more information, contact Joanna Hoch at (239) 745-4268 or [jhoch@fgcu.edu](mailto:jhoch@fgcu.edu).✱



## Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to [tutsie@centurylink.net](mailto:tutsie@centurylink.net). Each week, individual work will be showcased.

selected by Tanya Hochschild

The next Writer's Read will be held at BIG ARTS on Thursday, March 10 at 7:30 p.m.

### Survival of the Fittest

by Tanya Hochschild

Darwin sailed to the Galapagos, legendary land in lapis, linked the chain of life which clung in the balance, called his idea: origin of species.

Selected into life's boat, he wrote, "those who adapt."

Naturally we selected each other. To inhabit your world I needed like the flightless cormorant, to clip my wings. To inhabit my world you needed,

like a Galapagos sea lion, stones to grind in your stomach to digest life with a wife.

Both born under fire signs, we evolved from volcanic eruptions. You learned, like a Galapagos dove, to coo your appreciation, I learned not to be your albatross on Saturday rugby afternoons

Like Sally Lightfoot crabs, we scampered through years of precious life, found footholds on earth nurtured our young. Comical as boobies with blue flippered feet,

they squealed and danced, appealing to us to keep feeding them.

Two ancients, once with dominant genes, now recessive, slow as tortoises in ill-fitting leather coats, we bubble, crawl, glare and stare – live in harmony, going forward.

Tanya Hochschild is member of a Sanibel Writers Group, has participated in Artpoems and Writer's Reads on the island, and had two books published.\*



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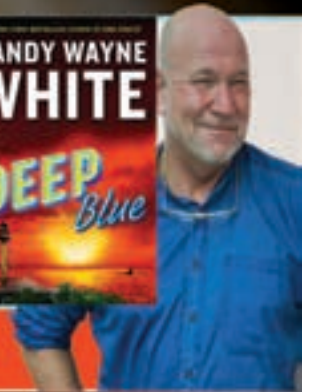
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## Zonta Celebrates 15th Peek With Shorehaven Redux



Bay view

submitted by Dalia Jakubauskas

It's difficult to tell where the blue expanse of San Carlos Bay stops and the interior of this simply stunning waterfront home begins. One of four residences featured on Zonta's 15th annual Peek at the Unique home tour, the entire back of the house, with its towering retractable glass doors, is purposefully open to the elements to bring in as much of the outdoors as possible. The clean lines of the furnishings complement this bayside tableau, taking nothing away from the breathtaking views.



Front view of the home

Built by the Wolter Group Inc., who are generously supporting Zonta by sponsoring this house, and owned by Toronto residents Terrance Cassaday and Brenda Rusnak Cassaday, the home is a reflection of the homeowners' love of simplicity and Sanibel's natural beauty. With the help of her friend, Toronto architect Dee Taylor, Cassaday designed the magnificent family retreat including personal touches such as: Plexiglas prints and wall-sized photos of her five children; and handcrafted Turkish silk carpets re-dyed in non-traditional colors.

Other notable features include bird prints gifted by the Cassadays' friend, Sanibel resident Paul Schiller and, in the kitchen, a massive tempered glass countertop that took 10

continued on page 10B



Marty Harrity, Doc Ford's co-owner; Birgie Miller, DDWS executive director; Sarah Lathrop, DDWS associate director; and Toni Westland, "Ding" Darling supervisory refuge ranger

## Spots Still Open For 'Ding' Darling & Doc Ford's Tarpon Tournament

A 100 percent purse promises to make the 5th annual "Ding" Darling & Doc Ford's Tarpon Tournament on May 7 one of the hottest competitions on the water. It pays out the entire entry fees as tournament awards. Registration

deadline is April 29.

The competition is limited to 50 teams and 23 spots remain. The team fee of \$500 for up to four anglers also includes a captains dinner the night prior and awards ceremony dinner the evening of the tournament. All events take place at Doc Ford's Rum Bar & Grille on Fort Myers Beach.

Doc Ford's – with locations also on Sanibel and Captiva – has again committed to being the title sponsor, along with the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

Diversified Yacht Services of Fort Myers Beach will, for the fifth consecutive year, provide support at the presenting sponsor level.

Proceeds benefit wildlife and conservation education at JN "Ding" Darling National Wildlife Refuge on Sanibel.

"There's not another tarpon tournament like this in the area," said Marty Harrity, Doc Ford's co-owner. "In past years, we've had fishermen from all over the country. Last year, we paid out \$25,375 in awards to five out of 48 participating teams. We already have 24 teams signed up for this year – way ahead of past years."

"Doc Ford's has been a faithful supporter of our efforts at 'Ding' Darling, helping greatly to bolster refuge programs and research to balance federal budget shortfalls," said Birgie Miller, DDWS executive director. "Last year, we raised \$50,000 for the refuge as a result of sponsorships, donations and auction proceeds. We're so grateful to Doc Ford's for this huge effort on our behalf," she added.

For more information, visit [dingdarlingsociety.org/tarpon-tourney](http://dingdarlingsociety.org/tarpon-tourney). Anyone interested in becoming a tournament sponsor may contact Miller at 292-0566 or [director@dingdarlingsociety.org](mailto:director@dingdarlingsociety.org).

Platinum sponsors are Suncoast Beverage, *Florida Weekly*, The Gresham Family, Hogey Lures; gold sponsors are Anisa Stewart Jewelry, Bella Signs & Designs, Island Inn, John Grey Painting, Media Source, Raisers Edge, Sanibel Gear, Sanibel Island Fishing Club.\*





Refuge volunteer Patsy Dicken, right, shows off the lower jawbone of a manatee to people attending last week's Florida Manatees free educational program at the JN "Ding" Darling National Wildlife Refuge

photos by Jeff Lysiak

## Manatee Program Draws Crowd At 'Ding'

by Jeff Lysiak

One of the most beloved marine creatures who frequent the waters of Sanibel and Captiva, the Florida manatee, was the subject of a free educational program offered at JN "Ding" Darling National Wildlife Refuge on Sanibel.

Delivered by refuge volunteer Patsy Dicken, the 30-minute presentation was filled with fun and informative facts about the massive mammals, which are a subspecies of the West Indian manatee. Well known for their gentle, slow-moving nature, manatees take up residence primarily in Florida's coastal waters during

the winter months. An estimated 5,000 manatees can be found in the warm waters of Florida's shallow rivers, bays and estuaries.

According to Dicken, manatees grow to about 1,000 pounds – although some may weigh up to 1,500 pounds – and live approximately 50 years. She pointed out that Mote Marine Laboratory in Sarasota has a manatee that's about 62 years old, "so we don't really know just how old they can get."

During her presentation, Dicken showed samples of a manatee's flipper, which contains a bone structure similar to a human hand, a pair of ribs – one normal and one disfigured as the result of a boat strike – along with the lower jawbone of an adult manatee, which replaces it's molars over time much like a conveyor belt: when a new tooth grows in at the back of the jaw, an old one at the front is pushed out.



Patsy Dicken shares a photograph taken of a mother manatee and her calf

Manatees, whose closest animal relative are elephants, have almost no natural predators. They are, however, threatened by humans because they normally swim near the surface of the water, making them susceptible to boat and propeller strikes. Other threats include red tide and monofilament fishing line, which manatees may mistake for sea grasses they feed upon.

"Almost every adult manatee carries injuries from propellers or boat strikes," said Dicken, who told attendees that people can be proactive in their effort to help protect manatees: when riding on a boat, place a spotter at the front of the vessel to keep a lookout for the slow-moving mammals. Also, follow federal regulations and proceed slowly through waters designated as manatee zones.

Dicken also shared a story from her native West Virginia, where coal miners used to bring a caged canary into the coal mines with them. If the canary stopped "singing" and fell to the floor of its cage, miners knew that the air in the mine wasn't safe to breathe and evacuated quickly.

"Manatees are sort of like the canary,"



The flipper of a manatee contains a bone structure similar to a human hand



A pair of Florida manatees

photo courtesy of VisitFlorida.com

she said of their status as a protected species. "If the manatees go, what animal is going to be next?"

Asked where the best location would be to see manatees in the wild, in addition to local marinas and shallow inlets, Dicken noted the presence of high populations of manatees around the power plant located in Fort Myers off Palm Beach Boulevard. The electric plant generates warmer waters, which manatees are attracted to during winter months. Manatee Park, located one-quarter mile east off of I-75 at Exit 141, is open from dawn to dusk.

The refuge's Florida Manatees program is offered twice weekly, at 11 a.m. on Sunday and at 1 p.m. on Wednesday.

Free daily 30-minute programs offered through April 3 at the Cross Dike Pavilion on Wildlife Drive include:

- Birds of the Refuge – Not sure which feathery friends you are seeing through your binoculars? Learn interesting facts about birds and how to identify them in the estuary.

- Endangered Species – Habitats throughout the world are disappearing, affecting species everywhere. Come discover endangered species of Southwest Florida and what you can do to help them.

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continued on page 6B

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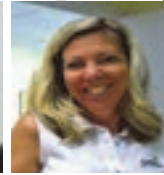
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remodeled kitchen, wood floors,  
charming cottage-style décor, &  
excellent rental income (earning  
\$35+K/yr with owner use).  
\$599.9K



### Sandpebble #2B

Overlooking the Sanibel River,  
2nd floor 2 bedroom with beach  
across the street. Community  
amenities include this bbq &  
waterside dining area, pool,  
tennis, sun deck, laundry, & more.  
\$449K



### Sanibel Moorings #822

Nestled in the tree-tops amid the  
tropical gardens, 2nd floor  
2 bedroom on gulf-side of  
complex, easy stroll to beach,  
pools, canal side docks, tennis, &  
easy-on-site rental office.  
\$474K



### Mariner Pointe #842

2nd-floor bay-view 2 bedroom  
with no upper neighbor; fully-  
equipped as vacation-rental or  
winter home; boat dockage  
available, 2 pools, tennis, fishing  
pier, & deeded beach access.  
\$499K



### Coquina Beach #3G

Spacious 2-bedroom 2nd-floor  
condo with high ceilings & upper  
loft with peek of gulf. New pavers  
on walkways & parking with  
assigned spot just outside the  
entry. Pool & tennis too.  
\$524K



### Lighthouse Point #129

Ground-floor residential split-plan  
condo with this view & over  
1700 sq. ft. of living space  
including 3 bedrooms. Just 29  
steps to bay beach. In convenient  
east-end location.  
\$699K



### 837 Limpet Dr

Lot for single-family home on  
Shell Harbor sea-walled canal cul-  
de-sac. Over 1/2 acre, high & dry,  
with patio dock, & room for large  
pool home. Community beach  
access with parking too.  
\$749K



### Sand Pointe #122

With this view to the gulf &  
remodeled kitchen & baths, this  
2nd floor 2 bedroom has  
produced years of rental income  
& has strong bookings. 2015  
income = almost \$40K.  
\$749K



### Sundial Resort #R401

Top-floor corner remodeled  
2 bedroom with den. Features  
include tray ceiling, granite  
countertops, stainless  
appliances. Terrific view to gulf.  
Vacation or rental ready.  
\$799K



### 1311 Sand Castle Rd

Meticulously maintained olde-  
Florida-style split plan with this  
view. High ceilings, wood floors,  
& floor-to-ceiling windows in  
great room. Pool, spa, separate  
utility room, office, & more.  
\$849K



### Sanibel Surfside #123

Gulf-front east-end 2 bedroom  
earning ~\$50K annually.  
Decorated in bright tropical décor  
& with remodeled white open  
kitchen. You can't get closer to  
the beach than this!  
\$874K



### Sanibel Arms West #E2

Beach-front walk-out 2 bedroom.  
New stainless steel stove, frig, &  
microwave. Income exceeds  
\$70K/yr. Association has low  
condo fees & easy on-site rental  
office has low fees too.  
\$899K



### 918 Lindgren Blvd

A pop-up like no other. Easy-living  
ground-level with huge master  
suite on 2nd floor. Steps to beach  
access, on sea-walled canal, &  
with all new systems, windows,  
doors, roof, & furnishings.  
\$1.495M



# SCCF Conducts Annual Open House



Miles Vinal, left, of Fort Myers handles one of the snakes on display at the SCCF Open House on February 15 with Joey Lord, who was visiting his grandparents on Sanibel  
photos by Jeff Lysiak



SCCF volunteer Kerry Salatino, left, encourages youngsters to participate in a hands-on activity



Coloring fun on the SCCF Visitor Center porch with, from left, Jone Riester, Janis Bice, Joey and Becky Lord

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SCCF Education Director Kristie Anders, left, prompts Liz Beans to do her impersonation of a zebra longwing butterfly



A crowd gathered on the SCCF Nature Center porch to listen to kids perform during the Nature Sounds competition



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# Sanibel Sea School Celebrates 10 Years Of Ocean Education



**“The children I work with are different when they’re in the presence of the ocean. Sanibel Sea School gives them a place where they can let their guard down, forget about their worries for a few hours, and be overcome by the excitement of ocean discovery,” said Shari Clark, resident coordinator for the Pine Manor Improvement Association**

Octifest On The Beach, Sanibel Sea School’s annual ocean celebration and fundraiser, will once again be held bayside on Causeway Island A. The event will take place on Saturday, March 19, and this year’s celebration marks 10 years of ocean education and outreach on Sanibel by the nonprofit marine conservation foundation.

“It’s really incredible to look back at the past decade and consider how much our organization has grown,” said Dr. Bruce Neill, who opened Sanibel Sea School in 2006 with his wife, Evelyn Monroe Neill. What started as a tiny school offering ocean-

themed day classes for kids now also offers summer camps, boat trips, adult programs and more – and all outings are field-based, so students build meaningful connections with the marine environment while getting their feet wet, and leave feeling inspired to be better stewards of our seas.

Sanibel Sea School has also forged strong partnerships with local organizations including the Heights Foundation, Pine Manor Improvement Association and Gladiolus Center for Learning and Development, bringing hundreds of at-risk kids to experience the wonders of the ocean and its inhabitants each year.

“We call them our landlocked kids,” Neill explained. “They live just a few miles from the coast, but some have never set foot on the beach. Showing these kids a seahorse or a manatee for the first time is pure magic – it opens their minds to a whole new world.”

It is thanks to support from the local community that Sanibel Sea School is able to provide these outreach programs, which are fully funded by donors. Octifest is the largest source of funds for the organization each year.

“We hope you will come out to enjoy the sunset, eat a delicious meal, and help us continue to do great things for our oceans and our kids,” Neill added.

Sanibel Sea School is a marine conservation nonprofit whose mission is to improve the ocean’s future, one person at a time. To learn more about Octifest or to purchase tickets, visit [octifest.org](http://octifest.org) or call 472-8585. ✨

## From page 2B ‘Ding’ Manatee Program

alligators and caimans. Learn how to identify families and local species in the refuge.

- Reptiles & Amphibians – Come and discover our underappreciated refuge residents: snakes, lizards, toads and frogs.
- Birds of Prey of Southwest Florida – Discover which birds of prey live in Southwest Florida and learn about their adaptations for survival.
- Shorebirds of the Refuge – Stumped by those little brown birds? Come to learn how to identify the tricky shorebirds. Serious birders are invited; all are welcome.

In addition, programs offered inside the refuge’s Visitor & Education Center include:

- Family Craft & Story – Join a naturalist for story-time at our refuge. Bring your family to hear an exciting wildlife-themed story and make a craft about an animal from our estuarine ecosystem. Story-time is appropriate for pre-K through sixth graders, although everyone is welcome.

• Florida’s Venomous Wildlife – Learn about the venomous wildlife that lives in Southwest Florida. We will teach you how to identify the animals and their habitats. Fun for all ages.

• Nature Photography – Get back to nature and learn the art of nature photography using basic equipment.

To check the daily schedule of events and activities at the JN “Ding” Darling National Wildlife Refuge, visit <http://ding-darlingsociety.org/programs-tours>. ✨

Send your editorial copy to:  
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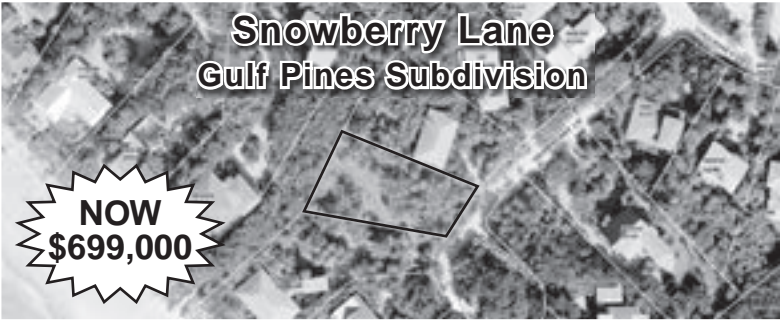


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This property is located one lot from the Gulf of Mexico, with a potential gulf view from first or second floor of a piling home, deeded beach access from the rear of the property. Short walk to the community pool and tennis(one block), quiet neighborhood of single family residents. Near world class Blue Ribbon elementary school and shopping. It is believed that a home of 3800 sq. ft. will meet the building requirements for Sanibel, actual size might vary.

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# CROW Hosts Annual Volunteer Appreciation Dinner



CROW volunteers gathered at The Community House on February 16

The Clinic for the Rehabilitation of Wildlife honored its outstanding volunteers during CROW’s Annual Volunteer Appreciation Dinner on February 16 at The Community House. The dinner recognized more than 150 volunteers who provided thousands of hours of service to CROW and the community. The volunteers provide a number of services including emergency rescue, first responders, gift shop, education and animal care. Together, the volunteers have given approximately 17,000 hours of service to

CROW in 2015 resulting in a savings of more than \$170,000 in salaries. A breakdown shows percentage of volunteer hours served in varied areas:

- General Patient Care – 66 percent
- Gift Shop/Visitor Center – 13 percent
- Transport/Rescue – 12 percent
- Grounds/Maintenance – 3 percent
- Community Events – 4 percent
- Educational Programs – 2 percent

Exemplary volunteers honored for number of hours served include:

- Ruth Parks – 744 hours.

- Elisabeth White – 618 hours.
- Jay L. Solomon – 571 hours.
- Barb Walling – 501 hours.
- Elissa Karasin-Samet – 388 hours.
- Janet Lucree – 376 hours.
- Marilyn Hart – 369 hours.
- Laura Oliff-Maxey – 367 hours.
- Joann Hinman – 324 hours.
- Ginny Holford – 307 hours.

The annual dinner is CROW’s way to show its appreciation for the hard work and dedication of its volunteers. Without them, the mission could not be accomplished.\*\*



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# BIG ARTS Annual Benefit Deemed A Success

Nearly 400 guests danced the night away at the sold out BIG ARTS annual benefit on Saturday, February 13. Co-chaired by Susan Scott and Sherry Halleran, the evening kicked-off with champagne before the show, which featured The Hit Men: Legendary Performers with Frankie Valli, Carole King, Cat Stevens and more. The toe-tapping golden oldies were enjoyed by everyone as well as the anecdotes the performers shared about the stars they have worked with over the years. After a standing ovation and an encore, guests were greeted with fine wine and incredible desserts outside under the stars in BIG ARTS Boler Garden. The festivities continued with more music and dancing. The annual benefit committee members include Gail Bachman, Jacquie Burke, Liz Clark, Francine Dale, Dorothy Donaldson, Mary Jo Griffin, Maddy Hanlon, Betty Hayes, Shirley Jewell, Heidi Keevins, MJ Luebbbers, Harriet Pattison and Linda Winn. A very special thank you goes out to the Sanibel Sweet Shoppe and the Jacaranda. "We could not be more grateful to all the volunteers and donors whose generosity makes BIG ARTS possible", said Lee Ellen Harder, executive director. A round of applause goes to sponsors John M. and Mary Jo Boler; FineMark National Bank & Trust; L.A.T. Foundation; Sanibel Captiva Beach Resorts; Private Physicians of Southwest Florida; Congress Jewelers; Helen and Chuck Kettelman; Deborah and John La Gorce; Patricia and Davis Thurber; and Penny Wilkinson. For more information about BIG ARTS, go to [www.BIGARTS.org](http://www.BIGARTS.org).



Sherry Halleran and Susan Scott, co-chairs of the BIG ARTS Annual Benefit



A standing ovation for The Hit Men in BIG ARTS Schein Hall



Scot and Melissa Congress and Elissa Karasin-Samet and Michael Samet

more photos on page 9B

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Sherry Halleran, Susan Scott, Penny Wilkinson and Don Rice with members of The Hit Men



Chuck Kettman, Lee and Gene Seidler and Helen Kettman



Annual benefit guests at the post-show reception in the Boler Garden

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## Former Twins Manager Gardenhire Still Without A Job



by Ed Frank

This will mark the second straight Spring Training where a familiar face will be absent at the CenturyLink Sports Complex. In fact, it's indeed surprising that this successful former baseball manager is no longer even in the game at the relatively young age of 58.

Most thought that when Ron Gardenhire was fired as Minnesota Twins manager at the end of the 2014 season, he would be hired quickly by another team with the bevy of managerial vacancies that occur every year.

But it didn't happen for Gardenhire in 2015. And now, with Spring Training underway for the 2016 season, he still hasn't a job.

The fiery and popular former Twins manager guided his team to six American

League Central Division championships in his first nine years. The next four, however, were a different story with 90-plus losses each season, and last-place finishes in three of the four.

He wasn't completely to blame for the four-year free-fall as Twins management admitted at the time that the lack of talent contributed to the demise.

Overall, his record was 1,068-1,039 (.507) and he was only the 10th manager in baseball history to win more than 1,000 games with the same team. He was named American League Manager of the Year in 2010.

Gardenhire took over as Twins manager in 2002 after serving 11 seasons as the team's third-base coach. Smart, a shrewd evaluator of talent and highly knowledgeable of the game, Gardenhire was certain to hook on with another team quickly – at least that's what many experts thought. He had a year remaining on a two-year contract when Twins General Manager Terry Ryan fired him in 2014. Ryan did offer him a job within the organization last year, but he reportedly turned it down awaiting an on-field offer from another team.

In this past off-season, he was a finalist for the San Diego job having been interviewed there twice. When the Padres hired Andy Green as manager, there were reports

continued on page 12B

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Glass countertop in the kitchen

From page 1B

### Zonta Peek

men to carry.

This is the second time the Cassadays have generously opened a home to Zonta's Peek. They formerly owned Shorehaven, a historic 1920s Sears & Roebuck kit home that stood in this location and was featured on the 2009 Peek. Rather than demolish it, the Cassadays donated it in 2012 to the Sanibel Historical Museum and Village, working with the City of Sanibel to have it moved to the village, where it stands today.

The decision to allow Zonta access to her home was not difficult, said Brenda. "Zonta is a wonderful organization that does great work for women," she said. "Participating in the Peek at the Unique event provides an opportunity for our family to support their incredible work. It is our honor to open the doors of our home for this important event."

Set for Saturday, March 12, the Peek is sold out, with more than 600 "Peekers" participating, but some tickets are still available for a smaller, exclusive VIP tour that includes a private guide, mimosas and lunch. Inquiries may be sent via email to [zontaviptour@gmail.com](mailto:zontaviptour@gmail.com).

The money raised by the Peek is distributed in the form of grants by the Zonta Foundation of Southwest Florida, a registered 501(c)3, to organizations that empower women. For those not attending the Peek but who wish to support Zonta's efforts, there are other ways to help including making a tax-deductible donation or purchasing raffle tickets for a chance at six fabulous prizes. Raffle tickets are \$10 each, available from Zonta members, or at the Sanibel Farmers' Market on March 6 and at Bailey's General Store on weekends leading up to The Peek. For more information on how to give, visit [www.zontasancap.com](http://www.zontasancap.com).✪



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**Ron Gardenhire**  
photo courtesy Minnesota Twins  
From page 10B

## Gardenhire Still Without A Job

that Green was interested in bringing on Gardenhire as his bench coach. That

didn't occur either as the job went to Mark McGwire.

Finally, Gardenhire's name surfaced along with several others for the Washington Nationals job. Veteran Dusty Baker was hired instead.

The former Twins skipper resides part-time here in Fort Myers and in Minnesota.

Even though he has failed to land a job to date, you have to believe that his vast experience and ability will still be sought by someone in the not-too-distant future.

And if that doesn't occur, don't be surprised if he rejoins the Twins organization in some capacity.

**Grapefruit League to Start; Twins and Red Sox First Week Home Schedules.**

**Minnesota Twins** –Thursday, March 3 – Boston Red Sox; 7:05 p.m.

Saturday, March 5 – Baltimore Orioles; 1:05 p.m.

**Boston Red Sox** – Monday, February 29 – Doubleheader; Boston College and Northeastern University; 1:05 p.m.

Wednesday, March 2 –Minnesota Twins; 1:05 p.m.

Friday, March 4 – Tampa Bay Rays; 1:05 p.m.

Sunday, March 6 – Baltimore Orioles; 1:05 p.m.\*

### SANIBEL 8-BALL POOL LEAGUE 2015-16 Standings through February 22

Standing	Team Name	Won	Lost
First	Bunt's Ball Busters	260	140
Second	Sandycappers	198	202
Third	Sanibel Café	191	209
Fourth	Fresh Legion Crew	151	249

#### February 22 Results

Bunt's Ball Busters	11	Fresh Legion Crew	9
Sanibel Café	12	Sandycappers	8

#### Sanibel 8-Ball Pool League

### Crew Upset Falls Short

The Fresh Legion Crew fell two games short of posting a big upset over league-leading Bunt's Ball Busters even after Doc Lubinski's 4-0 whitewashing of Ken Rasi. Lubinski's support only managed to win an additional five games as the Crew fell 11-9. Steve Gordon, Kip Johnson and Bob Buntrock racked up 3-1 victories for Bunt's. Bad luck award of the night went to the Crew's Nate Buffam who managed to knock the eight ball in early in two games, thus giving Bunt's two free gifts and ultimately the match.

Seven wins out of their last eight games propelled Sanibel Café to a 12-8

victory over Sandycappers. The effort pulled the Café to within seven games of the Cappers in the battle for second place. The two teams meet only one more time before the season ends on March 21. Big man for the Sanibel Café was Pete Mindel with four masterful wins over Sandycapper Captain Kevin Pottorf. He was aided by Graham Sell's three victories over Gary Murza. Sanibel Café Captain Rich McCurry manufactured the shot of the night when he jumped the cue ball into a corner pocket. Great shot but it was a foul, and McCurry went on to lose the game to Jeff Brown. Sad.

The League's singles tournament is set for Monday, March 28. Rich McCurry, Bob Buntrock and Cecil Crowe have entered to date. The tournament is limited to league players who have played five weeks or more. Last year's event drew 24 shooters.\*

### SPORTS QUIZ

1. In 2015, pitcher Dillon Gee set a New York Mets record for lasting at least five innings in the most consecutive starts (51). Who had held the mark?
2. Who is the all-time leader in saves for the Philadelphia Phillies?
3. In 2014, Detroit's Calvin Johnson set a record for fastest NFL player to 10,000 receiving yards (115 games). Who had held the mark?
4. When was the last time Yale's men's basketball team reached the NCAA Tournament?
5. How many consecutive Game Seven playoff losses have the Anaheim Ducks suffered entering the 2015-16 NHL season?
6. Name the oldest U.S. male swimmer to win an individual Olympic gold medal.
7. Who was the last men's golfer before Jordan Spieth in 2015 to make a birdie on the 72nd hole to win a U.S. Open by one stroke?

### ANSWERS

1. Dwight Gooden, with 50 consecutive starts (1987-89). 2. Jonathan Papelbon, with 123. Jose Mesa is second, with 112. 3. Torrey Holt did it in 116 games. 4. It was 1962. 5. Three consecutive Game Sevens. 6. Duke Kahanamoku, who won in 1920 at age 30. 7. Bobby Jones, in 1926.



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# Abbott Elected To United States Power Squadrons' Board

Sanibel resident Mary Paige Abbott was elected to serve on the National Governing Board of the United States Power Squadrons on February 20. The honor came at the 102nd annual meeting of the USPS Governing Board in Orlando. As the new administrative officer of the world's largest non-profit boating education and safety organization, Vice Commander Abbott will rely on her years of past experience with the USPS.

Mary Paige and her husband, Steve, joined the local Sanibel Captiva Sail & Power Squadron in 2000 where she served in positions of assistant education officer, administrative officer, executive officer and then squadron commander in 2006.

At the District level, Mary Paige served as District 22 commander in 2010 after terms as executive and administrative officers. District 22 includes 17 squadrons along Florida's western coast and is one of the largest of 33 districts nationwide made up of nearly 400 squadrons and approximately 30,000 members.

Abbott went on to serve as rear commander on the national marketing committee in 2015, on the national membership committee from 2012 to 2015, as well as an aide to the chief commander. She has also achieved the USPS highest proficiency rating of senior navigator and inland navigator after the completion of numerous education and boating skill courses.

In early February, Steve was elected as squadron commander of the Sanibel Captiva Sail & Power Squadron, a position he also held in 2009-2010. He also holds the rank of rear commander at the national level serving as assistant national educational officer. Other squadron members serving the USPS at the national level are Staff Commander Jim Strothers as assistant chair of squadron activities and Staff Commander Jack Purse as assistant chair of basic public education.

Locally, the Sanibel Captiva Sail & Power Squadron teaches a variety of boating courses. The next boating course, emphasizing safely navigating our local waters, will be held at the Sanibel Public Library in two sessions on March 14 and March 26. Register at USPS.ORG/findacourse or with instructor Jay Brown at jaybrown1@icloud.com. ✨



Mary Paige Abbott with Past Chief Commander Robert Baldridge



Vice Commander Mary Paige Abbott receiving congratulations from Chief Commander Louie Ojeda of the US Power Squadrons

# Early Bird Registration For After School Program Winter Trimester

To take advantage of the Early Bird rates, you must register by Monday, February 29 for the 2015-16 Sanibel Recreation Center After School Program Spring Trimester. Stop by the Sanibel Recreation Center, 3880 Sanibel-Captiva Road, or call 472-0345.

The after school program runs Monday through Friday from 2:10 to 5 p.m. throughout the school year. It is available for children ages kindergarten through sixth grade. Offered again this year will be trimester payment options. The after school program registration fees are as follows:

A supervised seventh and eighth grade program is also available Monday through Friday from 2:10 to 5 p.m. throughout the school year with the purchase of a recreation center membership.

Financial assistance is available to families of program participants based upon individual need. Daily, weekly, semi-annual and annual memberships are available. Visit the website at [www.mysanibel.com](http://www.mysanibel.com). ✨

Dates	Early Bird Rates	After Early Bird Rates
Spring Trimester March 7 to June 10	Member: \$223 Non-Member: \$279 Registration by February 29	Member: \$268 Non-Member: \$335 Registration on or after March 1

# Japanese Steakhouse And Sushi Bar Now Open At Sundial

Shima Japanese Steakhouse and Sushi Bar is now open at Sundial Beach Resort & Spa on Sanibel, offering culinary entertainment and artistry with a teppanyaki and sushi menu. Diners will get an authentic Japanese experience as their meal is artfully prepared before their eyes at the hibachi grill. Shima also features fresh sushi expertly prepared and perfectly orchestrated to delight the senses.

"As the only Japanese steakhouse in the area, we're delighted to present a new culinary experience to residents, visitors and resort guests," said Phillip Starling, general manager at Sundial Beach Resort & Spa. "Shima truly is a unique dining destination."

Guests may choose from an array of starters and sushi followed by entrees from the land or from the sea as well as house specialties. A Kodomo menu for children includes both hibachi and sushi selections.

Shima is located off the resort's main lobby. Dinner is served from 5 to 10 p.m. Tuesday through Saturday. Reservations may be made at [sundialresort.com/eat](http://sundialresort.com/eat). Sushi specials will also be available at the resort's Sea Breeze Café and Turtle's Pool & Beach Bar.

For more information, call 472-4151 or visit [sundialresort.com](http://sundialresort.com). ✨



Pictured from left, Rob Lisenbee, Bank of the Islands loan officer; Barbara Von Harten, Sanibel School principal; Christian Fautz, Sanibel School fund advisor; Willy Ocasio, bank office manager; and Kim Kouril, Sanibel School fund president

# Bank Sponsors Sanibel School

The Sanibel School would like to thank Bank of the Islands, which is once again a grand sponsor for the Sanibel School Fund's Blue Ribbon Partner sponsorship program. Bank of the Islands has continued its generous support, which helps to raise and contribute funds to maintain the school's foreign language program and support enhancements in technology for the school.

Because of support from businesses like Bank of the Islands, students at The Sanibel School are able to take lessons in Spanish from kindergarten through 8th grade. The school serves approximately 350 students, is a nationally recognized Blue Ribbon School and is a top-rated K-8 school in the state of Florida. ✨

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# Sanibel Couple Raise Funds For Local Food Pantries

by Jeff Lysiak

Five years ago, for no specific reason, Mike Bulger decided to go on a three-day fast. Instead of eating his usual three meals per day, the Sanibel resident – originally from London, England – chose to forgo food and consume only water.

“I just felt compelled to do it,” said Bulger. “And during that time, I never felt as hungry as I did at that moment.”

On the day before his fast was about to end, Mike’s wife, Sharon, asked him what he planned to eat for his first meal. It was then that a compelling idea sprung into his mind.

“I thought to myself, how lucky I am to have the luxury of choosing whatever I wanted to eat, and how much I wanted, and whenever I wanted to eat,” he recalled.

It was on that first day following the fast that the Bulgers each decided to put aside \$1 for one meal, each and every day, which would be donated to helping feed the hungry.

After doing some research, they discovered that the Harry Chapin Food Bank could turn each dollar donated to the food pantry into \$6 worth of food.

Inspired by the simple concept they had created, the Bulgers soon started a Christian-based charity called Feed The 5000 Now.

“During tough economic times, few states suffer as badly as Florida,” they said. “Decent, hard working neighbors of ours find themselves facing the harsh reality of not having enough to eat.”



Sanibel residents Sharon and Mike Bulger launched an initiative to raise funds for four local food pantries photo by Jeff Lysiak

In 2011, the couple brought the idea of Feed The 5000 Now to Sanibel Community Church, asking their fellow parishioners to donate whatever they could – 10 cents a day, \$1 a day, \$2 a day or more – towards their initiative. Following a 100-day effort, the church had collected \$12,000 in cash.

Mike explained that through the Harry Chapin Food Bank, a person who donates just 10 cents per day will be able to feed three people in need for a month. Those who give \$2 per day – like the Bulgers do – can feed 60 people every month.

Last year, Sanibel Community Church dedicated its annual Mission Month of February to the Feed The 5000 Now project. Above all expectations, parishioners raised \$50,000, which the food bank converted into \$300,000 worth of food.

Since starting the program, \$509,942 has been raised to assist local food pantries, including FISH of SanCap, which serves more than 300 island households annually.

This year, the Bulgers are bringing another new concept forward and are hoping that even more local residents take part in their cause.

“During the month of March, we are asking that people put aside whatever they can – a dime, a quarter, 50 cents or \$1 per day,” explained Mike. “We saw this as a way to keep the local food pantries going throughout the summer, when the pantries usually are running very low.”

The March 2016 appeal will help support four local food pantry programs: FISH of SanCap, Fort Myers Rescue Mission, Salvation Army Food Pantry and Southwest Florida Food Pantry Coalition. One hundred percent of the money raised will be put towards purchasing food for the hungry.

In the United States, 49 million Americans are struggling with food insecurity. One in six adults, as well as one in four children, are at risk. In Lee County alone, there are 92,000 people affected by hunger.

“The facts are easy to understand... people we pass on the streets every day, our neighbors, we don’t know if they are hungry,” said Bulger. “We have to change the face of what we think hunger looks like. The reality is that we don’t know what that face looks like.”

To make a donation to Feed The 5000 Now, call Sanibel Community Church at 472-2684 or send a check – made payable to SCC with Feed The 5000 Now written in the memo line – to Feed The 5000 Now, P.O. Box 1011, Sanibel, FL 33957. For additional information about the initiative, call Mike and Sharon Bulger at 472-5574 or email [mandsbulger@feedthe5000now.com](mailto:mandsbulger@feedthe5000now.com).

“We believe in the simple principle of helping our neighbors in times of need,” they added. “Try not eating for only one day. That’ll change your perspective pretty quickly. And we’re not talking about helping people in some far-off land... hunger is here.”\*\*



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## Eden Energy Medicine

Soothing Moves  
For Mother And  
Unborn Child

by Karen L.  
Semmelman,  
Certified EEM,  
JD, AAML

**H**ere is the scenario. Becky is pregnant for the first time. She is working full time and so is her husband. They want

to do everything perfect, but both are feeling under a fair amount of stress. Becky's hormones are changing as the baby grows and she seems so much more emotional from her husband's standpoint. Becky and Bob find they are arguing more than they ever have, which only stresses them more because they know that the baby is picking up the stressors through Becky. What are they to do?

Let's start with what we know. We know that Figure 8s are part of the Celtic Weave Energetic System that weaves all of our energies together so they function as a single web of energy. The stronger and brighter the 8s, the more resilience, balance and calmness one feels. Figure 8s are found everywhere in our bodies and in our auras. Our DNA is in the shape of 8s. So if under stress emotionally, physically or spiritually, by beginning the movement of the energy in the distressed area by

making figure 8s, whether small or big, motion is activated and energy is immediately shifting.

Becky and Bob can both make figure 8s over the baby at the same time. The 8s can be done in any way that is comfortable for them. What is happening? All of their energies are blending together, forming a cohesive calming effect for all three of them. The stress for the baby is dramatically reduced as the 8s reach him/her; plus the parents are feeling closer and calmer since their auric fields are all now in synch with each other.

Another option is for Becky to make 8s over her belly whenever she is feeling stress or upset of any kind. It assists in soothing her and the baby. Simple, but yet so powerful. There are many more tips for pregnancy in the *Energy Medicine book for Women* – in fact an entire chapter is devoted to pregnancy.

One final tip. It is extremely beneficial for a pregnant mother to keep her energies crossed and stay out of a homolateral state (meaning the energies are running up and down the body and not crossing from the left hemisphere of the brain to the right side of the body and vice versa).

Next week's topic is Acid Reflux? EEM to the Rescue. Send questions to Karen at [SemmEnergyCenter@gmail.com](mailto:SemmEnergyCenter@gmail.com). Prior articles may be found at her blog or through *Island Sun*.

*If you have a question, email Karen at [SemmEnergyCenter@gmail.com](mailto:SemmEnergyCenter@gmail.com) or visit [www.semmelmanenergy.com](http://www.semmelmanenergy.com). EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.\**

Trust Company  
Program

**T**he Sanibel Captiva Trust Company will host a special session at The Sanctuary on Wednesday, March 9 from 9:30 to 11:30 a.m., entitled Countdown to an Estate Plan, addressing the urgency to manage estate planning if memory loss is imminent. The session is part of the trust company's 2016 WOW (Women. Opportunity. Wealth.) Women's Series, which is designed to empower women to be better informed and prepared to handle their lives independently.

The speakers are Dr. Frederick W. Schaerf, from the Neuropsychiatric Research Center of Southwest Florida and David F. Port, JD of The Sanibel Captiva Trust Company. They will review how memory loss due to Alzheimer's disease or other neurological disorders can jeopardize the quality and strength of an estate plan, and help attendees learn the warning signs and why it is vital to make trust and estate planning decisions promptly if memory health is in question.

"It is essential for women to feel confident and secure about making decisions concerning investment and estate planning. WOW is designed to help our clients and friends cut through the

clutter and understand the importance of planning their future," said Robin L. Cook, executive vice president, wealth services, The Sanibel Captiva Trust Company.

Interested attendees should contact Frances Steger at The Sanibel Captiva Trust Company at 472-8300 or [FSteger@sanicaptrustco.com](mailto:FSteger@sanicaptrustco.com). Seating is limited. WOW sessions are designed for qualified attendees who have \$2 million of investable assets or more.\*

Top Ten Books  
On The Island

1. *Discovering Florida*, by John Worth
  2. *The Four Wives of the Sanibel Sunset Detective*, by Ron Base
  3. *The Sanibel Sunset Detective*, by Ron Base
  4. *Coconut Cowboy*, by Tim Dorsey
  5. *Art Calusa*, by Theresa Schober
  6. *Yoyo and the Piggybank*, by Susan Werner Thoresen
  7. *Florida Roadkill*, by Tim Dorsey
  8. *Sanibel Flats*, by Randy Wayne White
  9. *When Breath Becomes Air*, by Paul Kalanithi
  10. *Storied Life of AJ Fikry*, by Gabrielle Zevin
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## School Smart



by Shelley M.  
Gregg, NCS

**Dear Shelley,**  
I think my 6th grade daughter is being bullied. She doesn't talk about it and I don't see any bruises on her, but some things she has

said recently have made me think that she may be a target. Everything has gone well for her in previous grades and she is a good student. What should I look for?

*Claudia V., Cape Coral, Florida*

**Claudia,**

Sadly, bullying is everywhere at schools today, and it can show up in several forms. Stopbullying.gov says that there are three main types of bullying. Verbal bullying, which is saying, or writing mean things includes teasing, name-calling, inappropriate sexual comments, taunting and threatening to cause harm.

Social bullying, or relational bullying involves hurting someone's reputation or relationships. Social bullying includes: leaving someone out on purpose, telling other children not to be friends with someone, spreading rumors about someone and embarrassing someone in public. This type of bullying is often in the form of cyber bullying.

According to the National Association of School Psychologists, "160,000 students each year fail to attend school out of fear of relational aggression".

Physical bullying is the third type most often seen and involves hurting a person's body or possessions. Physical bullying includes hitting/kicking/pinching, spitting, tripping/pushing and taking or breaking someone's things.

Research tells us that girls use relational bullying more than other forms and that it is most extreme in middle school. Puberty and escalating desire for popularity is what makes formerly nice girls turn into mean girls. Relational bullying is a type of aggression in which harm is caused through damage to relationships or social status within a group rather than physical violence. Girls bully to gain more popularity, while lowering the status of the victim. And bullies tend to be already

popular girls who are well liked by teachers in the school. Sometimes the nice girls at school can be the most vicious.

You may want to discuss your suspicions with your daughter's teacher. Ask her if your daughter appears gloomy, moody, or inattentive. Find out if such activities like finding a seat in the lunchroom or finding a partner in class seem to cause anxiety for her. Also find out if there have been any interactions with girls in the locker room, buses, or hallways that have been unusual. These common areas in schools are often the setting for social bullying. Find out if your school has a bullying prevention program. It might be helpful for you and your daughter.

Here are some things you can discuss with your daughter to help her.

Teach her to solve problems without relational aggression and praise her when she does. Further, teach by example; do not bully or gossip to your daughter or other people in front of her.

Listen to your daughter when she tells you that she is being bullied and take her seriously. Also, listen to her when she talks about other girls to make sure that she is not bullying.

Talk to your children about their friends and school day; let them know that you are a safe and supportive person to talk to.

Encourage your daughter to support other girls who are being bullied and to make friends with them.

Make it known to your daughter that there are counseling services available at school if she feels comfortable and wants to discuss her bullying problems. Encourage and support her to see a counselor or the school psychologist.

Many girls do not want to get the bullies in trouble for fear of more severe repercussions. Take the wishes and feelings of your daughter into account before making a decision about how to proceed.

*Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.\**

## FSW Hosts Family Math Night

The Florida SouthWestern State College (FSW) School of Education will host Family Math Night on Monday, March 14 from 5:45 to 7:30 p.m. at The Heights Foundation, located at 15570 Hagie Drive in Fort Myers. Students in kindergarten through the fifth grade are encouraged to attend this free family-oriented event centered on math games.

"Many parents get stuck in a homework rut with their children," said Mary Robertson, FSW Professor of Mathematics Education. "This event is

designed to give parents and their children fun ways to teach and learn mathematical concepts."

Attending families will play games created by FSW School of Education teacher candidates. This free event is open to the public. Students are encouraged to register at [familymathnight@fsw.edu](mailto:familymathnight@fsw.edu).

For more information about Family Math Night at FSW, contact Mary Robertson at 432-5212 or [mary.robertson@fsw.edu](mailto:mary.robertson@fsw.edu).

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### Coconut Snapper with Spinach Endive Sauté

3 tablespoons olive oil, divided  
 4 6-ounce snapper filets  
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 1/4 teaspoon black pepper  
 2 cloves garlic, crushed  
 1 teaspoon fresh ginger, peeled and grated  
 1/2 cup diced onion, divided  
 1 cup canned coconut milk  
 2 tablespoons fresh lime juice  
 1 teaspoon soy sauce  
 1/4 teaspoon hot sauce  
 1/2 cup fresh cilantro, chopped  
 1 head Belgian endive, thin sliced  
 1 10-ounce bag spinach, washed

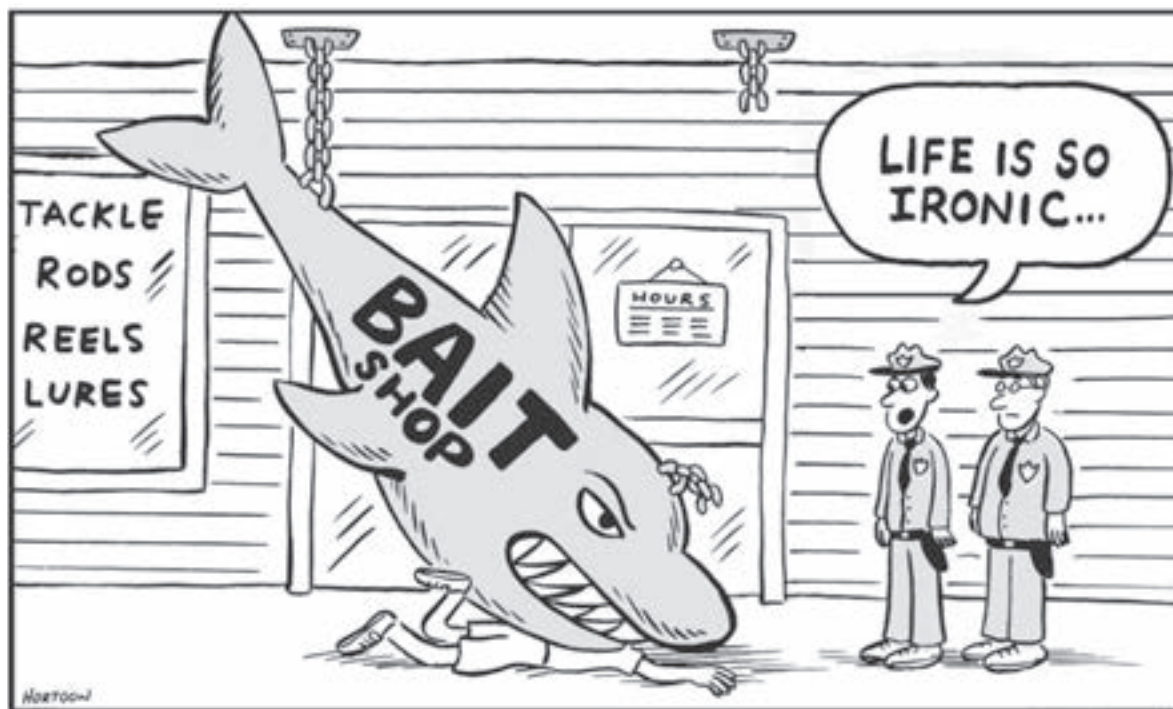
Season fillets with salt and pepper. In large sauté pan, heat 1 tablespoon olive oil over medium-high heat. Cook fillets 3 to 4 minutes per side until cooked through. Remove fish from skillet and keep warm.

For coconut sauce, return pan to heat and cook garlic, ginger and 1/4 cup onion until tender. Add coconut milk, lime juice, soy sauce, hot sauce and bring to a boil. Lower heat and add cilantro; simmer for 5 minutes.

In a separate, large skillet, heat the remaining oil over medium-high heat. Sauté remaining 1/4 cup onion, endive and spinach until greens are just wilted. Serve fillets with sauce over sautéed vegetables.

Yields four servings.✱

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## Zonta Awards Grant To SalusCare

The Zonta Foundation of Southwest Florida has awarded a \$9,000 grant to SalusCare, Inc. to provide educational needs for women recovering from substance abuse at SalusCare's Transitional Living Center on Grand Avenue in Fort Myers.

The money will be used to purchase computer software, educational and recovery materials and stipends for about 60 women in recovery to enable them to complete coursework and file job applications.

The overall goal is to help women in recovery obtain the skills they need to earn a living wage and become self-sufficient in the workplace.

"We are so grateful to the women of Zonta who have so graciously supported our women for many years," said Rosemary Boisvert, SalusCare assistant vice president of residential services. "Our goal is to remove the barriers that prevent them from being successful. If they need financial assistance for tuition, we can help with that. If they need help with supplies or transportation to get to school or training, we can assist with that as well."

"While at SalusCare's Transitional Living Center, the women work very hard at learning skills for the job of liv-

ing in sobriety. This grant will help them build on their newfound skills and give them something more to enhance their chances of maintaining their sobriety and self-sufficiency," Boisvert said.

"We have been very fortunate to have this long lasting relationship with the Zonta Club of Sanibel-Captiva. The Zonta Club gives our women far more than dollars. They also give of themselves," Boisvert said.

Zonta has been a partner with the women in the Transitional Living Center since 2000 and has provided grants totaling \$129,000 and hundreds of hours of time to support the needs of women recovering from substance abuse.

For example, for nine months each year, The Sanibel-Captiva Zontians travel to the Fort Myers Transitional Living Center campus of SalusCare to work hand in hand with the women in the halfway house. Projects vary from jewelry making to women's health and everything in between.

"The Zonta group is an amazing asset to our community. They have partnered with other agencies, such as Human Trafficking Awareness Partnership, to help our ladies learn to help others. The annual beach cleanup is a big event that allows our women to work with Zontians and make a day out of giving back to the community and to respect the earth. The Zontians don't teach -- they interact, guide and mentor our special population of women in addiction," Boisvert said.

The 16-bed women's halfway house

opened in 2009. The women's facility provides treatment for 45 to 60 women per year who have completed the residential treatment program and moved into the halfway house for extended treatment.

For more information, call 275-3222 or visit [www.SalusCareFlorida.org](http://www.SalusCareFlorida.org).\*

## Reading Festival Features Fun, Fear And Fantasy

As with all well-written storylines, the lineup of authors at the Annual Southwest Florida Reading Festival has taken a couple of twists and turns. Don't worry; there is still great suspense, humor and fun to be found at the festival at Harborside Event Center and Centennial Park in downtown Fort Myers on Saturday, March 19 from 10 a.m. to 4 p.m.

The reading festival will feature 23 best-selling authors for adults, teens and children. These authors plan to attend the festival from all over the country to help inspire daily reading, to remind the community that books change lives for the better, as well as sell their newly released books. The festival is a daylong event filled with fascinating and dynamic author presentations, lively programs and activities for teens and children, the latest library technology, contests, book-sellers,

book signings, a free book for every child and teen and the Reading Rocks! Teen Battle of the Bands. The festival draws an average of 18,000 people annually.

The reading festival is the largest one-day reading festival in Florida and is designated a Top 20 Event in the Southeast for the month of March by the Southeast Tourism Society.

"It is so entertaining to speak with these imaginative people," says festival coordinator Margie Byers. "Their stories about their writing experiences are as entertaining as the books themselves."

The festival kicks off Friday evening, March 18, with Evening with the Authors at the Marina at Edison Ford, where the authors meet, mingle and dine with attendees. A few of the award-winning authors scheduled to attend the events include adult authors: Meg Cabot, Paul Doiron, Debbie Macomber; teen authors: Joelle Charbonneau and Trish Dollar; children's authors: Candace Fleming and Eric Rohmann and many more. The complete list of authors can be found at [www.readfest.org](http://www.readfest.org).

The reading festival is free and is 100 percent community supported through generous donations, sponsorships and grants. To help ensure the continuation of this free community event visit [www.readfest.org](http://www.readfest.org) to make a secure online donation. Author information, dates of partner events, directions to the event and more is available for your convenience 24 hours a day at [www.readfest.org](http://www.readfest.org) or call 479-4636. Saturday, March 19 \*

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# Store Donates \$1,000 To Island Cub Scouts



Cub Scout Pack 1740, representing the Sanibel and Captiva communities and chartered in December 2015, received a \$1,000 donation from Bailey's General Store earlier this month. Pictured front, from left, cub scouts Ronan Maughan, Sam Kupsaw, Charlie Stone, Kyler Kouril and Nicholas Tison. Back, from left, Barbara Maughan, pack committee member, Kara Stone, pack committee chair, Kim Kouril, pack committee member, the Johnson Family, Mead, Calli, Bailee and Richard Johnson, and Brian Boyd, cubmaster. photo courtesy Cub Scout Pack 1740



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## Superior Interiors Accentuate With Accessories



by Jeanie Tinch

More than anything else in your home, your accessories give each and every room a little bit of your personality. Without them, you only have the setting for a model

room in a model home. Accessories make each room come alive with pop and pizzazz! There's nothing better to help you reflect your tastes and those of your family. Simply stated, a home without accessories is like food without seasonings.

Acquiring accessories is truly a never-ending delight. Whenever and wherever you see something that grabs your eye or catches your attention, acquire it if possible, because it will give you never ending pleasure every time you look at it.

Plus it adds a very personal touch to your home.

Ardent collectors of one type of object often purchase them without any thought of what to do with these treasures afterwards. Here are a few ideas of how these precious treasures can be incorporated into a decorative accessory plan for your home:

- Small artistic objects are most effective when arranged in groups of odd numbered pieces
- Blocks of wood – or old books can be used to achieve varying degrees of height as you place your accessories
- Silk plants are always an imaginative addition to an accessory plan
- It's not necessary for groupings to consist of similar elements.
- Old fashioned family portrait photographs are not out of place in a sophisticated room, when grouped in a variety of interesting frames.

Above all, let your imagination soar as you place your precious accessories. By adding this "spice" to your design plan, you'll be sure to add the decorative finishing touches each room craves.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at [jeanie@coinedecden.com](mailto:jeanie@coinedecden.com).✧

## Mobile Mammogram Comes To Bailey's March 10

Women of all ages will have local access to mammography services on Thursday, March 10 from 11 a.m. to 3 p.m., when FISH sponsors the Radiology Regional Center Mobile Mammogram on Sanibel.

The mobile mammography trailer will be stationed in the Bailey's General Store parking lot. This service is made possible through a partnership with The Zonta Club of Sanibel and Captiva.

No prescription is necessary for this service and FISH may be able to provide financial assistance to those without insurance or with limited financial resources.

The mobile mammography coach is a customized, breast-imaging clinic with the latest technology in digital mammography.

Interested individuals can book an appointment and learn more about the program by calling Christine or Jessi at the FISH Walk-In-Center at 472-4775.✧



## Night For Life Fundraiser To Return April 11

On Monday, April 11 from 5 to 9 p.m., the 9th annual Night For Life fundraiser will be held at the Broadway Palm Dinner Theatre in Fort Myers. It is sponsored by Organ Transplant Recipients of Southwest Florida, Inc. to benefit local organ transplant patients and those on the transplant waiting list.

Entertainment will include the Del Prados, back by popular demand with three new voices, and a performance by the Broadway Palm Theatre.

Tickets are \$35 per person, \$50 for VIP seating and include a buffet dinner, program, entertainment and both silent and Chinese auctions. Bid on jewelry, golf packages, boat trips, Walt Disney World theme park tickets, Busch Gardens tickets, vacations, Night at the Casino, dinners and unique gifts.

Doors open at 5 p.m. Auctions run from 5:30 to 8 p.m. and the dinner buffet is open from 5:30 to 7 p.m. The program includes recognition of transplant recipients, donors and caregivers.

Night For Life raises money for the Fletcher Trust Fund, which was established in 2004 to assist transplant recipients in Southwest Florida. An average of 22 people die each day in the U.S. due

to a lack of available organs and tissue.

To learn more about registering to be an organ donor, visit [www.donatelifefl.com/register](http://www.donatelifefl.com/register).

To purchase tickets for Night For Life, call David at 560-3401. To become a sponsor of the event or if interested in donating auction items, call 247-3073.

For additional information, visit [www.organsupport.org](http://www.organsupport.org). Those interested in learning more about the nonprofit organization, Organ Transplant Recipients of SWFL, Inc., may send an email to [otrofswfl@gmail.com](mailto:otrofswfl@gmail.com).✱

## Healthy Heart Month

The Sanibel Recreation Center is offering these activities to mark Healthy Heart Month:

Friday, February 26, CPR/AED/first aid course, noon to 5 p.m.

Saturday, February 27, Lee Memorial Bloodmobile, 9 a.m. to 2 p.m.

Sunday, February 28, 3v3 Basketball Tournament, 1 to 5 p.m.; and X-Fit from 2 to 3 p.m.

Monday, February 29, Biking the Refuge, 10 a.m. (meet at the "Ding" Darling flagpole).

Events take place at the recreation center unless noted otherwise. Call the Recreation Center at 472-0345 to register for the CPR course and the basketball tournament.✱

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** My brother has always been a bit ADHD. He cannot seem to sit still. He is always doing something and seems to have a lot of anxiety. How can I help him learn to relax and enjoy life?

**A:** I am not sure if your brother has actually been diagnosed with ADHD or he just seems to be constantly doing something as opposed to just being comfortable with right here, right now. If your brother seems restless and uncomfortable as he is always doing something, he most likely feels a void in his life and doesn't take time to feel from the inside. He reaches out for something to do on the outside to fill the void.

Does he have a TV or radio on all the time to fill the silence? I would suggest that your brother spend some time in nature and silence. Just going for a walk would be a nice beginning for your brother to notice his surroundings and feel peaceful. It could be a walk in the park, or in the country. Help him to leave room in his life for special moments that feel real where he isn't doing anything.

Constance Clancy-Fisher, EdD is

a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at [constanceclancyfisher@gmail.com](mailto:constanceclancyfisher@gmail.com).✱

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# Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

**Dear Mom & Me,**

My son and his wife were told that she would be delivering a severely handicapped child. After a family conference, we all decided that with modern medicine it could be fixed, but we didn't see the long-term financial and emotional toll involved. The expense is dreadful. We are draining our retirement funds to help the parents and they are having severe marital and financial problems as well. There seems to be no end in spite of all of the surgeries because they only relieve but never correct the problems.

We all know we are responsible for our choices, but we didn't understand the long-term problems. What do you suggest we consider?

Leona

**Dear Leona,**

I have very few suggestions for you. If you have not already done so, have your son and daughter-in-law contact an attorney to discuss financial protections for the family. I am not sure if there are any, but there is no harm in exploring options. Also, if you have not already done so, please contact your local human service agency to explore community resources to support the family.

Pryce

**Dear Leona,**

Many people believe in abortion if they have been told by their physician that such an abnormality exists to avoid problems like your family is having. Others do not believe in abortion under any circumstances for moral and religious reasons. You made your decision for your own reasons and now must live with your decision. There are institutions that specialize in caring for people like your grandchild. Research the area where you live or contact a health service agency in the county where you live and they will be able to direct you to a facility that may help. No physician or surgeon can make normal a severely handicapped child. They can frequently work wonders to relieve some of their problems.

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✽

# Golf Club Officer Appointed To Government Relations Committee

The Sanctuary Golf Club's Chief Operating Officer Ken Kouril has been appointed to be on the National Club Association's Government Relations Committee. Kouril joins an esteemed group of colleagues from some of the most prestigious private clubs in the country.

"I am honored to represent the NCA as a member of the Government Relations Committee as it is the only trade association in Washington, DC focusing on legislative, regulatory and legal issues affecting the private club industry," stated Ken Kouril.

Kevin Vitale, Government Relations Committee chair, from Baltusrol Golf Club, New Jersey stated, "It is of critical importance for NCA to have a lobbying presence on Capitol Hill on behalf of the private club industry, to express the industry's concerns regarding the legislative and regulatory priorities which are significant to the health and well-being of private clubs."

For more information on the National Club Associations, go to [www.nationalclub.org](http://www.nationalclub.org). For more information on The Sanctuary Golf Club, go to [www.sanctuarygc.net](http://www.sanctuarygc.net). For membership information or to visit the facilities, contact Sheryl Tatum at [statum@sanctuarygc.net](mailto:statum@sanctuarygc.net) or 322-5182.✽



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dearPharmacist

# Natural Alternatives To Antibiotics



by Suzy Cohen, RPh

**Dear Pharmacist:**

Some of you take several antibiotics each and every day while some of you avoid them like the plague. The pros of a traditional antibiotic is that you can keep your

infection from achieving full-blown status, or as some experts suggest, you chase the bugs into biofilms where they can't be killed but your symptoms go away. Organisms that go into biofilm are going into submission for lack of a better word, and they'll do that sometimes in the presence of an antibiotic.

Traditional antibiotics can cure pneumonia, or life-threatening infections from the deadly kissing bug, or hair ties. Yes hair ties. Google Audree Kopp, she almost died from sepsis from her hair tie. Point is, drugs are sometimes handy.

But I'm not convinced of their safety for long-term or less serious infection. They change who you are. When you take an antibiotic, you destroy your

gut flora which has an impact on your personality. That's why you need probiotics. Plus probiotics impact your digestion, your mood and ability to fight cancer and infection.

A disadvantage of antibiotics is that you become resistant to them quickly. What will you do when they stop working? Think this out with me, penicillin is just penicillin. It's easy for a germ to outsmart one ingredient. With something like garlic, there are at least 35 known active constituents making it super hard for a bug to get around and become a superbug. Capiche?

I'm a pharmacist, trust me on this. My antibiotics are simple substances. Pathogenic organisms have been around the Earth for eons, and they are much smarter. They can outsmart the drugs because, unlike herbs, pharmaceuticals don't have hundreds of biologically active constituents. Scientific research is never going to agree with me or other natural healers like the scantily dressed medicine man, licensed naturopaths/chiropractors or even grandmothers, so don't wait for an FDA stamp, but to me it's almost like "Duh?!"

Today's article is to offer some herbal alternatives in case you need to kill something in you without killing yourself.

Please discuss all changes to your health regimen with your doctor, since I am not one:

**Brazilian Propolis** – With the help of bees, this popular tree resin packs a punch. It can be taken by mouth, or directly applied to wounds. It may help

with colds, flu or sore throats. This is an all-around immunity aid, and a brand new study found that it could help with organisms found in dental biofilms (*S. mutans*) which contribute to cracked teeth.

**Cat's Claw** – A strong antimicrobial and antiviral which is often used in Lyme, and sometimes HIV as an adjunctive remedy. Anyone could use it for a general infection. It has some anti-cancer affect, and it reduces TNF alpha (an inflammatory cytokine). Useful for Crohn's as well.

**Colloidal Silver** – Everyone's favorite, this may be useful for staph in the nose. Studies have shown that topical colloidal silver solution has effective antibiofilm activity against staphylococcus aureus, and tons of other organisms.

**Oregano** – It's a strong antifungal and may be useful for Candida, as well as parasites. Some people dilute it with a little coconut oil and apply it to the skin (not on broken skin though), where there is signs of fungal infection. The carvacrol component of wild oregano oil has activity against MRSA and *C. difficile*.

**Teasel Root** – May inhibit growth of *Borrelia burgdorferi* (Lyme). It can extract bacteria from muscle tissue where antibiotics have a hard time penetrating.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*

## Free Cancer Screenings At Ballparks

The annual Spring Swing® - Moffitt's Sun Safety Tour offers free skin cancer screenings at specified baseball spring training venues in March. The tour kicks off March 5 when the Minnesota Twins host the Baltimore Orioles at Hammond Stadium in Fort Myers. Screeners will look for early signs of skin cancer while promoting sun safety, skin cancer awareness and education. Each screening stop will include free Spring Swing shirts, sunscreen and sun safety educational materials and promotional items.

During the previous eight spring training seasons, Spring Swing has screened nearly 3,700 people, identifying 3,807 suspected cancerous lesions, including 25 suspected melanomas.

Screenings will begin approximately two hours before game time. On March 5, the Orioles face the Twins at Hammond Stadium in Fort Myers at 1:05 p.m. The Fort Myers screenings are from 11 a.m. to 1 p.m. On March 12, Spring Swing comes to the Charlotte Sports Park in Port Charlotte. Screenings are 11 a.m. to 1 p.m. after which the Yankees and Rays play at 1:05 p.m.

For more information, visit [www.Moffitt.org/SpringSwing](http://www.Moffitt.org/SpringSwing).

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# My Stars ★★★★★

FOR WEEK OF FEBRUARY 29, 2016

**ARIES** (March 21 to April 19)  
Whatever decisions you're faced with this week, rely on your strong Aries instincts, and base them on your honest feelings, not necessarily on what others might expect you to do.

**TAURUS** (April 30 to May 20) Your sensitive Taurean spirit is pained by what you feel is an unwarranted attack by a miffed colleague. But your sensible self

should see it as proof that you must be doing something right.

**GEMINI** (May 21 to June 20) More fine-tuning might be in order before you can be absolutely certain that you're on the right track. Someone close to you might offer to help. The weekend favors family get-togethers.

**CANCER** (June 21 to July 22) The week continues to be a balancing act 'twixt dreaming and doing. But by week's end, you should have a much better idea of what you actually plan to do and how you plan

to do it.

**LEO** (July 23 to August 22) Changing your plans can be risky, but it can also be a necessary move. Recheck your facts before you act. Tense encounters should ease by midweek, and all should be well by the weekend.

**VIRGO** (August 23 to September 22) You might still be trying to adjust to recent changes. But things should improve considerably as you get to see some positive results. An uneasy personal matter calls for more patience.

**LIBRA** (September 23 to October 22) Congratulations. Your good intentions are finally recognized, and long-overdue appreciation should follow. Keep working toward improvements wherever you think they're necessary.

**SCORPIO** (October 23 to November 2) Try to look at your options without prejudging any of them. Learn the facts, and then make your assessments. Spend the weekend enjoying films, plays and musical events.

**SAGITTARIUS** (November 22 to

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December 21) Someone might want to take advantage of the Sagittarian's sense of fair play. But before you ride off to right what you've been told is a wrong, be sure of your facts.

**CAPRICORN** (December 22 to January 19) You might be surprised to learn that not everyone agrees with your ideas. But this can prove to be a good thing. Go over them and see where improvements can be made.

**AQUARIUS** (January 20 to February 18) After taking advice on a number of matters in recent months, expect to be called on to return the gesture. And, by the way, you might be surprised at who makes the request.

**PISCES** (February 19 to March 20) Reassure everyone concerned that a change of mind isn't necessarily a change of heart. You might still want to pursue a specific goal, but feel a need to change the way you'll get there.

**BORN THIS WEEK:** You are able to make room in your heart for others, and that makes you a very special person in their lives.

### THIS WEEK IN HISTORY

- On March 3, 1887, Anne Sullivan begins teaching 6-year-old Helen Keller, who lost her sight and hearing after a severe illness at the age of 19 months. Under Sullivan's tutelage, the previously uncontrollable Keller flourished, eventually graduating from college and becoming a lecturer and activist.

- On March 6, 1899, the patent office in Berlin registers Aspirin, the brand name for acetylsalicylic acid, on behalf of Friedrich Bayer & Co. Acetylsalicylic acid was originally made from a chemical found in the bark of willow trees.

- On March 2, 1904, Theodor Geisel, better known as Dr. Seuss, the author and illustrator of such beloved children's books as "The Cat in the Hat," is born in Massachusetts. Geisel's first book, "And to Think That I Saw It On Mulberry Street," was rejected by over two dozen publishers before making it into print in 1937.

- On March 5, 1929, David Dunbar Buick, founder of the Buick Motor Company, dies in relative obscurity after years of working menial jobs. By 1906, Buick had lost control of the business and sold his stock, which would later be worth millions of dollars.

- On March 1, 1932, the 20-month-old son of aviator Charles Lindbergh is kidnapped from the family's mansion in New Jersey. Although a ransom note demanding \$50,000 was left in the nursery, the baby had been killed the night of the kidnapping.

- On Feb. 29, 1940, the film "Gone With the Wind" is honored with eight Oscars. The most momentous award went to Hattie McDaniel for her portrayal of "Mammy," a housemaid and former slave. McDaniel was the first black actor ever to win an Oscar.

- On March 4, 1962, a Trans-African DC-7 crashes on takeoff in Cameroon, its 111 passengers and crew doomed by a mechanical failure. It was the first single-airplane disaster in history in which more than 100 people died.

### STRANGE BUT TRUE

- It was American mythologist Joseph Campbell who made the following sage observation: "The cave you fear to enter holds the treasure you seek."

- If you're an aficionado of barbed wire, be sure to head to LaCrosse, Kansas, during the first weekend of May. Collectors gather there every year for the Antique

Barbed Wire Swap and Sell Festival.

- You might be surprised to learn that both men and women have an Adam's apple; it's more visible on men because men have larger larynxes and because women tend to have more fatty tissue in their necks.

- You doubtless know of Alexander Hamilton, one of America's Founding Fathers, as the nation's first Secretary of the Treasury, and you've probably heard that he was fatally wounded in a duel with Vice President Aaron Burr. Most of his accomplishments are not common knowledge, though -- and they deserve to be. Born into poverty on the Caribbean island of Nevis, the illegitimate son of a Scots merchant, Hamilton began work as a clerk at the age of 11. His employers were so impressed with his intelligence that they paid for him to attend school in America, where he became involved in revolutionary politics. He was a lieutenant colonel by the age of 20 and managed to marry into one of the most distinguished families in New York. In addition to writing most of the Federalist Papers, Hamilton founded the New York Post, the U.S. Coast Guard and the U.S. Mint.

- Marie de Medici, queen of France in the early 17th century, once had a gown made that was embellished with more than 3,000 diamonds and 30,000 pearls.

### THOUGHT FOR THE DAY

"He who is only just is cruel. Who on earth could live were all judged justly?"  
-- Lord Byron

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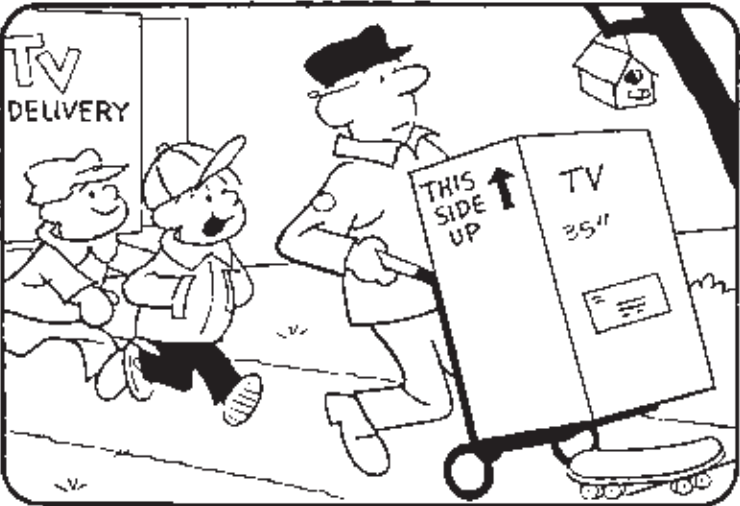
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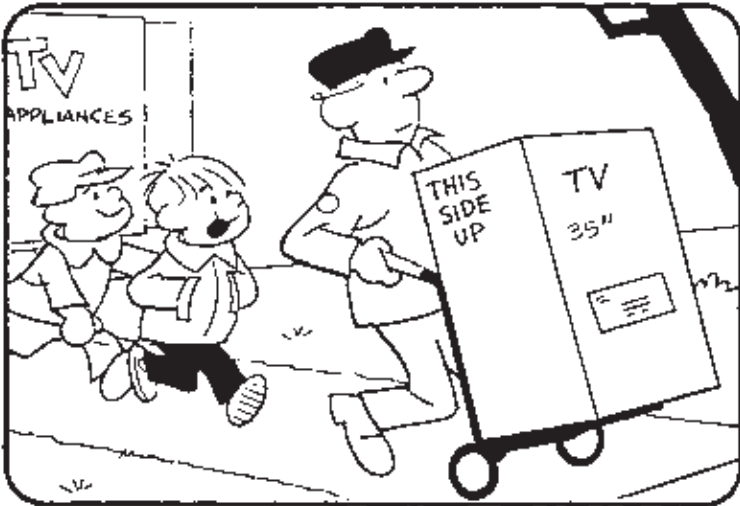


HOCUS-FOCUS

BY  
HENRY BOLTIHOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Truck body word is different. 2. Cap is missing. 3. Arm is moved. 4. Arrow is missing. 5. Birdhouse is missing. 6. Skateboard is missing.



"I work for the government. I'm a

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Emanate  
DEUXE



Leach  
NIRAD



Grab  
SPARG



Genre  
LYSTE



TODAY'S WORD

\_\_\_\_\_

answer on page 29B

	8				9	6		
5			1				3	
		7		8				2
		4		5	2	1		
9					7			8
	3		9				7	
	4				5		8	
		6		3				5
8			2			4		

SUDOKU

To play Sudoku:  
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27B

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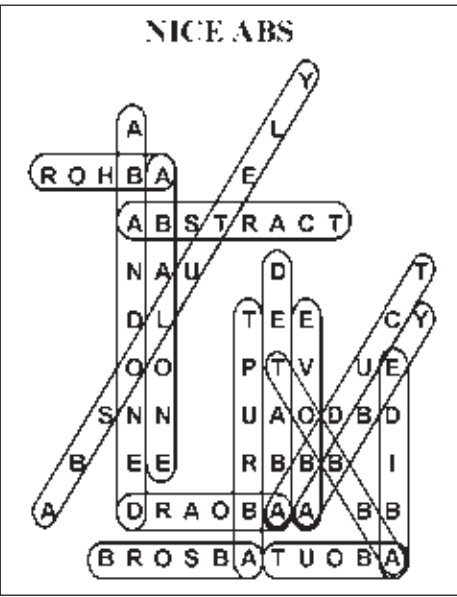
SUPER CROSSWORD

ERR	O	L	B	L	A	T	A	G	E	J	M
READY			R	O	M	A	N	A	L	A	Y
I	N	F	O	R	M	A	T	I	O	N	B
N	U	T	R	I	E	N	T	S		Y	E
			S	I	D		S	W	E	D	E
F	L	E	C	T	R	I	C	O	A	T	A
M	I	L	L	S		C	U	O	T	E	E
I	P	S	O		L	O	C	A	L		N
H	O	A	D	M	A	P		Y	E	M	E
			A	L	E	G		O	C	T	E
H	U	G	A	R	Y	M	O	U		H	S
T	E	N	O	N		A	V	A	I	N	
R	A	H		A	I	N	B	U	S	T	E
A	R	I		S	T	A		L	A	M	E
R	A	P		E	R		G	E	N	U	E
			A	I		P	A	S	T	H	E
H	E	L	P		M	E	R	W	A	N	D
A	R	E	A		L	O	C			A	S
I	O	X		N	I	N	E	T	E	E	
E	D		U	T	E		A	V	E	R	A
Y	E	S		T	E	D		B	E	L	A

KING CROSSWORD

E	P	I	C		D	A	B		G	A	L	A
R	E	T	I	C	U	L	A		A	R	I	D
G	A	S	P	E	D	A	L		S	E	E	D
			H	I	S		D		Y	L	A	N
I	M	P	E	L		S	H	O	O			
N	E	A	R		S	T	E	N	G	E	L	
D	O	R		S	T	R	A	D		M	O	W
			W	A	G	E	R	E	D		R	I
			A	V	O	W		B	E	L	I	E
A	R	I	S	E	N		P	A	M			
C	O	N	J		G	A	S	L	I	G	H	T
M	A	N	E		E	L	S	I	N	O	R	E
E	R	S	T		R	E	T		D	O	S	E

MAGIC MAZE



SUDOKU

3	8	1	7	2	9	6	5	4
5	2	9	1	4	6	8	3	7
4	6	7	5	8	3	9	1	2
6	7	4	8	5	2	1	9	3
9	1	5	3	6	7	2	4	8
2	3	8	9	1	4	5	7	6
7	4	2	6	9	5	3	8	1
1	9	6	4	3	8	7	2	5
8	5	3	2	7	1	4	6	9

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Janitorial work required. Must be able to  
work in outdoor conditions, year-round.  
239-472-1594  
\*NS 2/26 CC 2/26

**NEWSPAPER PRODUCTION**  
Full or part time on Sanibel.  
Must be detail oriented, proficient in  
InDesign, and experienced in  
ad building and pagination.  
Email resume to islandsunlorin@aol.com.  
\*NS 2/19 NC TFN

**PART TIME HOST**  
The Bubble Room is now hiring  
an outgoing part time host  
for evenings 4pm-930pm, \$12 hour.  
Flexible or set schedule available  
and nightly staff meal.  
Apply within at 15001 Captiva Dr.  
Captiva FL 33924  
\*NS 2/12 CC 2/26

**CLEANING TEAM**  
LOOKING FOR A CLEANING TEAM  
TO CLEAN BLIND PASS CONDO ON  
SANIBEL SATURDAYS FROM 10-3.  
WILL GUARANTEE 40 SATURDAYS PER  
YEAR. WILL PAY \$250 PER WEEK.  
CALL CAROL AT 239/579-0598  
\*NS 2/19 CC 2/26

**JERRY'S FOODS WAITRESSES OR WAITERS**  
Looking for experienced Waitresses or  
Waiters with open availability Monday  
through Sunday. If interested call  
and ask for Kim 472-9300.  
\*NS 5/29 CC TFN

**HAIR STYLIST BOOTH RENTAL AVAILABLE**  
Join our Professionals at the New  
McGregor Salon. Increase your income,  
be your own Boss. Positive, friendly,  
comfortable atmosphere. Close to FMB &  
Sanibel. Located in the busy, McGregor  
Pointe Shopping Center near K-mart.  
For Info call Anita 239-233-9882  
\*RS 3/13 CC TFN

TO PLACE A CLASSIFIED LOG ONTO:  
**IslandSunNews.com** CLICK ON **PLACE CLASSIFIED**

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VEHICLES FOR SALE

**CLASSIC CAR  
1977 CORVETTE**  
T-tops, white with red leather interior  
Perfect island car. Runs great, excellent  
condition 25,500 miles.  
One owner Call 239.472.9510  
\*NS 2/19 CC 2/26

**MERCEDES BENZ  
1986 CLASSIC 560SL**  
A Beauty with 49,000 original miles.  
Soft and Hard tops. Midnight blue with grey  
interior. Lots of power and so fun to drive!  
\$29,000 call 802-238-4844  
\*NS 2/19 CC 2/26

**GOLF CART FOR SALE**



Street legal, "gas" powered.  
\$6,500. 239-209-6500  
\*RS 1/22 BM TFN

SCRAMBLERS

*solution*  
1. Exude; 2. Drain;  
3. Grasp; 4. Style  
*Today's Word*  
**TAXPAYER**


BOATS - CANOES - KAYAKS

**DOCKAGE**  
Hourly, Daily, Weekly  
and Monthly.  
Captiva Island 472-5800  
\*RS 1/4 NC TFN

FOR SALE

**COMMERCIAL DEHUMIDIFIER**  
2,500 Sq ft WhiteWing Defender. Wet  
House, Mold, Mildew Allergens? Removes  
110 pints per day. Auto pump out. Energy  
efficient. 5 star rating. Small, quiet, on  
casters. \$1,800 OBO Chris 239-224-8111  
\*NS 2/26 CC 3/4

Shore Fishing:



**Don't Harm The Fish**  
by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.
- The less you can touch a fish before release the better for the fish.
- If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.
- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.
- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

LIVE ON THE ISLANDS

**The Jacaranda** has live entertainment Friday and Saturday with Cruzan Vibes, playing reggae and dance. Sunday is CJ and Friends, playing oldies, Motown, rock 'n' roll and country. Renata plays funk, jazz and contemporary on Monday. On Tuesday, it's Sir Mitch, playing classic rock, R&B and dance. Wednesday is Barbara Dexter, playing contemporary, oldies and current hits. Thursday is Eric Malibu, playing contemporary, reggae and dance.

**The Mucky Duck** on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

**Sea Breeze Café at Sundial Beach Resort & Spa** has live island style entertainment on Mondays and a Spanish guitarist on Wednesdays.

**Traditions on the Beach at Island Inn** has live entertainment Friday and Saturday with Joe McCormick and Marvilla Marzan. On Sunday, it's Dusk. The "Jersey Kid" Mike Arnone performs on Monday. On Tuesday, it's Woody Brubaker and Barbara Smith. On Thursday, Joe McCormick and Marvilla Marzan perform.

**Il Cielo** has live entertainment with Scott McDonald on Thursday, Friday and Saturday.

**The Island Cow** on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday.

**RC Otter's** on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsun-news.com or 395-2299. ☆*

*From Florida Statutes*

**316.2065(1): Cyclists have the right to operate on roads.**

**316.083(1): Vehicles overtaking a cyclist must pass at a safe distance of not less than 3 feet.**



**SANIBEL BICYCLE CLUB**  
New Members Always Welcome  
[www.sanibelbicycleclub.org](http://www.sanibelbicycleclub.org)

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Cape Coral	Cape Coral	1988	4,063	\$1,299,000	\$1,200,000	292
Cape Coral	Cape Coral	2007	2,610	\$942,500	\$910,000	19
Cornwallis	Cape Coral	1977	3,598	\$915,000	\$875,000	9
Ravista	Bonita Springs	2003	3,023	\$839,000	\$839,000	103
Cape Coral	Cape Coral	2015	2,662	\$749,565	\$749,565	2
Rose Garden	Cape Coral	1997	2,304	\$675,000	\$665,000	58
East Rocks	Sanibel	1988	1,506	\$679,000	\$660,000	30
Palmetto Point	Fort Myers	1978	3,045	\$695,000	\$650,000	208
Hérons Glen	North Fort Myers	2005	2,532	\$525,000	\$515,000	100
Bayview Acres	St. James City	1988	2,198	\$499,900	\$465,000	288

Courtesy of Royal Shell Real Estate



Pets Of The Week

Hi, my name is Lanny. I'm a 6-year-old spayed female black-and-white hound mix. I was selected to be a part of the Lee County Sheriff Department's Cell Dog program were I learned all my basic commands. I got to go to events and represent the program. I don't look or act a bit like my age. I still act like the cute little puppy I used to be, only now a lot larger. I'm a little timid at first but warm up quickly. I've spent some time in a foster home recently and would fit in great with your family just like I did with my foster family. Please don't let me wait any longer for a home. Adoption Fee: \$25



Lanny ID# 634609

Hi, I'm Adelle. I'm a 2-year-old spayed female lynx point domestic short hair. I'm a beautiful little girl who would love nothing more than to be your loving companion. I get along well with my fellow felines here at the shelter and would do well with any pets you have. Please come check me out and see what a loving personality I have. Adoption Fee: \$50



Adelle ID# 652150

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.\*

PAWS Of Sanibel

Help Locate Two Missing Cats

This is Woody. He disappeared earlier this month from the Waterside Inn, 3033 West Gulf Drive, Sanibel, where his people were vacationing. He's an 11-year-old neutered male and his family will only be here another week or so. However, if he is found, his dad will fly back to get him.

If you've seen him in the area, call (810) 406-8305 or (810) 282-9987.

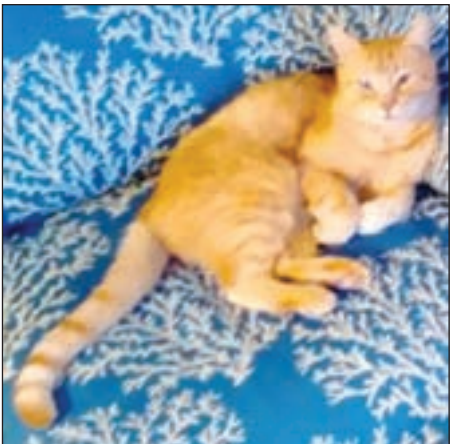
Bessie is a 13-year-old spayed petite female weighing 5.5 pounds. Bessie has been at Pointe Santo, 2445 West Gulf Drive, Sanibel, vacationing with her mom for the past six weeks. She has been missing since Friday, February 19, when she apparently slipped out the door when it failed to latch properly. If you see Bessie, call Ellen at (508) 733-8491.



Bessie has been missing since February 19

The PAWS Pet Of The Week is Angel Baby, who was found by a Holiday Inn vacationer in the parking lot at 1231 Middle Gulf Drive, Sanibel. She is four to five months old and has almost finished all her immunizations. She won't be old enough for her spay surgery for another two months, but Coral Veterinary Clinic and PAWS will take care of this procedure when the time comes.

She's a sweet little girl and likes to play with toys or other cats. If you're interested in adopting Angel Baby, call Pam at PAWS, 472-4823.\*



Woody went missing earlier this month



Angel Baby is PAWS Pet of the Week

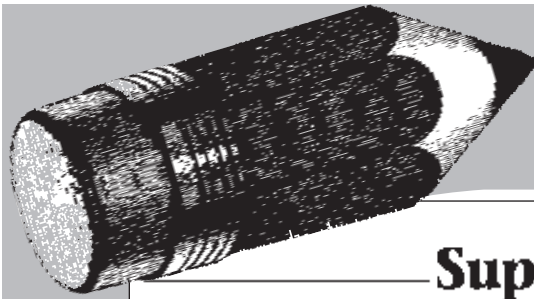
Island Sun
 NEWSPAPER
 Sanibel & Captiva Islands

CALLING CARD 239-395-1213

Emergency .....	911
Sanibel Police .....	472-3111
Lee County Sheriff's Office .....	477-1200
On Call Captiva Deputy. ....	477-1000
Fire Department - Sanibel. ....	472-5525
Fire Department - Captiva .....	472-9494
Florida Marine Patrol. ....	332-6966
Florida Highway Patrol .....	278-7100
Poison Control. ....	1-800-282-3171
Chamber of Commerce. ....	472-1080
City of Sanibel. ....	472-4135
Administrative Office .....	472-3700
Building Department. ....	472-4555
Planning Department .....	472-4136
Library - Sanibel .....	472-2483
Library - Captiva .....	239-533-4890
Post Office - Sanibel .....	472-1573
Post Office - Sanibel (toll free). ....	800-275-8777
Post Office - Captiva .....	472-1674
Sanibel Community Association .....	472-2155
Center 4 Life - Senior Center .....	472-5743
ARTS	
Arcade Theater. ....	332-4488
Art League Of Fort Myers. ....	275-3970
BIG ARTS - Barrier Island Group for the Arts .....	395-0900
Broadway Palm Dinner Theatre .....	278-4422
Fort Myers Symphonic Mastersingers. ....	288-2535
Gulf Coast Symphony .....	472-6197
Lee County Alliance for the Arts .....	939-2787
Naples Philharmonic. ....	597-1111
The Herb Strauss Schoolhouse Theater. ....	472-6862
Sanibel Music Festival .....	336-7999
Sanibel-Captiva Art League .....	sancapart.com
SW Florida Symphony .....	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc. ....	565-7872 or 433-7798
American Legion Post 123 .....	472-9979
Angel Flight SE .....	1-877-4AN-ANGEL
Audubon Society .....	472-3744
CHR Community Housing & Resources .....	472-1189
Community Foundation of Sanibel-Captiva .....	274-5900
CROW - Clinic For The Rehabilitation of Wildlife .....	472-3644
FISH of Sanibel - Friends in Service Here .....	472-4775
Sanibel Island Fishing Club .....	472-8994
Horticultural Society of the Islands. ....	472-6940
Horticulture and Tea Society of Sanibel and Captiva .....	472-8334
Kiwanis Club .....	677-7299
League of Women Voters .....	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald .....	302-521-1158
Master Gardeners of the Islands .....	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie ...	395-9232
Newcomers .....	472-9332
Notre Dame Club of Southwest Florida .....	768-0417
Optimist Club. ....	472-0836
PAWS .....	472-4823
Rotary Club .....	472-7257 or 472-0141
Sanibel Bike Club .....	sanibelbicycleclub.org
Sanibel Beautification Inc. ....	470-2866
Sanibel-Captiva Orchid Society. ....	472-6940
Sanibel-Captiva Power Squadron .....	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus .....	395-1202
Sanibel-Captiva Shell Club. ....	395-1770
Sanibel Youth Soccer. ....	www.sanibelsoccer.org 395-2040
United Way of Lee County .....	433-2000
United Way 211 Helpline 24 hour .....	211 or 433-3900
Zonta Club .....	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum .....	395-2233
JN "Ding" Darling National Wildlife Refuge .....	472-1100
Sanibel Historical Museum & Village .....	472-4648
SCCF Sanibel-Captiva Conservation Foundation. ....	472-2329

To be listed in calling card email your information to: [press@islandsunnews.com](mailto:press@islandsunnews.com)





# BEACH CHAIR PASTIME

answers on page 27B

## Super Crossword

NATIONAL  
REPLACEMENTS

### ACROSS

- 1 Flynn of old films  
6 Hardly subtle  
13 Census datum  
16 Actor Belushi  
19 Pinned  
20 Its capital is Bucharest  
21 Install, as tile  
22 Prefix with polar  
23 Old directory-assistance request, in Baltimore  
26 Pan coverer  
27 Vilains, e.g.  
28 "— haw"  
29 Ale barrels  
30 Caesar of 1950s TV  
31 Add an inducement, in Stockholm?  
36 Rock band staple, in Doha?  
42 Galaxy unit  
43 Steelmaking places  
44 Divided-skirt garment  
46 Really anger  
50 — facto  
51 In the vicinity

- 53 Early TV comic Louis  
55 Contemtable  
56 Alternative to GPS  
58 Tarl air topping, in Sanaa?  
64 "Break —" ("Do well!")  
66 Duo quadruped  
67 Gers close to  
68 Dependents expecting meals, in Budapest?  
74 Mortise's counterpart  
75 Full-speed, archaic  
76 Place to live  
77 Really tough puzzle, in Muriana?  
81 Like Bach's music  
86 Paul's "Exodus" role  
87 RFR building  
88 Less effectual  
90 — lang syne  
91 Hip-hop artist  
94 Bona tide  
98 Radiate  
99 Jai —

- 101 Hand over a caddy, in Thimphu?  
104 Beach Boys hit, in Kigali?  
108 Will be now?  
109 Locality  
110 Lav, in Bath  
111 Promise  
117 Doh! sa mon  
118 Orwell novel, in Port-au-Prince?  
123 Sch. URL ender  
124 Sparty truck, briefly  
125 Norm  
126 Ornamental ruffie  
127 "You're right"  
128 Actor Wass  
129 Argue in too much detail  
130 Long suit

### DOWN

- 1 Land of leprechauns  
2 Bausch & Lomb brand  
3 Basa fighter  
4 Sign of rot  
5 Greek harp players of old  
6 Chastain of women's soccer  
7 Po Trent  
8 Gallic oaf's

- 9 Lao-tzu's universal  
10 Journalist Curry  
11 Pen tip  
12 — kwon do  
13 Vulcan, e.g.  
14 Dictionary of geography  
15 Needle hole  
16 Kentucky Derby drink  
17 Montoya ("The Princess Bride")  
18 Center  
24 Israeli leader  
25 Soap stuff  
29 Debauch of "The King and I"  
31 La (Philadelphian university)  
32 Intl commerce group  
33 Murch on  
34 Richard Gere title role of 2000  
35 Fictional Sub  
36 Arabian ruler  
37 Lead-in to suction  
38 Snow queen in "Frozen"

- 39 Blockhead  
40 300, to Levy  
41 Pier  
45 Tangle up  
47 Pond flora  
48 Melon, e.g.  
49 Lea females  
51 "Tra" follower  
52 Producing an effect  
54 So far nonexistent  
57 Carta lead in  
58 Everest, e.g.  
60 Outer Prefix  
61 High degree  
62 Conclude  
63 Premortally named  
65 Duffel with workout gear, maybe  
68 "You could — pin drop"  
69 Far from cool  
70 "— any drop to drink"  
71 Egyptian (spotted cat breed)  
72 Gratton's "for Outlaw"  
73 Sheriff of film  
74 Ski lift type  
78 Manna eater  
79 Donovan of "Clueless"  
80 Speak wildly

- 82 Waikiki site  
83 Cease  
84 Arm bone  
85 Early utopia  
89 "I'm not impressed"  
92 The old man  
93 Samara-dropping tree  
95 Green gp.  
96 Indian bread  
97 Amer money  
98 County officer  
100 Pressed  
102 Less difficult  
103 Very dry, as champagne  
104 Bill — and His Comets  
105 Will e away  
106 Infinitival  
107 Adversity  
111 Starbucks captain  
112 Pudding starch  
113 '60s hard rock  
114 Dark genre sect  
116 — Stanley Gardner  
118 Brazi —  
119 Bistro check  
120 Cain's sor  
121 Silvery fish  
122 Pro-gun gp.

## King Crossword

### ACROSS

- 1 Grand tale  
5 Slight application  
8 Big party  
12 Netlike structures  
14 Desertlike  
15 Accelerator  
16 Start a garden  
17 That man's  
18 Bob and Jakob of music  
20 Urge on  
23 "Scat grail"  
24 Close by  
25 Baseball legend Casey  
28 "Le Coq —"  
29 Ritz violin, for short  
30 Do some lawn work  
32 Placed a bet  
34 Chinese menu staple  
35 Acknowledge  
36 Prove false  
37 Up  
40 Nonstick spray name  
41 "And" or "but" (Abbr.)  
42 Bergman/Boyer thriller  
47 Horse's neck hair  
48 "Hamlet" setting

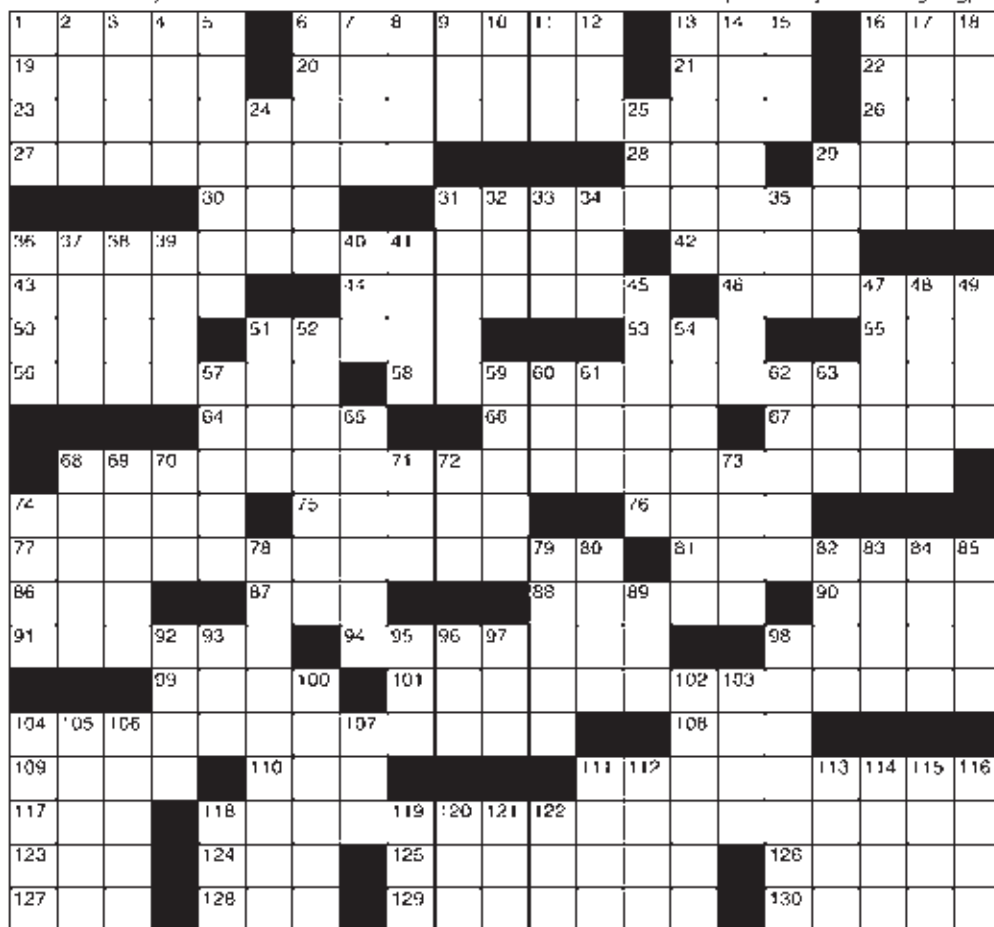


- 49 Formerly, former y.  
50 On pension (Abbr.)  
51 Medicinal amount

### DOWN

- 1 Work unit  
2 Pellet for a certain shooter  
3 "— Comp' cated"  
4 Code  
5 Clothing  
6 Carte leuc on  
7 Trademark for Yul or telly  
8 Encephalo

- 9 Geometry calculation  
10 Legal claim  
11 Tosses in  
13 Overlay with paster, perhaps  
19 "— Cassius has —"  
20 Third-party abbr.  
21 Cat call?  
22 Brazilian rubber area  
23 Scatter about  
25 More mightily  
26 Old time actor Jannings  
27 Confers of activity  
28 Ballesteros of golf  
31 Tiny  
33 Nozzle attached to a Bunsen burner  
34 Jog one's memory  
36 "— Ha!"  
37 Pinnacle  
38 Bellow  
39 Hostels  
40 "Hey, you!"  
43 Hearty brew  
44 Stickum  
45 Day fractions (Abbr.)  
46 Prop for 29 Down



## MAGIC MAZE • NICE ABS

Q Q N K H E B Y V Y S P M J H  
E B Y A V T Q O L L I G D B Y  
R O H B A W T E R P M K I F D  
B Y W A B S T R A C T U S Q O  
M K I N A U F D D B Z X W T U  
S Q O D L C N T E E L J C Y H  
F D C O O A A P T V Y U E W V  
T S S N N B Q U A O D B D P N  
L B K E F A I R B B B H I F E  
A C B D R A O B A A Z B B Y W  
V U B R O S B A T U O B A S R

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

Abalone  
Abandoned  
Abated  
Abbey

Abbot  
Abduct  
Abhor  
Abide

Aboard  
About  
Above  
Abrupt

Absolutely  
Absorb  
Abstract





# The DUNES

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